



PHILANTHROPIC IMPACT REFLECTION
CINDY MERZ, VICE PRESIDENT OF DEVELOPMENT

Each year, as I reflect on what makes Suburban Hospital so special, I am grateful for the extraordinary care our teams provide and for the generosity of our philanthropic partners who make that care possible. This past year presented unique challenges and opportunities with our community and hospital facing unprecedented needs. In this increasingly complex healthcare environment, our donors have truly stepped up, allowing us to record the highest level of generosity ever realized within our Suburban Hospital Foundation. Together, your philanthropic gifts strengthened nursing excellence, expanded access to behavioral healthcare, advanced the planning for our critical Emergency Department Modernization project, and supported innovation across the hospital. With growing uncertainty around healthcare funding and dramatically increasing patient volumes, your overwhelming support and philanthropy has never been more vital or played a more meaningful role.

Every contribution, big or small, helps sustain our workforce, advances our mission, and secures Suburban Hospital's strength for the future. Thank you for standing with us. Together, we remain #SuburbanStrong.



INVESTING IN THE HEART OF OUR COMMUNITY
CHIP MITCHELL, FOUNDATION BOARD CHAIR

I am honored to serve as the Board Chair of the Suburban Hospital Foundation, especially during this important time in our history. The Hospital is on the precipice of undertaking a critically important project - renovating and modernizing its Emergency Department. The Emergency Department, which has not undergone a major renovation in more than forty years, is literally the heart of the hospital. It treats almost 60,000 patients a year, and it is the only Level II Trauma Center in Montgomery County. As such, the Suburban Hospital Emergency Department is an important resource for the entire Montgomery County community. Our dedicated Foundation staff, as well as our equally amazing Foundation Board, are committed to ensuring we provide Suburban Hospital with the necessary resources to enable this project. Thanks to the extraordinary philanthropic generosity of our local community, we are off to a great start, but we have a long way to go. The Foundation will continue holding a number of engagement events so we can share the details of this project and its importance to the core mission of the hospital. I hope everyone reading this message will be able to attend an event to learn more about this vital project. Thank you so much for your continued support.

2025 FOUNDATION BOARD MEMBERS

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HONORING A PROFOUND LEGACY OF PHILANTHROPY SINCE 1994

The **A. James and Alice B. Clark Foundation** made their first contribution to Suburban Hospital in 1994, a simple kindness that has echoed for over three decades.

As a community hospital, we are “Suburban Strong” because of the Clark Foundation’s unparalleled investment in the very halls where we care for our patients. Their vision and extraordinary generosity are felt throughout our new North Building, a transformational capital project that added more than 300,000 square feet, private patient rooms, and state-of-the-art operating rooms. The Clark Foundation’s support unified our team by creating opportunities to recognize and sustain our staff, while reinforcing a shared promise to deliver dedicated, patient-centered care to our community.

Additionally, the Clark Foundation’s philanthropy elevated nursing practice through professional development and workforce support. Ultimately, the integration of virtual nursing, an initiative that extended clinical expertise, significantly improved patient safety and allowed bedside nurses to focus on direct patient care.

The Clark Foundation is also playing a transformative role in advancing Suburban Hospital’s upcoming Emergency Department Modernization Project through a landmark \$10 million grant. Their generosity provides critical momentum for one of Suburban Hospital’s most important initiatives, helping ensure that patients and families across the region will benefit from an updated, expanded, and patient-centered Emergency Department for decades to come.

As a steadfast partner of Suburban Hospital, the Clark Foundation’s long-standing generosity helps to advance care, innovation, and education across the campus and beyond. Their transformative support, with total giving of **more than \$23,000,000**, has strengthened critical programs and empowered our teams to deliver exceptional care to patients and families at every stage of life.

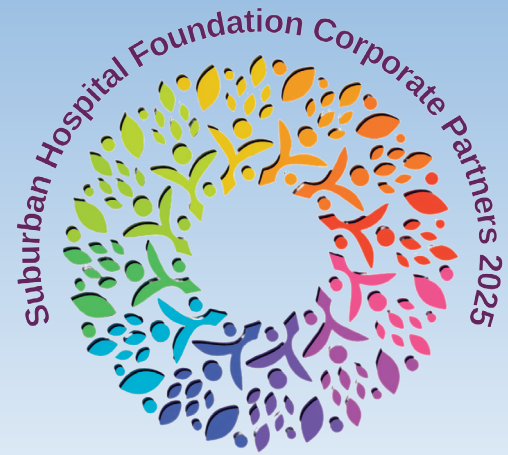


TOGETHER, ADVANCING EXCELLENCE IN CLINICAL CARE

Through the generosity and commitment of our donors, the Suburban Hospital Foundation continues to fuel innovation at Suburban Hospital and support initiatives that are shaping the future of community health. Donors who made a contribution of \$25,000 or more, during 2025, are listed:

