

Zilbermint Named to AMA's Prediabetes Measure Development and Testing Project Panel



Mikhail “Misha” Zilbermint, MD, was recently appointed to the Technical Expert Panel (TEP) for the American Medical Association Prediabetes Measure Development and Testing Project.

Zilbermint will represent the Endocrine Society on the TEP, which has been tasked with updating a set of three electronic Clinical Quality Measures (eCQMs) for patients with prediabetes based on the recent U.S. Preventive Services Task Force recommendations. The TEP, which will be made up of 15 members of various clinical experts and patient representatives, will provide input on the technical specifications of the measures and testing results.

“Prediabetes is common among Americans (every third adult has prediabetes). But it is a very big deal as people with prediabetes are at higher risk of developing type 2 diabetes, stroke, and even heart disease,” Zilbermint says. “Importantly, these are some of the top reasons why patients are being hospitalized. Healthcare systems do not invest enough in managing the prediabetes pandemic, and people themselves are ‘not invested.’ I am hoping to help our communities tackle this challenge.”

Zilbermint, an endocrinologist specializing in inpatient diabetes and prediabetes management, is an associate professor of clinical medicine and chief of endocrinology at Suburban Hospital, in Bethesda, Md. He currently serves as the medical co-director of the Baltimore Metropolitan Diabetes Regional Partnership grant focusing on the deployment of diabetes self-management training programs.

Zilbermint also volunteers at an adult community center where he teaches diabetes prevention. A member of the Endocrine Society since 2010, he is a member of the Quality Improvement subcommittee (QISC), as well as on the *Endocrine News* Editorial Advisory Board.

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