



H. PYLORI BREATH TEST

Patient Instructions

STOP 2 WEEKS BEFORE YOUR TEST:

PROTON PUMP INHIBITORS (PPI)

Dexilant . Nexium . Prevacid OTC . Zegerid OTC . Protonix . Aciphex

H2 BLOCKERS

Equaline . Tagamet . Pepcid . TUMS Dual Action . Axid . Zantac

BISMUTH PREPARATIONS

Kaopectate . Maalox Total Relief . Pepto-Bismul

NOTE:

NO allergy to ASPARTAME. ANTACIDS are okay except MAALOX Total Relief

FAST FOR 1 HOUR BEFORE YOUR PROCEDURE

Your symptoms may be caused by a common bacterial infection called *Helicobacter pylori* (H. pylori).

H.pylori affects nearly 1 in 3 Americans. It can cause common symptoms like heartburn, nausea and bloating. It also is what causes up to 90% of stomach ulcers. If left untreated, it can sometimes lead to painful stomach inflammation, sever ulcers and, in some cases can increase the risk of gastric cancer.

This is a painless test, takes about 10 minutes. It enables your doctor to prescribe treatment right away. It may be covered by most insurance, including Medicare.

Have your physician order the test for you through Central Scheduling, their secretaries or the GI clinics.

For additional questions, please call:

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