- Gary and Pennie Abramson Charitable Foundation
- Bender Foundation
- A. James & Alice B. Clark Foundation
- Cora and John H. Davis Foundation, Inc.
- Loretta M. Downey
- Irene and Jared M. Drescher
- EagleBank Foundation
- Elizabeth and Robert Flanagan
- Mark and Robyn Futrovsky
- George Frederick Jewett Foundation East
- Arlene S. and Robert P. Kogod
- Stephen and Pamela Krooth
- The J. Willard and Alice S. Marriott Foundation

- The McCutchen Foundation
- Marvin & JoAnne McIntyre Family Foundation
- Pam Miller
- Doug Miller
- Florence Nesh Charitable Trust
- OASIS Institute
- Ron and Joy Paul Family Foundation
- Ami Shah and Jayneel Patel
- Silver Family Foundation
- Sterling Senior Care
- Walter W. and Gloria A. Ware
- Thomas and Bobbie Wolf
- Wolpoff Family Foundation



CORPORATE PARTNERS PROGRAM

The Suburban Hospital Corporate Partners Program brings together executives and organizations committed to strengthening our community hospital and supporting the colleagues, employees, and families who rely on it. Through annual giving, the program recognizes our partners while creating collaborative relationships that complement each organization’s philanthropic goals. Special thanks to:

- American Cancer Society
- BrightStar Care
- Coakley & Williams Construction
- Colonial Parking
- Compass / Jennifer Kirstein
- EagleBank Foundation
- Epic Systems Corporation
- Ernst & Young
- Family & Nursing Care
- Ira Ludwick Salon
- Jim Coleman Automotive
- Kelly Goodman, NP & Associates
- Lerch, Early & Brewer
- MileOneCares / MileOne Auto Group
- Sterling Senior Care
- Title Boxing Club
- Woman’s Club of Bethesda

To view our entire Suburban Hospital supporters list, please visit our website here:



SCAN ME

WORKFORCE DEVELOPMENT

Thanks to your support, Suburban Hospital continues to make meaningful investments in the growth and development of our dedicated team members. Our Workforce Development initiatives have provided for those who aspire to advance their careers in healthcare and better serve our community.

ESOL (English for Speakers of Other Languages)

Classes | In partnership with Montgomery College, Suburban Hospital hosted ESOL classes during the Fall 2024 and Spring 2025 semesters. A total of 20 team members participated, making significant strides in English comprehension and conversational confidence.

CNA (Certified Nursing Assistant) Training Program | Suburban Hospital is currently supporting five team members enrolled in Montgomery College's Nursing Assistant program. These staff members, from Nutrition Services and Patient Transport, are on track to becoming Clinical Technicians. Upon completing the classroom portion of the program, participants will complete their clinical training at Suburban Hospital and transition into full-time roles in direct patient care.

School at Work | School at Work is an online program facilitated by career coaches to help team members prepare to return to school or advance their careers. The program offers remediation in math, reading, comprehension, medical terminology, communication, and more.

Career Coaching | Since September 2024, professional career coaches have facilitated more than 150 one-on-one coaching sessions with Suburban Hospital team members. Sessions are offered both in person and virtually to accommodate diverse schedules and preferences.



SUSAN BOWIS: PLANNED GIVING SPOTLIGHT

Susan H. Bowis dedicated her life to serving her community in numerous ways. She played a pivotal role at Suburban Hospital for many years, serving as president of the Women's Auxiliary and as a member of the Board of Trustees.

In 1995, the Frederick H. Bowis Community Health Endowment was

established to support Suburban Hospital's outreach efforts, including community health education programs, health screenings, and support groups. Upon her death, she added to the endowment a gift through her estate, leaving a lasting legacy to support the hospital. Through this endowment, we've implemented targeted health strategies, improving conditions for patients, staff, and neighbors alike.

LEGACY MATCH

Right now, when you include Suburban Hospital in your estate plans or make a qualified life income gift, a portion of your planned gift will be matched with an outright gift in your honor to the program or department of your choice.



VIRTUAL NURSING PROGRAM OVERVIEW

In April 2025, Suburban Hospital launched an innovative Virtual Nursing pilot program on two medical units. Virtual nurses connect with patients in real time through in-room cameras, monitors, and speakers. Since launch, the program has delivered more than 500 hours of virtual nursing support. Beyond virtual nursing, this infrastructure supports a broader vision for virtual health, including remote safety monitoring, centralized telemetry, virtual rounding, electronic ICU and sepsis monitoring, and telemedicine consultations.

