

Sibley Memorial Hospital Foundation

YOUR IMPACT

Philanthropy In Action

October 2024

Monthly Update

Mammography and AI

October is Breast Cancer Awareness Month, and recently the Sibley Foundation hosted supporters at a breakfast to learn about the use of AI (artificial intelligence) in Mammography. The event featured Dr. Pouneh Razavi, Director of Breast Imaging in the National Capital Region, and Dr. Reem Saadeh-Haddad, Clinical Geneticist—both of whom practice at Sibley.



After skin cancer, breast cancer is the second leading cancer in women with a lifetime risk of one in eight, and it can affect men as well. Dr. Razavi reminded attendees that annual mammograms starting at age 40 are the gold standard in early detection, which improves outcomes for those diagnosed with breast cancer. Surprisingly, 75% of women newly diagnosed with breast cancer do not have a family history or other identifiable risk factor. According to National Cancer Institute data, the U.S. breast cancer death rate decreased by more than 30% since mammography screening became widespread in the early 1990s. The message is clear: annual mammograms save lives.

Since March 2024, every mammogram performed at Sibley is given a second reading by AI at no cost to patients. Data from the United Kingdom and United States comparing the performance of a dual reading to that of a radiologist alone showed reductions in false positives and false negatives. Dr. Razavi and the breast team meet monthly with the AI software creator to continually improve the algorithm's accuracy and effectiveness. This second reading is a hallmark of the thorough and comprehensive breast services that Sibley provides its patients.

Dr. Razavi also talked about the more than 40% of women who have dense breast tissue which can make it more difficult to detect breast anomalies. These patients can benefit from supplemental screening such as breast ultrasound, contrast-enhanced mammography, molecular breast imaging, or breast MRI/ Fast Breast MRI. Dr. Saadeh-Haddad spoke about the importance of genetic testing in certain cases which can identify risk factors that may indicate an increased risk of breast cancer.

Additionally, Dr. Razavi was featured on the podcast "Ask the Expert: What You Need to Know about Breast Cancer (**watch here:** <https://www.youtube.com/watch?v=MrJetUahiv8>).

We are grateful to Foundation Board Member Julia Ghafouri (flanked above by Dr. Saadeh-Haddad and Dr. Razavi) for moderating the event and for highlighting the impact of philanthropy on the care that the Sullivan Breast Center is able to offer its patients.

To make a gift in honor of someone diagnosed with breast cancer or to support the breast team, contact DJ Abernathy at DorothyJAbernathy@jhmi.edu.

Young Professionals Board Soiree: Get Your Tickets TODAY!

The annual Sibley Soirée hosted by the Young Professionals Board is **THIS THURSDAY, October 24th** at the National Portrait Gallery. The event will support expanded access to care in the John Hopkins Kimmel Cancer Center at Sibley.

For more information, contact Annie Williams at awill326@jhmi.edu.

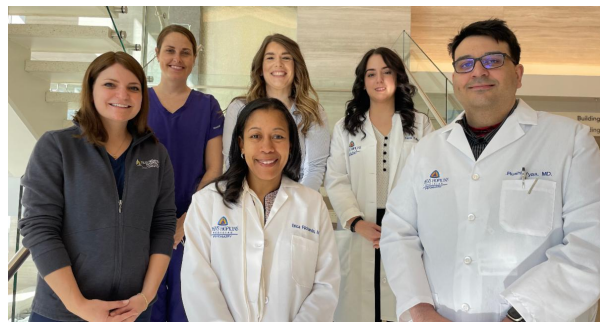


Event website: <https://www.eventcreate.com/e/2024-sibley-soiree>

National Portrait Gallery
8th St. N.W. and F St., N.W. Washington, D.C. 20001
Thursday, October 24 from 7:00p.m.-10:00p.m.

Message from a Grateful Patient

In late 2023, David was diagnosed with clinical depression confining him to, as he says, “a prison” until this summer when he was freed from depression by Sibley’s behavioral health team.



