SIBLEY MEMORIAL HOSPITAL
JOHNS HOPKINS MEDICINE

YOUR IMPACT

Philanthropy In Action



October 2026



Drs. Victoria Croog, Maureen O'Donnell, Pouneh Razavi, and Jenni Sheng with moderator and Foundation Trustee Julia Ghafouri at our Breast Cancer Awareness Month breakfast.

Dear Friends,

This fall your generosity is helping Sibley move forward in meaningful ways—from advancing promising cancer research to opening new spaces for exceptional bone and joint care.

The recent celebration of the Gildenhorn Institute for Bone and Joint Health's new outpatient clinic was a wonderful reminder of what our donor community makes possible. During Breast Cancer Awareness Month, we're also reminded of the importance of supporting the whole patient, including the emotional and practical needs that come with a diagnosis.

Behind this work are personal connections that make Sibley special: gratitude for a team member who made a difficult day easier, a desire to honor someone we love, or a commitment to programs that bring people together. These connections inspire generosity that touches lives throughout our hospital and beyond.

Thank you for all you make possible and for being such an important part of our Sibley community.

With gratitude,

Kristen Pruski, M.S.A.
Vice President, Foundation



Sibley Memorial Hospital | Johns Hopkins Medicine
kpruski@jhmi.edu



Advancing Lung Cancer Research

For someone facing lung cancer, waiting to learn whether treatment is working can typically mean weeks of uncertainty. What if a simple **blood test could bring answers sooner**?

Recently, Dr. Ben Levy and Dr. Valsamo (Elsa) Anagnostou gathered with a small group to share exciting findings from their **collaborative research at the Johns Hopkins Kimmel Cancer Center in Baltimore and at Sibley**. By detecting tumor DNA through a simple blood test, their team identified a response to immunotherapy nearly **nine weeks earlier than CT scans** in one study. That difference in time could help doctors make treatment decisions sooner and allow families to spend less time waiting for answers.

Support through the Sibley Memorial Hospital Foundation helps fuel this collaborative research and brings patients closer to more personalized treatment and clearer answers, sooner. Thank you to **Drs. Levy and**



A Legacy of Laughter and Generosity

Donald Saltz joined the Sibley Senior Association (SSA) in the early 2000s, not long after his beloved wife, Mozelle, passed away. Since then, he has brought **joy to countless SSA members** as an early participant in its monthly Humor Hour, where seniors connect over jokes, rhymes, and riddles. A writer and editor in his career, humor remains an integral part of his personality.

Donald also created daily “trivia/knowledge” quizzes for national newspapers, which he graciously shares with the SSA for its quarterly newsletter. He is a **generous supporter of the Sibley Memorial Hospital Foundation** and member of **Sibley’s Legacy Society** to benefit the SSA, having named a family lounge in the hospital in memory of Mozelle.

We are grateful to Donald for the happiness he continues to spread throughout the Sibley community and for his philanthropic generosity, which will help the SSA for generations to come. To learn more

Anagnostou for sharing your meaningful work. To learn more, please contact **Liz Levine**.

Learn More About Lung Cancer Research

about supporting Sibley through a legacy gift, please contact **Andrea Travis** at 202-364-7696 or via email at **atravis@jhmi.edu**.

Support the SSA



Celebrating the Gildenhorn Institute's New Clinic

A **new home for exceptional bone and joint care** is now open at Sibley! On September 30, the Sibley Memorial Hospital Foundation celebrated the Gildenhorn Institute for Bone and Joint Health's new outpatient clinic, now welcoming patients.

Hosted by Dr. Bashir Zikria, Chief of Sports Medicine and D'Aniello Professor, the event honored the vision and generosity that made this space possible and marked **a new chapter in orthopaedic care at Sibley**.

To view the full photo album from the event **click here**. To learn more about supporting our Orthopaedics department, please contact **Kristen Pruski**.

View the Event Photos



Recognizing our Orthopaedics Team

A recent gift in support of Dr. Sandesh Rao and Sibley's orthopaedics team included special recognition for Taylor and Michael (pictured above) for their exceptional patient care.

Through the **Foundation's High-Five recognition program**, both staff members received pins in front of their colleagues—a meaningful moment made possible by a donor's gratitude.

To learn how you can **support orthopaedics** at Sibley or recognize a specific team member, please contact **Annie Newcomer**.

Give a High Five to a Team Member

Breast Cancer Awareness Month



In honor of Breast Cancer Awareness Month, the Sibley Memorial Hospital Foundation hosted a breakfast and conversation with some of Sibley's breast cancer care providers: Drs. Victoria Croog, Maureen O'Donnell, Pouneh Razavi, and Jenni Sheng, moderated by Foundation Trustee, Julia Ghafouri. The panel and Q&A highlighted the multidisciplinary team's natural collaboration, their tailored approach to each patient's care, how their clinical trials are advancing breast cancer treatment, as well as the power of philanthropy in supporting our patients and this important work.

Dr. Razavi also offers practical guidance on when to begin mammograms, how personal risk factors shape screening needs, and what to know about breast density. **Read "Mammogram Age Guidelines: What You Need to Know."**

A breast cancer diagnosis can bring worries that reach far beyond treatment—from how to get to appointments, to how to talk with loved ones about what comes next, and more. You can help patients and families face these challenges by **supporting hiring an additional social worker** dedicated to supporting breast cancer and gynecologic cancer patients. To learn more about the Sullivan Breast Center and our breast cancer care providers, please contact **Liza Boyd**.

