

Sibley Memorial Hospital Foundation

YOUR IMPACT

Philanthropy In Action

April 2025

Monthly Update

Philanthropy Profile: Catherine Mason

Nurses are the foundation of the care we provide to patients at Sibley, but caring for others can be challenging and stressful at times. Generous donor Catherine Mason wanted to make sure that Sibley nurses are cared for in the same way they care for others. She had the idea to offer the opportunity to attend a resilience program tailored especially for nurses at a wellness retreat. Through her generosity, fourteen nurses were chosen to attend a retreat in the past two years.



The group enjoyed a wide range of individual and group self-care activities including yoga, guided hikes, games, and group dinners, and learned tips to lower stress and increase resilience during their workdays. Sibley resilience nurse Darleen Dagey participated in the first year of the retreat and said “I am so grateful to have been able to participate in this program. When your work involves caring for others, it’s important to care for yourself as well. After the retreat, I came back refreshed, recharged, and newly-inspired about my work.”

Another nurse shared: “Words cannot express my utmost gratitude to be a recipient of your sponsorship to the nurses’ resilience retreat. Your generosity reflects a deep appreciation of the work we do, creating a ripple effect of advocacy and empowerment. I’m truly grateful for the opportunity and experience.”

Improved nursing resilience increases staff retention and ultimately enhances the care they provide to patients. Thank you, Catherine, for your generous gift supporting our dedicated nurses. To support our vital nursing staff, contact Andrea Travis at atravis2@jhmi.edu.



Sibley Donors Support the Launch of Virtual Nursing Program

To address challenges in our nursing workforce, we are happy to announce the launch of the Virtual Nursing Discharge Program thanks to a generous investment from the A. James & Alice B. Clark Foundation. Through this hybrid virtual nurse role, we aim to reduce unit-specific length of stay, reduce and prevent post-anesthesia care unit holds, readmission of the patients discharged from the unit and improve the efficiency of the nurse's workflow—ultimately providing even more exceptional care for our patients. This is an additional service for patients and does not impact staffing in the hospital.

The program went live on 6B (orthopedics) and 5B (telemetry), and our care delivery teams and patients are already providing meaningful yet remarkable feedback around their experiences.

Thank you to our generous donors who have helped this program come to fruition. To support virtual nursing at Sibley, contact Kristen Pruski at kpruski@jhmi.edu.



Young Professionals Board Spring Events

Ladies Luncheon: Friday, May 2, 2025 from 11:30-2:00 at Chevy Chase Club

To register: [2025 YPB Ladies Luncheon | May 02, 2025](#)

The event will feature Sibley physicians who will focus on tips & tricks to maintaining a healthy lifestyle. Lunch will be served, and the event will conclude with an exciting drawing—all in support of the Maternal Health Access Program at Sibley Hospital.

Men's Event: Wednesday, May 7, 2025 from 6:00-9:00p.m. at Columbia Country Club

To register: [2025 Sibley YPB Guy's Night | May 07, 2025](#)

Join the men of the YPB in Columbia's main Clubhouse for buffet dinner, BBQ stations, and open bar. Sibley physicians will speak briefly and share manageable lifestyle tips to maintain your health.



PICKLEBALL TOURNAMENT
BENEFITTING THE JOHNS HOPKINS KIMMEL CANCER CENTER AT SIBLEY MEMORIAL HOSPITAL

SATURDAY MAY 10, 2025

REGISTER TODAY

DINK TO SUPPORT GASTROINTESTINAL CANCER RESEARCH

DILL DINKERS NORTH BETHESDA
4842 BOILING BROOK PKWY
NORTH BETHESDA, MD 20852

\$75 PER PERSON

MEN'S, WOMEN'S & MIXED DOUBLES
8:30 AM - 12:00 PM: DUPR 3.5-4.0 & 4.0-
12:30 PM - 4:00 PM: DUPR 2.5-3.0 & 3.0-3.5

ALL COMBINED DONATIONS WILL BE MATCHED UP TO \$10,000 BY PAULETTE AND STAN SHULMAN

DONATE TODAY

Dinks and Donks

Grab your racket and lace up your shoes for a pickleball tournament to benefit the Johns Hopkins Kimmel Cancer Center at Sibley in support of gastrointestinal cancer research.

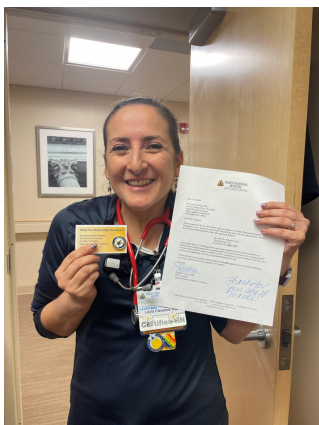
Saturday, May 10, 2025
Dill Dinkers North Bethesda

Donations will be matched up to \$10,000 by Paulette and Stan Shulman.