Two more nursing units will be supported by virtual nurses starting in Spring 2026.

We are incredibly grateful to the following donors who have paved the way for this impactful initiative: **The A. James and Alice B. Clark Foundation** and **The McCutchen Foundation**. Their direct contributions, in addition to so many others, are bolstering our ability to care for more patients, more efficiently.

GUIDED RECOVERY WITH CARDIAC REHAB

Cardiac Rehabilitation at Suburban Hospital is a comprehensive, hospital-based program that combines supervised exercise, continuous cardiac monitoring, nutritional support, and counseling to help patients recover from major cardiac events and reverse the progression of heart disease. Delivered in the comfort and safety of the hospital environment, the program is supported by a multidisciplinary team of cardiac rehabilitation nurses, exercise physiologists, nutritionists, and counselors who guide patients through every step of their recovery.

Thanks to leadership-level gifts from the **Eugene B. Casey Foundation**, Suburban Hospital has been able to sustain and strengthen this impactful program for more than 40 years. The lasting success of cardiac rehabilitation reflects not only the quality of care provided, but also the loyalty and gratitude of patients whose lives have been transformed long after acute treatment ends.

“Each day, I have the privilege of seeing patients in Cardiac Rehab take meaningful steps toward recovery. Your support makes these journeys possible, ensuring that every patient has the resources, encouragement, and expert care they need to heal.”

Meghan Harp | Program Supervisor



Coming Soon!
Cardiac Rehab Upgrade and
Modernization!

POST-DISCHARGE PHONE CALLS

Thanks to donor support, Suburban Hospital has launched and maintained the CARES™ Connect post-discharge phone call program to connect with inpatients within 24–48 hours of leaving the hospital. These timely calls are designed to check on patients' recovery, answer questions, and address any potential issues before they become serious.

The CARES™ Connect team reaches out to patients who are discharged home or with home care services to:

- Review discharge instructions
- Check for medication concerns
- Confirm follow-up appointments
- Ensure patients have access to a primary care provider
- Assess overall health status and safety at home

Any concerns raised during these calls are promptly shared with our Patient Experience team, nurses, care coordinators, and providers. This allows issues to be addressed quickly, often before they escalate.

The Suburban Hospital Foundation is proud to support CARES™ Connect, helping ensure patients feel heard, cared for, and supported as they continue healing at home.

SUNSHINE, SNEAKERS, AND SUPPORT FOR OUR NURSES

In 2025, the Suburban Hospital Foundation brought our community together through a dynamic year of events that strengthened relationships, celebrated gratitude, and advanced the mission of exceptional care. Each event reflected the shared belief that philanthropy is not only about giving, but it's about showing up, listening,



learning, and moving forward together. One of the most memorable highlights was the 3rd Annual **Nurses 5K Fun Run/Walk**, planned in collaboration with the Professional Practice Nursing Council. This event captured the spirit of compassion and teamwork that defines Suburban. With community members, grateful patients, board members, and hospital champions coming together in support of nursing, the event celebrated those who care for our community every day. It also fueled momentum for continued investment in nursing excellence—raising nearly \$60,000.



NURSE-LED INNOVATION, DONOR-POWERED, IMPACT COUNCILS

At Suburban Hospital, Nursing Councils are far more than committees; they are a driving force behind safer care, stronger communication, and better experiences for patients and families. These fully nurse-led, nurse-driven councils give frontline caregivers a direct voice in improving how care is delivered every day.



“I give to Suburban because I want to support the nurses and doctors who give so much of themselves every day, and because I want every family to feel the same comfort and confidence mine did.”

Pam Miller | Foundation Board Trustee



- Specialty certification assistance
- Advanced training and education
- Conference attendance to bring best practices back to Suburban
- Meaningful staff recognition
- The state-of-the-art SSH (Society for Simulation in Healthcare) Accredited Simulation Center

These investments strengthen clinical expertise, boost morale, and help retain exceptional nurses — all of which directly benefit patients.



Donor support helps turn bedside insight into hospital-wide improvement.

The Nursing Council structure ensures representation from every unit and area of practice. Five core councils lead this work:

- Quality, Safety, and Service Council
- Evidence-Based Practice and Nursing Research Council
- Professional Practice Council
- Professional Development Council
- Night Shift Council

Meeting monthly, these councils identify challenges, develop solutions, and share results, ensuring that great ideas don't stay ideas for long. Nursing leaders help guide the work locally while also representing Suburban nurses across the Johns Hopkins Health System, elevating frontline perspectives into system-wide conversations. This results in care that feels more attentive, coordinated, and safe, exactly when patients and families need reassurance most.

