PROVIDING DEPENDABLE, PERSONAL AND CONVENIENT CARE, WHEN YOU NEED IT.

Johns Hopkins Health System is pleased to offer a new pilot benefit during calendar year 2019 to employees. Called Direct Primary Care, the benefit offers employees a way to maintain their health in convenient ways that align with their schedule and needs.

About the Program

Direct Primary Care is a pilot primary care practice that promotes increased access to services. Participants receive 24/7 access to their Direct Primary Care provider through a combination of longer in-person appointment times and electronic communication channels such as video visits, MyChart messages and after-hours phone calls. There are no additional costs to selected Employer Health Program (EHP) insurance plans, and no copayments or out-of-pocket costs are incurred for the first eight visits (in person or video) with a Direct Primary Care provider during calendar year 2019. The pilot practice will be located on the Howard County General Hospital campus in the Medical Arts Building starting January 2019.

The program’s flexibility allows participants to get answers to their health care questions when and where they need them. Appointment times average 30 minutes or more to allow the provider more time to get to know each individual’s health care needs. Patients can also connect with their provider through virtual video visits and e-consultations, and after hours through phone calls and MyChart messages. When a specialist is needed, Direct Primary Care providers can assist in arranging referral visits.
Services Provided

Direct Primary Care offers participants standard adult primary care services, including:*  
- Annual physical  
- Office and video visits  
- Point-of-care tests such as pregnancy, urine, flu, strep  
- Prescriptions and refills  
- Medical review of tests performed by specialists and other physicians

Eligible Participants and Enrollment

Direct Primary Care is available to all Johns Hopkins Health System employees and their adult dependents (18 years and older) who elect an EHP insurance plan.** During open enrollment, employees who elect an EHP insurance plan can sign up to participate in Direct Primary Care. To enroll:

1. Visit the Johns Hopkins Health System open enrollment website.  
2. Choose an EHP insurance plan.  
3. Select a primary care provider. This individual will be your alternate provider should Direct Primary Care exceed its enrollee numbers.***  
4. Elect to participate in Direct Primary Care when prompted.

Costs

Participating members have no copayments or coinsurance for the first eight office or video visits in calendar year 2019 for approved adult care services.  

Visits to providers and services referred outside Direct Primary Care—such as specialists, pediatricians for children under age 18 years, and lab services—are billed to the employee's EHP insurance plan. Please see your EHP plan's schedule of benefits.

Location of Direct Primary Care Services

Howard County General Hospital Campus  
Medical Arts Building  
11085 Little Patuxent Parkway, Suite 103  
Columbia, MD 21044

Benefits of Direct Primary Care

- No copayments for the first eight office or video visits in 2019  
- 24/7 access to your provider through a combination of in-person appointments, phone, email and messaging  
- Longer in-person office visits  
- Extended office hour appointment times  
- Virtual visits, such as remote consultations and video visits

For more information, visit: jhcp.org/DPC

*Please visit jhcp.org/DPC for a list of services as certain services are capped.

**Direct Primary Care is an option for all adults in a household. Not all adult members need to select this option; one individual can choose to participate while others remain with existing care choices.

***Space is limited. Since Direct Primary Care can see only 1,600 participants, you will be notified after open enrollment closes whether you will participate in the pilot. If not, you will automatically receive the primary care provider selected in step 3.