

## CUSP Tool: Daily Goals Checklist

### PROBLEM STATEMENT:

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Clear communication among health care providers is paramount. Communication failures lead to patient harm, increased length of stay, provider dissatisfaction, and staff turnover. Effective communication is particularly important in the NICU if complicated care plans are to be effectively managed by the care team.

### WHAT IS A DAILY GOALS CHECKLIST?

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A daily goals checklist is a care plan for patients, which prompts caregivers to focus on what needs to be accomplished that day to safely move the patient closer to discharge.

### PURPOSE OF TOOL:

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The purpose of this tool is to improve communication among care team and family members regarding the patient's plan of care.

### WHO SHOULD USE THIS TOOL:

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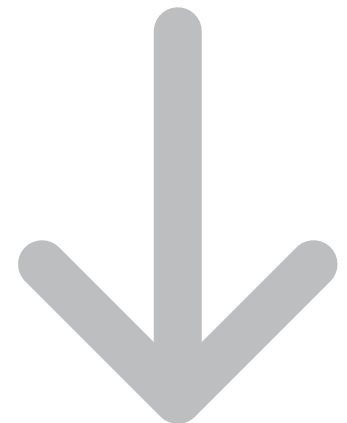
- All health care providers.

### HOW TO USE THIS TOOL:

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During morning and evening rounds the care team reviews the goals for the patient using the checklist. Once a checklist is completed it is signed by the attending, given to the patient's nurse to be kept at the bedside and the team moves on to the next patient. **Please adapt this form to your own environment.**

**Publication of Tool:** Pronovost PJ, Berenholtz S, Dorman T, Lipsett P, Simmonds T, Haraden C. Improving Communication in the ISU Using Daily Goals. *J Crit Care* 2003; 18(2):71-75.



# DAILY GOALS CHECKLIST

	AM SHIFT (7AM)	PM SHIFT (7PM) NOTE CHANGES FROM AM
<b>Safety</b>	What needs to be done for patient to be discharged from the NICU?	
	<input type="checkbox"/> Patient's greatest safety risk? <input type="checkbox"/> How can we decrease risk?	
	What events or deviations need to be reported? ICUSRS issues?	
<b>Patient Care</b>	Pain Mgt / Sedation <i>(held to follow commands?)</i>	Pain goal <input type="text"/> / 10 w/ <input type="text"/>
	Cardiac Review EKGs	HR Goal <input type="text"/> <input type="checkbox"/> at goal <input type="checkbox"/> ↑ <input type="checkbox"/> ↓ β Block <input type="text"/>
	Volume status Net goal for midnight	<input type="checkbox"/> Net even <input type="checkbox"/> Net positive <input type="checkbox"/> Net neg: <input type="text"/> w/ <input type="text"/> <input type="checkbox"/> Pt determined
	<input type="checkbox"/> Pulmonary: <input type="checkbox"/> Ventilator: <i>(vent bundle: HOB elevated), RTW/Weaning</i>	<input type="checkbox"/> OOB <input type="checkbox"/> Pulm toilet <input type="checkbox"/> Ambulation <input type="checkbox"/> Maintain current support <input type="checkbox"/> Wean as tol <input type="checkbox"/> Mechanics q am FIO2 < <input type="text"/> PEEP <input type="text"/> <input type="checkbox"/> PS / Trach trial <input type="text"/> h
	SIRS/Infection/Sepsis Evaluation	<input type="checkbox"/> no current SIRS / Sepsis issues
	SIRS Criteria <input type="checkbox"/> Temp > 38° C or <input type="checkbox"/> < 36 ° C <input type="checkbox"/> HR > 90 BPM <input type="checkbox"/> RR > 20 b/min or <input type="checkbox"/> PaCO2 < 32 torr <input type="checkbox"/> WBC > 12K <input type="checkbox"/> < 4K or <input type="checkbox"/> > 10% bands	<input type="checkbox"/> Known infection: <input type="checkbox"/> PAN Cx <input type="checkbox"/> Bld x2 <input type="checkbox"/> Urine <input type="checkbox"/> Sputum <input type="checkbox"/> Other <input type="checkbox"/> ABx changes; D/C <input type="checkbox"/> AG Levels: <input type="text"/> <input type="checkbox"/> Sepsis Bundle
	Can catheters/tubes be removed?	<input type="radio"/> Yes <input type="radio"/> No
	GI / Nutrition / Bowel regimen <i>(TPN line, NDT, PEG needed?)</i>	<input type="checkbox"/> TPN <input type="checkbox"/> TF <input type="checkbox"/> NPO
	Is this patient receiving DVT/PUD prophylaxis?	DVT: <input type="checkbox"/> Hep q8 / q12 / gtt <input type="checkbox"/> TEDS/SCDs <input type="checkbox"/> LMWH PUD: <input type="checkbox"/> PPI <input type="checkbox"/> H2B
	Anticipated LOS > 2 days: <b>TGC</b> 3 days: <b>fluconazole PO, KCI SS</b>	<input type="checkbox"/> TGC <input type="checkbox"/> Fluc <input type="checkbox"/> KCI <input type="checkbox"/> N/A
Can any meds be discontinued, converted to PO, adjusted?	<input type="checkbox"/> N/A <input type="checkbox"/> D/C: <input type="text"/> <input type="checkbox"/> PO: <input type="text"/> <input type="checkbox"/> Renal: <input type="text"/> <input type="checkbox"/> Liver: <input type="text"/>	

Protocols available if bolded

DAILY GOALS CHECKLIST continues—

## DAILY GOALS CHECKLIST

	AM SHIFT (7AM)	PM SHIFT (7PM) NOTE CHANGES FROM AM
<b>To Do</b>	Tests / Procedures today	<input type="checkbox"/> N/A
	Scheduled labs	<input type="checkbox"/> N/A
	AM lab needed CXR?	<input type="checkbox"/> CMP <input type="checkbox"/> BMP <input type="checkbox"/> H8 <input type="checkbox"/> Coags <input type="checkbox"/> ABG <input type="checkbox"/> Lactate <input type="checkbox"/> Core 4 <input type="checkbox"/> CXR  Wed: <input type="checkbox"/> Transferrin <input type="checkbox"/> Iron <input type="checkbox"/> Prealb <input type="checkbox"/> 24h urine
	Consultations	<input type="radio"/> Yes <input type="radio"/> No
<b>Disposition</b>	Is the primary service up-to-date?	<input type="radio"/> Yes <input type="radio"/> No
	<input checked="" type="checkbox"/> Has the family been updated? <input checked="" type="checkbox"/> Social issues addressed (LT care, palliative care)	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> NA

### Protocols available if bolded

For WICU only: ICU status  IMC status: vitals q  Fellow/Attg Initials: \_\_\_\_\_