Making a Difference Through a Donor-Advised Fund



For Tony and his wife, Sally, giving back is rooted in a simple belief: everyone deserves access to excellent care and compassionate support.

After Tony retired from a 60-year career at GEICO, the couple established a donor-advised fund (DAF) to support the causes closest to their hearts. Through their DAF, they have been able to thoughtfully direct their philanthropy towards hospitals, organizations serving children and families, and communities facing hardship.

Among the organizations they support is Sibley Memorial Hospital, a place that has been part of their lives for decades. Having worked nearby for much of his career, Tony first turned to Sibley in the late 1970s when he needed care for kidney stones. Over the years, he and Sally have continued to rely on the hospital for their

healthcare, building lasting appreciation for the exceptional treatment, guidance, and kindness they have experienced.

For Tony, those experiences reinforced the importance of supporting a hospital that puts people first. He believes everyone should have access to excellent medical care and trusted advice, particularly when navigating difficult health decisions.

That philosophy guides the couple's approach to giving. Each year, Tony and Sally take time to consider where their support can make the greatest difference. Their DAF makes that process simple, providing a flexible and meaningful way to give to the organizations they believe in.

Through their generosity, Tony and Sally are helping ensure that the same compassion and quality care they have experienced at Sibley remain available to others in their community for generations to come. We are grateful! If you would like to learn more about the benefits of giving through a DAF and the impact it can make, please reach out to **Andrea Travis** at 202-364-7696 or via email at **atravis@jhmi.edu**

Upcoming Events

Women and Bladder Cancer 2026 Educational Series Webinar: Research on Bladder Cancer, Nutrition and the Gut Biome
Wednesday, October 21 | 6 p.m. to 7 p.m.
Location: Zoom
Join Dr. Armine Smith and Jennifer J. Barb-Smith, PhD, MS for an informative discussion on new research related to bladder cancer, nutrition, and the gut microbiome.
*Register **here***

Aging on Your Terms Conference
Saturday, October 24 | 12 p.m. to 4 p.m.
Location: Zoom
Gain insight into managing your health, creating your written legacy, and engaging with the local Senior Village Movement. Registrants will receive a goodie bag with items from SSA sponsors; there will also be plenty of time for Q&A.
*Register **here** or call 202-364-7602*

National Prescription Drug Take-Back Day
Saturday, October 24 | 10:00 a.m. to 2:00 p.m
Location: Several Johns Hopkins locations
It's time to clean out your cabinets and drawers of unwanted or expired medications and dispose of them safely and securely. Drive up and drop off unused or expired prescription medication at several Johns Hopkins locations. Our staff will dispose of them for you safely, no questions asked.
Learn more

Fall into Balance: Integrative Morning at Sibley Memorial Hospital*
Saturday, November 7 | 9:30 a.m. – 12 p.m.
Location: Sibley Memorial Hospital
Join us at Sibley Memorial Hospital for a morning of self-discovery and renewal. Experience reiki, yoga, meditation, and artmaking while exploring practical tools to support your well-being.
*To register contact: **Margo Calkin** or 202-660-6954*

Self-Care with Art Expression*
Wednesday, November 11, Dec 9, and Jan 13 | 6 p.m. – 7 p.m.
Location: Zoom
Join art educator, Lauren Cook, MA to take a break from daily life and reconnect with your creative side through guided art activities designed for all skill levels. Attend one session or all sessions. No experience necessary.
To register contact: ***Margo Calkin*** or *202-660-6954*

Sibley Senior Association's Meditation and Mindfulness
Tuesdays | 11:00 a.m. and Thursdays | 1:00 p.m.
Location: Zoom
If you would like to prioritize your mental and physical health, please consider adding the Sibley Senior Association's Meditation and Mindfulness weekly sessions to your list. The practice helps people cultivate gratitude, manage stress, and improve sleep. Both first-time and experienced meditators are welcome!
Register for Tuesdays ***online*** | *Register for Thursdays* ***online***

For more information on the SSA, contact: **Heritage Ojeikere**, 202-364-7602 or view the full **program calendar**.

****Cancer support groups are for Sibley/Johns Hopkins Medicine cancer patients and caregivers only, and are free of charge thanks to generous support from our donors. For a full list of our support programs view the* ***event calendar****.*



Become a Monthly Donor: Set-and-Forget!
Your recurring support ensures we are always ready to care for our community.

Sibley Memorial Hospital Foundation provides philanthropic support for the mission and vision of Sibley Memorial Hospital. We invite you to join us on our journey to shape the future of healthcare.

Support Sibley Today!

In Case You Missed It...
You can now find the Foundation's monthly donor **e-news archived here**.

SIBLEY MEMORIAL HOSPITAL
JOHNS HOPKINS MEDICINE
5255 Loughboro Rd NW, Washington, DC 20016
(202) 537-4257
Sibleyfoundation.org

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Sibley Memorial Hospital Foundation | 5255 Loughboro Road, NW | Washington, DC 20016 US

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