History

National Asian American and Pacific Islander Heritage Month began as Asian/Pacific American Heritage Week, first observed in 1979 under President Jimmy Carter, who noted the “enormous contributions to the sciences, arts, industry, government and commerce” made by Asian-Americans and Pacific Islanders. In 1990, President George H.W. Bush expanded the celebration to cover the whole month of May. May was chosen by the organizers in recognition of May 7, 1843, the date the first Japanese immigrants arrived in the United States, and in recognition of May 10, 1869, which marked the completion of the transcontinental railroad, which would not have been possible without the contributions of Chinese-Americans.

Asian-Americans and Pacific Islanders in the U.S.
Asian-Americans and Pacific Islanders have a history in America that stretches back hundreds of years. The first record of Asians in North America dates to 1587, when Filipino sailors came to what is now California. The first Chinese people recorded in the United States were three sailors who came to Baltimore in 1785 as part of an interracial shipping crew.

Asian and Pacific Islander population by ethnicity

Rates of Limited English Proficiency

Roughly a third of Asian-Americans and Pacific Islanders have limited English proficiency (LEP), significantly more than the numbers for the U.S. population as a whole. Not surprisingly, LEP rates differ by ethnic group, with 53 percent of Vietnamese and 2 percent of native Hawaiians considered LEP.

Speak a Language Other than English at Home
Asian-Americans are more likely than any other minority groups to speak a language other than English at home.
Asian and Pacific American Innovators

Asian-Americans and Pacific Islanders have made tremendous contributions to medical science and innovation.

**Dr. Anandi Gopal Joshi**, born in India, was the first Hindu and first Indian female doctor to receive a medical degree in the United States, graduating at 20 years old in 1886.

**Dr. Min Chueh Chang**, born in Taiyuan, China, helped develop the birth control pill and was a pioneer of in vitro fertilization who paved the way for the birth of "test-tube babies."

**Dr. David Ho**, a Taiwanese-American physician, developed foundational research for the modern “cocktail” antiretroviral therapy, of which Dr. Ho was an early champion.

**Dr. Katherine Luzuriaga**, a Filipino-American physician and pediatric immunologist, who, in conjunction with Johns Hopkins virologist Deborah Persaud, was recognized for work leading to the “functional cure” of an HIV-positive infant.

**Improving Asian American Health**

Cancer is the leading cause of death in Asian-Americans, unlike most demographic groups, with kidney cancer rates nearly three times and stomach cancer rates two times those found for non-Hispanic whites. The Asian American Cancer Program at the Johns Hopkins Bloomberg School of Public Health aims to reduce that disparity, using community-based participatory research to improve liver, breast and cervical cancer screening rates in the Asian community.

**Overcoming a History of Persecution**

Throughout American history, Asian-Americans and Pacific Islanders have been both a highly desired and deeply debased immigrant group, responsible for some of the nation’s greatest achievements and the targets of the nation’s worst instincts. Victims of both individual and institutional prejudice, Asian-Americans have faced a long history of inequality and exclusion. The Chinese Exclusion Act of 1882 was the only piece of immigration legislation to ever exclude a group based upon their nationality. Similarly, the World War II internment of Japanese-Americans in 1942 represented the only time since the end of slavery that a portion of the population was imprisoned solely because of their ethnicity. The vast majority of the 117,000 people interned were American citizens, and 17,000 of them were children under the age of 10.
National Asian American and Pacific Islander Heritage Month

Health Disparities
Asian Americans and Pacific Islanders compared to Non-Hispanic Whites

- **Tuberculosis**: 15x more likely to suffer from tuberculosis
- **Liver Cancer**: 80% more likely to die from liver cancer
- **Obesity**: 35% more likely to be obese
- **Diabetes**: 10% more likely to be diabetic
- **End-stage Renal Disease**: 60% more likely to have end-stage renal disease
- **Cancer**: 10% more likely to die of cancer
- **Stomach Cancer**: 2x more likely to die of stomach cancer
- **Hepatitis**: 3x more likely to suffer from Hepatitis A
- **Hepatitis B**: 4.5x more likely to suffer from Hepatitis B
- **Tuberculosis**: 15x more likely to suffer from tuberculosis
- **Cancer**: 8x more likely to die of cancer

Source: Families USA
http://familiesusa.org/product/asian-american-pacific-islander-health-disparities-compared-non-hispanic-whites

Resources
- **Asian Pacific American Heritage Month**
  www.asianpacificheritage.gov/
- **The Asian Pacific American Institute for Congressional Studies**
  http://apaics.org/apa-heritage-month/
- **National Association of Asian American Professionals**
  http://www.naaap.org/programs/asian-pacific-american-heritage-month/
- **U.S. Department of Health and Human Services Office of Minority Health Resource Center**
  https://minorityhealth.hhs.gov/

Johns Hopkins Resources
- **Asian American Cancer Program** at the Johns Hopkins Bloomberg School of Public Health
- **Inter-Asian Council at Johns Hopkins University**
  exhibits.library.jhu.edu/omeka-s/s/inter-asian-council/page/welcome

Source: Families USA
http://familiesusa.org/product/asian-american-pacific-islander-health-disparities-compared-non-hispanic-whites