As with some patients like David, pharmaceutical interventions were not successful; however, David was cared for by Dr. Nina Ballone of Sibley’s Behavioral Health team (pictured) and was treated with ECT. Electroconvulsive Therapy, or ECT, is a treatment that causes the brain to have a generalized, or “grand mal,” seizure under medically controlled conditions. It is performed under the guidance of two doctors, a psychiatrist and an anesthesiologist. Each treatment is done while the patient is asleep (with general anesthesia) and takes only minutes to complete. It is a treatment option for patients who are diagnosed with severe depression. Sibley’s state-of-the-art ECT technology allows treatment with ultra-brief stimulation and due to the new technology’s more gentle effects on memory, patients experience a more sustainable, long-term maintenance treatment. Sibley is the only hospital in the area to provide ECT treatment.

David shared, “I am in awe at what I have been through and how the Sibley behavioral health team cared for me and gave me a helping hand I needed to return to my happy healthy self.” In appreciation to the team, David recently made a generous gift to support ECT patients who may need financial assistance with their co-pay, parking, or transportation. David says, “The behavioral health team and ECT changed my life. I made a gift in appreciation for the expert and compassionate care I received, and also to hopefully inspire others to support this amazing team and the work they do.”

Thank you, David, for your support. To learn more about supporting the Behavioral Health program, team and patients at Sibley, contact Andrea Travis at atravis2@jhmi.edu



Recently, staff celebrated a remarkable milestone in our journey of providing exceptional health care. For 130 years, Sibley Memorial Hospital has been dedicated to serving our community with compassion, innovation, and unwavering dedication. From our humble beginnings, to becoming a leading health care institution, we have always prioritized the well-being of our patients and their families.

Philanthropy launched Sibley and has been at the heart of our mission, enabling us to grow and innovate. We are grateful for the trust and support of our patients, community, staff, physicians, and donors. Your generosity has been a cornerstone of our success.

As we look back on our rich history, we are inspired to continue advancing health care and making a difference in the lives of those we serve. Here's to many more years of excellence and compassion. Thank you for being a part of our story!

Learn more about Sibley's history: <https://www.hopkinsmedicine.org/about/history/sibley-history>



Staff Certification: Melissa Guy

Melissa Guy currently serves as Administrative Coordinator in the Plant Operations department at Sibley and first learned about Sibley's donor-supported staff certification program at a time when she was eager to develop new skills to grow professionally. According to Melissa: "The support from Foundation donors made it clear that this was a chance I couldn't pass up."



She pursued the Healthcare Accreditation Certified Professional (Physical Environment) certification, which focuses on ensuring that healthcare facilities meet rigorous standards for safety and quality. Melissa says that completing this certification has opened new doors for her. "This program has not only deepened my knowledge but also boosted my confidence to take on more complex projects and responsibilities. I now feel equipped to contribute more meaningfully to my team and our organization. I'm excited about the potential for career advancement, and I hope my experience can encourage others to embrace their own professional development opportunities."

Thank you to the Foundation donors who help Sibley nurture and retain hard-working, mission-driven staff like Melissa. To learn how you can support staff education and certification efforts, contact Kristen Pruski at Kpruski@jhmi.edu.

You can now find the Foundation's donor e-news archived on this page:
[Sibley Foundation Donor E-news | Sibley Memorial Hospital Foundation](#)
 [\(hopkinsmedicine.org\)](http://hopkinsmedicine.org)

Your Sibley Community: Events

Yoga for Cancer Survivors, Wednesdays, 10 a.m., Free

For Zoom link and other information please contact Pam Goetz, Oncology Survivorship Program Manager, at pgoetz4@jhmi.edu.

Support Group for Women with Bladder or Urothelial Cancer, 1st Thursday Monthly, 12 p.m., Free

Led by the Johns Hopkins Sidney Kimmel Cancer Center at Sibley Memorial Hospital's Center for Patient and Family Services' program manager and genitourinary oncology social worker, this group is meant to help patients gain support and friendship by meeting others going through similar experiences. Space is limited; for Zoom link, please RSVP to Samantha Rockler, M.S.W. at srockle1@jhmi.edu.

**Support Sibley
Today!**



**SIBLEY MEMORIAL
HOSPITAL**
JOHNS HOPKINS MEDICINE

5255 Loughboro Rd NW, Washington, DC 20016
(202) 537-4257

Sibleyfoundation.org

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