### Four Steps for Performing Infusions:

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Practice good hand-washing</td>
</tr>
<tr>
<td>2</td>
<td>Prepare supplies</td>
</tr>
<tr>
<td>3</td>
<td>Prepare IV line</td>
</tr>
<tr>
<td>4</td>
<td>Administer the medication</td>
</tr>
</tbody>
</table>

#### STEP 1: PRACTICE GOOD HAND-WASHING

- Always remember to WASH YOUR HANDS for a full 20 seconds when instructed.

#### STEP 2: PREPARE SUPPLIES

- Remove your medication from the refrigerator before the infusion so that it can get to room temperature.
- Check your medication to confirm it has your name, the right dose, and the medication has not expired. **WASH HANDS.**
- Clean workspace & SASH mat with cleaning solution (alcohol/sanitizing wipes or Lysol + paper towels). **WASH HANDS.**
- Gather the following supplies and arrange above your SASH mat: 4-5 alcohol pads; 2 prefilled saline syringes; 1 prefilled heparin syringe; 1 pre-filled medication syringe; medication orders, Trash bag. **WASH HANDS.**
- Unwrap syringes and place in the correct location on top of your SASH mat.
- Remove any air bubbles from syringes and inspect the medication syringe for discoloration or cloudiness. The fluid should be clear with no color.

#### STEP 3: PREPARE IV LINE

- **WASH HANDS.** ‘Scrub the hub’ = clean the end cap (hub) by wrapping an alcohol pad over & around the hub for 15 sec.
- Open the clamp on your IV line. Flush your IV line with saline (“pulse flush”). Remove empty saline syringe from the IV line. **WASH HANDS.**
- Double-check the three questions across the top of your SASH mat. ‘Scrubs the hub’ with a NEW alcohol pad.
- Connect your medication syringe to the hub of your IV line using a “push and twist” motion.

#### STEP 4: START AND STOP INFUSION

- Disengage clamps, Slowly push the medication syringe to the speed noted in your medication orders.
- Once your medication syringe is empty, remove the syringe from the hub of your IV line. **WASH HANDS.**
- ‘Scrub the hub’ of your IV line with a NEW alcohol pad for at least 15 seconds.
- Flush your IV line with saline (“pulse flush”). Remove empty saline syringe from the IV line.
- If you are not using heparin, close the clamp on your IV line. **WASH HANDS.**
- If you are using heparin, flush your IV line with heparin (“pulse flush”).
- Remove the empty heparin syringe from the IV line. Close the clamp on your IV line. **WASH HANDS.**

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