



Day of Surgery Checklist

- Bring a valid Photo ID and your insurance card.
- Bring any forms or X rays requested by your physician.
- If you have an advanced directive, living will, or power of attorney, bring a copy with you to the hospital.
- Leave all valuables at home, including cash and credit cards, unless advanced payment is required.
- Remove all jewelry and body piercings.
- Wear loose and comfortable clothing.
- Bring a case for your dentures, hearing aids, glasses, or contacts.
- Bring information regarding any existing implant.
- Bring a complete list of your medications, vitamins, and herbal supplements. Include your dosages and the most recent time taken.
- If you use inhalers for respiratory disease, please bring your them with you to the hospital.
- If you have sleep apnea and use a CPAP machine, please bring it with you to the hospital.
- If you are having anesthesia, do not eat or drink anything, including water, chewing gum, or breath mints.
- Take only medications your physician has instructed, with a small sip of water.
- Stop smoking.
- Arrive on time.