

Title: Adult Simultaneous Liver & Kidney Transplant (Synonyms: Deceased Donor Liver & Kidney Transplant)	Education Sheet	Krames direct link	Video
<p>Topic: Living with My Transplant Point: Follow-Up After Transplant Description: Educate the patient/family about when to call the post-transplant coordinator and contact information for additional transplant team members (pharmacist, social worker, home care coordinator).</p>	Liver & Kidney Handbook page 3-4		<ul style="list-style-type: none"> • Kidney Transplant (Deceased Donor) • Kidney Transplant (Living Donor) • Kidney Transplant-Living with a New Kidney
<p>Description: Educate the patient/family about blood work and clinic visit schedules, including appropriate locations for blood work, clinic location, and expectations for clinic visits.</p>	Liver & Kidney Handbook page 5		
<p>Description: Educate the patient/family about ureteral stent and incision and drain care, including logging of output and signs/symptoms to report to Transplant Coordinator.</p>	<p>Liver & Kidney Handbook page 15, 31(log)</p> <p>SURG010 Appendix C: Jackson-Pratt (JP) Drain Care at Home: Handout</p>		<ul style="list-style-type: none"> • JP drain
<p>Point: Lifestyle Changes Description: Educate patient/family/caregiver about general list of lifestyle changes after transplant (including activity considerations, taking care of teeth and gums, herbal supplements, prescription refills, safer sex/contraception, international travel, skin cancer risk, social concerns, and hydration)</p>	Liver & Kidney Handbook page 6, 16-18		
<p>Topic: Avoiding Infection after Transplant Point: Risk for Infection after Transplant</p>	Liver & Kidney Handbook page 7-11		

Description: Educate patient/family/caregiver about immunocompromised status after transplant and expectations regarding logging vital signs and monitoring incision daily.	Liver & Kidney Handbook page 27 (log)		
Description: Educate patient/family/caregiver about common infections after transplant (Cytomegalovirus and Epstein-Barr virus) including symptoms and level of risk.	Liver & Kidney Handbook page 11		
Point: Infection Prevention Strategies Description: Educate patient/family/caregiver about infection prevention practices including hand washing, immunization, nutrition and food safety.	Liver & Kidney Handbook page 7-10		
Description: Educate patient/family/caregiver about anti-infection medications (Bactrim, Valcyte, Nystatin)	Liver & Kidney Handbook page 12		
Topic: Organ Rejection after Transplant Point: Signs and Symptoms Description: Educate patient/family/caregiver about signs and symptoms of infection and when to notify Transplant Coordinator.	Liver & Kidney Handbook page 13-14		
Description: Educate patient/family/caregiver about types of transplant rejection (cellular rejection and antibody-mediated rejection) including typical treatment plans.	Liver & Kidney Handbook page 13		
Point: Anti-rejection medications Description: Educate patient/family/caregiver about anti-rejection medications (Prograf, CellCept, Prednisone)	Liver & Kidney Handbook page 14		
Topic: Other Potential Complications Point: Common Complications After Liver and Kidney Transplant Description: Educate patient/family/caregiver about common complications after liver and kidney transplant, including delayed graft function (DGF), low or high blood pressure, high cholesterol, recurrent liver disease, cancer, and diabetes.	Liver & Kidney Handbook page 20-24		