We are so appreciative of the generosity of donors such as **Pam Miller** and the **McCutchen Foundation**, whose leadership-level gifts will bolster the nursing program for years to come.

Investing in Nurses, Elevating Care

Donor funding for Nursing Councils extends beyond individual projects. It also supports:

HOSPITALITY DISCHARGE LOUNGE COMFORTABLE, PATIENT-CENTERED CARE

Named in recognition of the **Leder Family Foundation**, Suburban Hospital's Hospitality Discharge Lounge opened in late 2024 to enhance the patient discharge experience while improving hospital-wide patient flow. The lounge is designed to streamline and help reduce delays and boarding in the Emergency Department by making beds available for incoming patients sooner.

Open Monday through Friday, the lounge is staffed by a registered nurse and a patient care technician and serves an average of 22 patients each day. In this comfortable, supportive setting, patients can review discharge instructions and medications, receive snacks or meals, confirm follow-up appointments, and wait safely for transportation. Families benefit as well, with convenient curbside pickup that reduces delays and eases stress.

The Discharge Lounge also strengthens care team efficiency. By transitioning patients to the lounge once they are medically ready to leave, inpatient rooms can be made ready earlier, equipment and prescriptions can be coordinated more smoothly, and patient movement throughout the hospital becomes more seamless. Beyond improving the immediate discharge process and increasing bed availability, the lounge is improving the patient and family experience and may contribute to reduced lengths of stay.

Through generous philanthropy, Suburban Hospital has transformed a complex operational challenge into a patient-centered solution that improves efficiency, elevates satisfaction, and enhances overall care experience.



EMERGENCY DEPARTMENT MEETING TODAY'S DEMAND. PREPARING FOR TOMORROW.

Suburban Hospital's Emergency & Trauma Center is a critical lifeline for our community, and the front door for most patients who require hospital care. As patient volumes and care complexity continue to rise, the need to modernize and expand Suburban Hospital's Emergency Department has become urgent.



Why This Matters

- **84%** of hospitalized patients enter through the Emergency Department
- **58,000+** patients were cared for in 2025 alone
- **45% increase** in trauma volume over the past three years
- Montgomery County's **only state-designated Level II Trauma Center**

This unprecedented growth has pushed the Emergency Department beyond its intended capacity. Our care teams bring extraordinary skill and dedication to every patient interaction, yet the current space does not fully support the level of comfort, privacy, and efficiency our patients and families deserve.

A LEGACY OF EXCELLENCE UNDER GROWING PRESSURE



Suburban Hospital's Emergency Department is nationally recognized for quality and leadership, earning multiple Lantern Awards and repeated recognition as the "**Best of Bethesda**" Emergency Department. However, the current space, originally built in the 1960s and last renovated more than 20 years ago, no longer meets national facility standards or the needs of today's complex patient population.



SCAN ME

THE PROJECT

This transformative project will reshape emergency care delivery while preparing the hospital, and our community, for the next generation of medicine.

Key enhancements include:

- **40% expansion** of the Emergency Department footprint
- **78 treatment positions** with **no hallway care areas**
- Completely redesigned intake and waiting areas
- Expanded, secure **behavioral health spaces** for adults and children
- Strengthened **pediatric and trauma care capabilities**
- Upgraded technology
- Preserved proximity to radiology, laboratory, and surgical services for faster, coordinated care

Together, these improvements will reduce delays, improve privacy, enhance safety, and elevate the experience for patients, families, and care teams.

THE INVESTMENT

This five-year capital initiative includes extensive planning, design, and a phased construction approach that maintains current treatment capacity throughout the project.

Total Project Cost

\$75 million

Philanthropic Goal

\$50 million

Committed to Date
\$25 million

Meaningful recognition opportunities are available throughout the reimagined Emergency Department. Please contact us for more information.

Investing in the Emergency Department Modernization Project ensures Suburban Hospital remains ready to respond, today and in the future, delivering world-class emergency care at the moments patients need it most.

POWERED BY PHILANTHROPY

*In 2025, the Suburban Hospital Foundation received a record **\$22.1 million** in new gifts and pledges from **2,284** generous donors in our community.*

Because of this extraordinary support, the Foundation continues to invest in Suburban Hospital's mission—advancing patient care, supporting our caregivers, and strengthening the health and well-being of our community, today and for the future.



2,284
TOTAL
DONORS
2025

SUBURBAN HOSPITAL FOUNDATION
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