

# Get the Care You Need During COVID-19

Johns Hopkins Medicine has options to help you manage your care during this pandemic.



## I THINK I HAVE COVID-19

### CHECK YOUR SYMPTOMS AND CALL A PROVIDER.



- Visit Johns Hopkins Medicine's [Coronavirus \(COVID-19\) Self-Checker](#).
- 📞 [hopkinsmedicine.org/coronavirus/covid-19-self-checker.html](https://hopkinsmedicine.org/coronavirus/covid-19-self-checker.html)
- Call your primary care provider or pediatrician. Describe your symptoms and discuss next steps.
- Call 211 if you live in Baltimore City or County and do not have a primary care provider or a pediatrician.

## I THINK IT'S SOMETHING ELSE

### CONNECT WITH US



Call or message your Johns Hopkins provider to determine if you or your child will need:

- A [telemedicine](#) visit
- 📞 [hopkinsmedicine.org/telemedicine](https://hopkinsmedicine.org/telemedicine)
- An in-person visit
- Any urgent tests

**Should you need to be seen in person, please know that we follow all guidelines recommended by the Centers for Disease Control and Prevention, and we clean surfaces frequently and take extra safety precautions.**

## IT'S AN EMERGENCY

### CALL 911 IF YOU OR YOUR CHILD HAVE POTENTIALLY LIFE-THREATENING SYMPTOMS

These reasons include, but are not limited to, the following:

- Chest pain or pressure, palpitations, shortness of breath or other symptoms suggestive of heart attack or other heart problems
- Sudden numbness, weakness, confusion, loss of vision, problems with speech or balance, or other symptoms suggestive of stroke
- Extreme shortness of breath or other breathing problems
- High fever
- Intense or unexplained pain



Regardless of the situation, we are ready to care for you safely. Our top priority is the safety and well-being of all of our patients, their loved ones and our staff members.