

Sibley Memorial Hospital Foundation

YOUR IMPACT

Philanthropy In Action

June 2025

Monthly Update



Gratitude to Courtney Clark Pastrick

At Sibley Foundation's recent Board of Trustees meeting, the Foundation celebrated the dedication of trustee Courtney Clark Pastrick as she rotates off the Board after nine years. To honor her service, the Board approved a resolution to direct funds to support the Maternal Health Action Program (MHAP)—a program close to her heart—established by a generous investment by the A. James & Alice B. Clark Foundation. The MHAP supports expanded access to vital maternal health care for those in underserved parts of our community.

Thank you, Courtney, for your service, and the A. James & Alice B. Clark Foundation for providing funding to launch this program.

To learn more about how you can support the MHAP's mission to expand access to vital maternal healthcare, contact Kristen Pruski at kpruski1@jh.edu.

(Pictured: Foundation Board member Joe Del Guercio, Sibley President and COO Dr. Hasan Zia, Courtney Clark Pastrick, and Sibley Foundation VP Kristen Pruski)

Save the Date-Sibley Soiree Sponsorships are Available!

The 2025 Sibley Soiree will raise funds for the Maternal Health Access Program at Sibley--a

collaborative effort to care for expectant mothers who are at high risk for pregnancy-related complications. The program allows Sibley to expand access to prenatal and high-risk care by partnering with community-based providers to improve hospital services for the most fragile newborns, address adverse social drivers of health, train staff in health equity, and enhance outreach and education.

Save the Date: National Portrait Gallery on Thursday, November 6th

To view sponsorship opportunities, visit [2025 Sibley Soiree!](#)

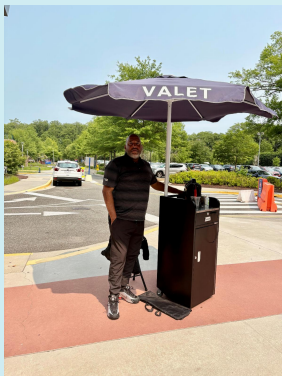


Honor Your Dedicated Caregiver: The Sibley Foundation "High Five" Award!

The Sibley Foundation "High Five" program recognizes dedicated Sibley staff and physicians who have been honored by Foundation donors for their excellence and compassionate care. When you make a gift to honor a Sibley staff member or physician, they are presented with a special High Five pin and a letter saying you have made a gift in their honor.

You, our generous donor community, continue to shower our dedicated physicians and staff with gratitude for their expert care. Most recently, Dr. Scott McNamara, Facial Plastic Surgeon and Otolaryngologist at Sibley was honored.

To honor your caregiver with a High Five Award, visit [High Five Award](#) today!



Valet Parking at Sibley

Valet parking is now open to all patients. This service is available Monday–Friday from 8 a.m. to 4 p.m. for a \$12 flat rate fee (no discounts, chaser tickets or coupons); this is the same as the three-hour garage rate. Patients can drive up to the Building B clocktower circle for this convenient service.

Mental Health Awareness Month

On ABC 7 News, Erica Richards, chair and medical

director of the Department of Psychiatry and Behavioral Health at Sibley Memorial Hospital, gives advice on managing your mental health during job changes.

To view the video: [Making a job change? How doctors say you can keep your mental health in check](#)

Making a job change? How doctors say you can keep your mental health in check

By Megan Clarke | Fri, May 16th 2025 at 3:20 PM
Updated Fri, May 16th 2025 at 5:52 PM



A sign at the U.S. Office of Personnel Management in D.C. (Photo)

Journey to Hope – DC: A Free Conference for Alzheimer's Family Care Partners

Saturday, June 21st from 12:30 to 5:30 p.m./Sibley Memorial Hospital, Building A

Are you caring for a family member or friend who has Alzheimer's Disease or related dementia? Feeling uneasy, underinformed, or overwhelmed? Join us at Sibley to learn more about Alzheimer's Disease, how to be a better care partner, and the importance of self-care. The first 100 people to register will receive Dr. Paula Duren's book, *On the Porch: Caring for a Loved One Living with Dementia*. Door prizes will be awarded to family care partners. Refreshments will be served.

Speakers:

Steven R. Sabat, Ph.D. – Non-Pharmacological Treatment to Help You and Your Loved One Living with Alzheimer's Navigate Each Day in a Better Way

Lolita Nidadavolu, M.D., Ph.D. – Latest Updates on Alzheimer's Research and Trials

Paula Duren, Ph.D. – Coping Strategies



Happy PRIDE Month

Sibley staff joined PRIDE month celebrations at the Capital Pride Festival on June 7 in the Johns Hopkins Medicine Pride information booth.

Thank you to our Sibley LGBTQ+ fund contributors who help Sibley's team raise awareness and provide support for programming and education for Sibley staff. To learn more about supporting the LGBTQ+, please contact Andrea Travis at atravis@jhmi.edu

In Case You Missed It... Foundation Donor E-newsletter

You can now find the Foundation's donor e-news archived on this page: [Sibley Foundation Donor E-news | Sibley Memorial Hospital Foundation \(hopkinsmedicine.org\)](#)

Your Sibley Community: Events

Yoga for Cancer Survivors, Wednesdays, 10 a.m., Free

For Zoom link and other information please contact Pam Goetz, Oncology Survivorship Program Manager, at pgoetz4@jhmi.edu.

Support Group for Women with Bladder or Urothelial Cancer, 1st Thursday Monthly, 12 p.m., Free

Led by the Johns Hopkins Kimmel Cancer Center at Sibley's Center for Patient and Family Services' program manager and genitourinary oncology social worker, this group is meant to help patients gain support and friendship by meeting others going through similar experiences. Space is limited; for Zoom link, please RSVP to Samantha Rockler, M.S.W. at srockle1@jhmi.edu.

**Support Sibley
Today!**



**SIBLEY MEMORIAL
HOSPITAL**
JOHNS HOPKINS MEDICINE

5255 Loughboro Rd NW, Washington, DC 20016
(202) 537-4257

Sibleyfoundation.org

Connect with us



Sibley Memorial Hospital Foundation | 5255 Loughboro Road, NW | Washington, DC 20016
US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!