### OPAT Teaching Plan

**Topic:** Outpatient Parenteral Antibiotic Therapy (OPAT)

**Patient Facing Language:** ___________________________ (add to handouts and videos if applicable)

<table>
<thead>
<tr>
<th>Point</th>
<th>Description</th>
<th>Handout/Video</th>
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| Overview of OPAT Therapy | • Define OPAT acronym (Outpatient Parenteral Antibiotic Therapy) and services provided at:  
  - Home Health | [Handout: OPAT Introduction]  
  - Skilled Nursing Facility (SNF) | Video: The Patient Experience  
- Services include:  
  - Pharmacy support | Handsheets: Infusion Resources by device  
  - Lab monitoring |  
  - Clinical follow up with patient’s ID Provider |  
  - IV line care | |
| Diagnosis | • Identify the type of infection requiring therapy and location of the infection | |
| Treatment | • Discuss what medication has been prescribed, dose, frequency and importance of timely administration | Handouts & Videos: Infusion Resources by device  
• Discuss why the medication has been prescribed |  
• Discuss potential side effects of the medication |  
• Discuss potential length of treatment |  
• Describe administration route (long term IV access) and rationale for IV |  
• Describe how to care for the IV line: Keeping the line safe |  
• How to care for the dressing | |
| Lifestyle Management | • Daily living activities: Work | Handout: Bathing  
• Exercise |  
• Bathing/Showering | Video: Bathing  
• Work around the home |  
• Travel |  
• How to get around with the line |  
• Pets |  
• Allowable outdoor activities |  
• Lifting restrictions |  
| When to call for help | • Signs of infection: Painful |  
• Red |  
• Drainage |  
• Fever |  
• Line issues: Line starts to come out |  
• Bleeding around the line |  
• Arm swelling |  
• Loose dressing |  
• Rash |  
• Infusion issues: Any issues infusing the medicines |  
• Issues working the pump (pump keeps beeping) |  
• Loss of appetite, abdominal pain, diarrhea |  
• If patient has any questions or concerns |  
| When to go to the ED | • Bleeding that does not stop |  
• Confusion |  
• High fever |  
• Shortness of breath |  
• Chest pain |  
| Who to call | • If patient is at a SNF: Call their provider caring for them at the SNF |  
• If patient is at home:  
  - and is having a problem with the line, to call the home care agency |  
  - and is having trouble getting the medicine or trouble shooting the medicine, to call the Home Infusion Pharmacy Line |  
  - and is having a fever or reactions to the medicine, to call their infectious disease physician |  
  - and does not know who to call, to call their home health nurse and infectious disease physician | |
| Discharge to Home Health | Handout | |
| Discharge to a SNF | Handout | |