Hear more from Paulette who was treated by Sibley physicians:

[Paulette's Story](#)

Register Today!



Honor Your Dedicated Caregiver: The Sibley Foundation "High Five" Award!

The Sibley Foundation "High Five" program recognizes dedicated Sibley staff and physicians who have been honored by Foundation donors for their excellence and compassionate care. When you make a gift to honor a Sibley staff member or physician, they are presented with a special High Five pin and a letter saying you have made a gift in their honor.

You, our generous donor community, continue to shower our

dedicated physicians and staff with gratitude for their expert care. Most recently, Lucia Cisneros, BSN, RNC-MNN, Family Centered Care Unit received a pin and said, "I love my job. The smile and words my patients give me at the end of my shift are very rewarding, but when they go beyond their words, and show their appreciation in a bigger way, I feel pumped to keep doing what I do."

To honor your caregiver with a High Five Award, visit [High Five Award](#) today!



The poster features a central graphic of five runners in silhouette, colored in shades of blue, green, red, orange, and blue. Above them, the text reads "CELEBRATING SIBLEY NURSING". To the left, there are logos for "MAGNET RECOGNIZED" and "AMERICAN NURSES CREDENTIALING CENTER". Below the runners, a large blue box contains the text "5K". To the right of this box, the text says "WALK/RUN TO SUPPORT NURSING EXCELLENCE" and "REGISTRATION FEE: \$25 (INCLUDES T-SHIRT)". Below this, there is a QR code and the text "Lace-up for fun and fitness at Sibley nursing's walk/run event!". At the bottom left, it says "SATURDAY MAY 3, 2025 8:30 a.m.". At the bottom right, there is a dark blue box containing registration information: "Register using the link or QR code: eventcreate.com/e/sibleynurses", "Location: Boathouse Pavilion, Lake Needwood, 15700 Needwood Circle, Rockville, Maryland 20855", and the Sibley Memorial Hospital logo with "JOHNS HOPKINS MEDICINE" below it.

Join us at your own pace to celebrate Sibley nursing!
All activity levels welcome.

Saturday, May 3 at 8:30 a.m.
Lake Needwood - Boathouse Pavilion

Scan the QR or click the link below to learn more.

[Celebrating Sibley Nursing 5k Walk/Run](#)

DAISY Award for Nursing Excellence

The DAISY Award is one given to recognize nursing excellence at Sibley. Recently, Special Care Nursery Nurse Liane Mai Uy (pictured center) received a DAISY Award for extraordinary care.

Liane supported a new Sibley mother of twins who had this to say: "It is with heartfelt gratitude and

immense respect that we nominate Liane Mai for the DAISY Award. Liane is an outstanding Special Care Nursery nurse who has provided exceptional care for our twin boys, who were born at 34 weeks and needed specialized attention during their time in the nursery. Liane's attention to detail, professionalism, and genuine compassion ensured that both boys were well-fed, closely monitored, and lovingly cared for. Her extraordinary kindness and warmth extended beyond her care for my babies. She was also an incredible source of guidance and reassurance for us as parents."

The DAISY Award is supported by philanthropy. To learn more, contact Kristen Pruski at kpruski@jhmi.edu.



In Case You Missed It... Foundation Donor E-newsletter

You can now find the Foundation's donor e-news archived on this page: [Sibley Foundation Donor E-news | Sibley Memorial Hospital Foundation \(hopkinsmedicine.org\)](https://www.hopkinsmedicine.org/sibley-foundation-donor-e-news)

Your Sibley Community: Events

Yoga for Cancer Survivors, Wednesdays, 10 a.m., Free

For Zoom link and other information please contact Pam Goetz, Oncology Survivorship Program Manager, at pgoetz4@jhmi.edu.

Support Group for Women with Bladder or Urothelial Cancer, 1st Thursday Monthly, 12 p.m., Free

Led by the Johns Hopkins Sidney Kimmel Cancer Center at Sibley Memorial Hospital's Center for Patient and Family Services' program manager and genitourinary oncology social worker, this group is meant to help patients gain support and friendship by meeting others going through similar experiences. Space is limited; for Zoom link, please RSVP to Samantha Rockler, M.S.W. at srockle1@jhmi.edu.

**Support Sibley
Today!**



**SIBLEY MEMORIAL
HOSPITAL**

JOHNS HOPKINS MEDICINE

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(202) 537-4257

[Sibleyfoundation.org](https://www.sibleyfoundation.org)

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