

# YOUR IMPACT

*Philanthropy In Action*



**September 2026**



*Employees enjoying an event in Marilyn's Garden; Sibley's new tranquil oasis which was dedicated in June 2026 and made possible through philanthropy.*

Dear Friends,

As summer comes to a close, there is so much happening across Sibley and even more to look forward to in the months ahead.

Throughout the hospital, philanthropy continues to make a difference in meaningful ways—from creating spaces like Marilyn's Garden where our staff can gather and recharge, to advancing innovative programs in cancer and orthopaedics and support services that care for patients beyond their medical needs. We're also celebrating the first cohort of our Healthcare Scholars Flex Program, part of a growing investment in education and career advancement for Sibley team members.

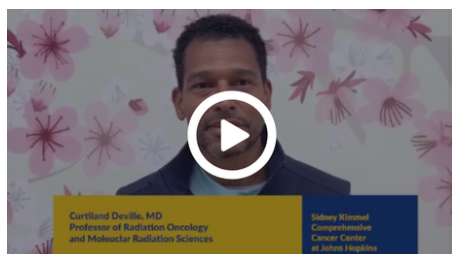
Several exciting milestones are on the horizon. Later this month, we will celebrate the dedication of the Gildenhorn Institute for Bone and Joint Health's outpatient clinic, and preparations are well underway for the annual Sibley Soirée in November benefiting our Maternal Health Access Program.

None of this happens without you. Your generosity helps Sibley respond to the needs of our patients, support the people who make our work possible, and continue investing in what's next. Thank you for being such an important part of our Sibley community.

With gratitude,

**Kristen Pruski, M.S.A.**

Vice President, Foundation



### Prostate Cancer Awareness Month

September is **Prostate Cancer Awareness Month**, an opportunity to raise awareness about prevention and early detection. Dr. Curtiland Deville, Medical Director of the Johns Hopkins Proton Therapy Center and Clinical Director of Radiation Oncology at Sibley, encourages men to talk with their physicians about the screening approach that is right for them based on their individual risk factors. Maintaining a healthy diet and regular exercise can also play an important role in reducing prostate cancer risk.

At Sibley, philanthropy helps advance prostate cancer research, treatment, and programs that give patients access to leading expertise and innovative approaches close to home.

**Speak with your physician about your individual risk** and when screening may be appropriate for you. To learn more about prostate cancer services or make an appointment at the Johns Hopkins Kimmel Cancer Center at Sibley, call **202-660-6500**. To learn more about investing in Sibley's cancer research and the work of Dr. Deville, please contact **Liz Levine**.



### Investing in Our Team

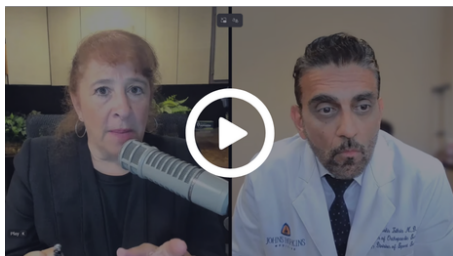
This fall marks an exciting step forward for **Workforce Development at Sibley** with the launch of the first Healthcare Scholars Flex Program cohort. The program helps employees pursue degrees in high-need clinical fields while continuing to work full time.

Other initiatives within Sibley's Workforce Development program include the Certified Nursing Assistant (CNA) Degree Career Pathway, which provides employees with philanthropy-funded CNA training through Trinity Washington University, and the Exploratory Summer Jobs pilot, launching in the summer of 2027, which will introduce D.C. high school students to a career in healthcare.

Together, these efforts expand **access to education, training, and career advancement** while helping build Sibley's workforce for the future. Philanthropy helps create these opportunities for Sibley team members to grow, advance, and build lasting careers in healthcare. To learn more about investing in Sibley's Workforce Development program, please contact **Kristen Pruski**.

Learn More About Prostate  
Cancer

Support our Workforce  
Development Initiatives



### Understanding Regenerative Medicine

What is regenerative medicine, and who may benefit from it? Dr. Bashir Zikria, Sports Medicine Physician with the Gildenhorn Institute for Bone and Joint Health at Sibley, breaks down this evolving area of medicine in an episode of **Your Health with Johns Hopkins Medicine**.

Dr. Zikria explains the types of regenerative medicine treatments available, what patients can realistically expect, and when it may be time to seek an evaluation from a specialist.

Later this month, Sibley will celebrate the dedication of the **Gildenhorn Institute for Bone and Joint Health's outpatient clinic**-stay tuned for more from this special milestone. We remain extremely grateful for the philanthropy that is helping transform this work and improve access to top care for patients in our region. To learn more about investing in Sibley's orthopaedic programs, please contact **Annie Newcomer**.

Learn More About  
Regenerative Medicine



### Enhancing Sibley's Legacy

Dr. Sushma Palmer's connection to Sibley spans more than 25 years, beginning with her first surgery in 2000 and continuing through treatment at Sibley's Infusion Center. Over the years, she **developed meaningful relationships with physicians, nurses, and other members of the Sibley team**.

Those experiences, along with Dr. Palmer's strong commitment to her community, inspired her to give back. She included Sibley in her estate plans, becoming a member of the **Sibley Legacy Society**, and continues to support the hospital through annual giving.

Dr. Palmer hopes her commitment will **encourage others to consider supporting Sibley's future**, and help ensure important programs and services remain available to patients and families for generations to come.

