The Johns Hopkins Breast Center Program Facilitators

Lillie D Shockney, RN., BS., MAS, ONN-CG
University Distinguished Service Professor of Breast Cancer

Judy Matthews
Lead Breast Cancer Survivor Volunteer

*SCHEDULE NOTE: For your traveling convenience, check in and registration will be open on Friday beginning at 3:00 p.m. Dinner will be available that evening at 6:00 p.m. followed by introduction of the retreat program at 7:30 p.m.

Program ends promptly Sunday, 3:00 p.m.

REGISTRATION EXCLUSIONS:
Please do not register if you have attended any prior Johns Hopkins Breast Cancer Metastatic Retreat OR are too ill to attend a full program. Adult children, if attending, must be over age 18.

"I think it is so important to be able to escape from the quiet despair we often feel, and just remember to take the time to listen and feel and experience more of life [at a time] when we are constantly being reminded of our illness by doctor’s appointments, treatments and effects of the illness.”

-Peggy speaking about stage IV breast cancer
A Journey of Courage and Hope
for Women and Women Who
Support Them

A breast cancer retreat is designed for women living with breast cancer metastases and their adult daughter, mother, sister, friend, etc., who supports them through their breast cancer experience.

Confronting breast cancer can be a challenging undertaking for even the strongest relationships. Dealing with the chronic nature of Stage IV breast cancer requires endurance and hope, support and sharing for the survivor and her caregiver.

This weekend event is an opportunity for women and female caregivers to retreat from the routines of treatment and daily life to experience a program of individual and mutual healing and renewal. All will share their journey with others on a similar path. Ideas will be exchanged about the challenges and struggles as well as ways of coping and finding hope in the present. The retreat is a time for respite, reflection and sharing.

“\textit{It is as if in listening and feeling the pain of each other, we are connected and empowered in a way that allows us to understand that we are truly not alone in this.}” \textendash; Peggy speaking about stage IV breast cancer

PROGRAM

The retreat is a facilitated program that offers time for discussion and planned activities in a comfortable setting. The focus of the retreat is on the personal journey of women and their female caregivers.

LOCATION

A Journey of Courage and Hope
Women and Women Who Support Them will be held at Bon Secours Spiritual Center.

“Located just off Route 70 at the border of Howard and Carroll Counties in south central Maryland, Bon Secours Spiritual Center is easily accessible to the Baltimore / Washington Region. The Spiritual Center sits at the highest point of 313 acres of pastures and woodlands adjacent to Patapsco State Park and commands spectacular views of some of Maryland’s most beautiful countryside.”

For additional overnight accommodations, contact Bon Secours Spiritual Center: \(410\ 442-1320\)
http://bonsecoursspiritualcenter.org/

REGISTRATION

Attendance is limited to 12 survivors and their female guest. \textit{This free retreat} includes meals and 2 nights lodging, use of facility and program. See back of brochure for exclusions for attending. For more information, contact: \textendash; Lillie Shockney at shockli@jhmi.edu or 410-614-2853

REGISTRATION FORM

Journey of Courage and Hope for Women Helping Women, 2019

Your Name: ____________________________
Address: _______________________________
Email: _________________________________
Phone: _________________________________
Stage IV breast cancer: YES_____ NO_____
Date of Diagnosis: _______________________
Current Treatment: _______________________
Hopkins patient: YES_____ NO_____
If no, where: ____________________________
Guest Name: ____________________________

Due to limited space, registration will be based on date of receipt of application.

Complete application, detach and mail to the address below OR fax attention:

Fax 443-873-5013
Kristie Viands
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600 N Wolfe Street, Blalock 688
Baltimore, MD 21287