Read the Full Story

## Advancing Gynecologic Oncology

With September being Gynecologic Oncology Awareness Month, we want to shine a spotlight on one of Sibley's new physicians and the transformational research and breakthroughs Johns Hopkins Medicine has been a part of over the past year.



Sibley is pleased to welcome **Dr. Irina Tunnage, Assistant Professor of Gynecology and Obstetrics at Johns Hopkins Medicine**, who joined the Gynecologic Oncology program in May. Dr. Tunnage is an Assistant Professor of Gynecologic Oncology in the Department of Gynecology and Obstetrics at Johns Hopkins Medicine and specializes in the comprehensive care of women with gynecologic malignancies. Known for her surgical precision, thoughtful clinical judgment, and unwavering commitment to her patients, Dr. Tunnage delivers highly individualized, full-spectrum cancer care. Gynecologic cancer is the fourth

deadliest cancer among women, and 1 in 12 women will be affected by it during her lifetime.

Dr. Tunnage stands alongside a number of investigative physicians in gynecologic oncology at Johns Hopkins Medicine who are set out to make a difference. This past June, an article was published on the pioneering and revolutionary work of Dr. Rebecca Stone being done on ovarian cancer—you can read this [here](#). The groundbreaking work is a game-changer for women, not only in practice at Johns Hopkins, but throughout the world.

To learn more about the Gynecologic Oncology program or opportunities to support gynecologic oncology research at Sibley, please contact [Andrea Travis](#).

[Read Dr. Tunnage's Bio](#)

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## Join us at the Sibley Soirée

*Thursday, November 5th, 2026*



*The beautiful backdrop of the National Museum of Women in the Arts at the 2025 Soiree.*

The Sibley Young Professionals Board's signature event returns **Thursday, November 5** at the National Museum of Women in the Arts, expecting to bring together more than 600 guests in support of Sibley's Maternal Health Access Program.

Tickets and sponsorship opportunities are available. **Sponsorships must be confirmed by October 9th** to receive full event recognition and inclusion in printed materials.

All event proceeds benefit the Maternal Health Access Program, helping expectant mothers at high risk for pregnancy-related complications access essential support and services.

Please contact **Annie Newcomer** with any questions.

[Get Your Sibley Soirée Tickets](#)

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## Upcoming Events

### Vida Senior Centers Health Fair

**Friday, September 25 | 10 a.m. to 3 p.m.**

**Location: Guy Mason Recreation Center**

Sibley is proud to join more than 30 community partners at Vida Senior Centers' 13th Annual Community Health Fair. Attendees can take advantage of health screenings, blood pressure checks, vision tests, health education and more. The Sibley team will also highlight our Spanish-language programming, health resources, and share information about upcoming support groups.

### An Evening of Art Therapy for Those Living with Sarcoma and Myeloma\*

**Friday, October 2 | 5:30 - 7:30 p.m.**

**Location: Marilyn's Garden, Sibley Memorial Hospital**

Join Art Therapist Anais Lugo-Axtmann to explore thoughts and emotions through guided art-making. This Group offers a supportive space to reduce stress, build coping skills, and connect with others. No art experience needed. Dinner included. This event is made possible by **The Kristen P. Cabbage Fund**. Simultaneously, caregivers may participate in a restorative Nature Therapy program - see below.

To register contact: **Margo Calkin**, 202-660-6954

### A Restorative Evening for Caregivers\*

**Friday, October 2 | 5:30 - 7:30 p.m.**

**Location: Marilyn's Garden, Sibley Memorial Hospital**

For those of you who are or have been caring for a loved one during their cancer journey, you are invited to join Nature-Informed Psychotherapist Tania M. Lanning, MS., LCPC for a grounding and connecting evening in the beautiful new Marilyn's Garden at Sibley Memorial Hospital. A light dinner will be provided. This event is made possible by **The Kristen P. Cabbage Fund**.

To register contact: **Margo Calkin**, 202-660-6954

### Survivorship Series: Stronger & Healthier Together\*

**Tuesdays, Oct 6, 13, 20, 27, Nov 3, 10 | 5 – 6:30 p.m., (EST)**

**Location: Zoom**

A six-week series with experts discussing nutrition, stress management, lymphedema, safe exercise, emotional health, sexual health, and side effect management.

To register contact: **Margo Calkin**, 202-660-6954

### Sibley Senior Association's Meditation and Mindfulness

**Tuesdays | 11:00 a.m. and Thursdays | 1:00 p.m., (EST)**

**Location: Zoom**

If you would like to prioritize your mental and physical health, please consider adding the Sibley Senior Association's Meditation and Mindfulness to your list. The practice helps people cultivate gratitude, manage stress, and improve sleep. Both first-time and experienced meditators are welcome!

Register for Tuesdays [online](#) | Register for Thursdays [online](#)

For more information on the SSA, contact: [Heritage Ojeikere](#), 202-364-7602 or view the full [program calendar](#).

*\*Cancer support groups are for Sibley/Johns Hopkins Medicine cancer patients and caregivers only, and are free of charge thanks to generous support from our donors. For a full list of our support programs view the [event calendar](#).*



*Become a Monthly Donor: Set-and-Forget!*

Your recurring support ensures we are always ready to care for our community.

Sibley Memorial Hospital Foundation provides philanthropic support for the mission and vision of Sibley Memorial Hospital. We invite you to join us on our journey to shape the future of healthcare.

[Support Sibley Today!](#)

**In Case You Missed It...**

You can now find the Foundation's monthly donor [e-news archived here](#).



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Sibley Memorial Hospital Foundation | 5255 Loughboro Road, NW | Washington, DC 20016 US

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