JOHNS HOPKINS DEPARTMENT OF

Spiritual Care and Chaplaincy

2020 Annual Report



The Departments of Spiritual Care and Chaplaincy take their mission from an 1873 directive given to establish The Johns Hopkins Hospital and the Johns Hopkins University School of Medicine.

"It is my especial request that the influence of religion shall be felt in and impressed upon the whole management of the Hospital; but I desire, nevertheless, that the administration of the charity shall be undisturbed by sectarian influence, discipline or control."

Chaplains are the embodiment of faith and hope, inclusive and respectful of all religious and spiritual traditions with Johns Hopkins' patients, families, staff members, faculty members and students, and with our congregational medical-religious partners throughout Baltimore and the National Capital Region.

Letter from Spiritual Care Leadership

his has been an incredible year. In 2020, we began our work as leaders for spiritual care during a transitional period. Rev. Barbara McKenzie, director of pastoral care at Suburban Hospital, retired. Howard County General Hospital was preparing to welcome their new director of spiritual care, Rev. Csaba Szilagyi. The Clinical Pastoral Education program in the academic division lost their director of clinical pastoral education, Rev. Christopher Brown. As the first weeks of the pandemic occurred, we welcomed Rev. Philip Ridley in his new role at Suburban and Rev. Terry Owens at All Children's Hospital in Florida. It was the first time, as leaders of spiritual care across the Johns Hopkins enterprise, that we had met to work in collaboration.

In this report, you will hear about our work together to make sure patients received spiritual care, especially during this extraordinary time when there were no

visitors allowed. We will tell you about our support of the community including our clergy colleagues. A big part of our focus was to support Johns Hopkins workers and clinical providers in a comprehensive way. Finally, you will see photos of our educational programs for chaplain students, which we held virtually.

We stand firmly with all who have so bravely faced into the COVID-19 pandemic. We commit to hold fears and anger and joy as we navigate through and from this time. As Holocaust survivor, neurologist and author Victor Frankl said, "There was no need to be ashamed of tears. For tears bore witness that one had the greatest of courage, the courage to suffer." May we as Johns Hopkins institutions continue to work together in courage. We lift up the work we have done as departments of spiritual care and chaplaincy.



Rev. Paula J. Teague, D.Min., M.B.A. Senior Director, Spiritual Care and Chaplaincy Johns Hopkins Health System Johns Hopkins Bayview Medical **Assistant Professor, Johns Hopkins University School of Medicine**



The Reverend Sheila McNeill-Lee, M.S.J., M.Div. **Director, Chaplaincy Services** Sibley Memorial Hospital



Rev. Csaba Szilagyi, M.Div., M.L.A., M.S. **Director, Spiritual Care and** Chaplaincy **Howard County General Hospital**



Thomas Y. (Ty) Crowe, II, M.Div. **Director, Spiritual Care and** Chaplaincy The Johns Hopkins Hospital



Chaplain Philip Ridley, D.Min. **Director, Spiritual Care** Suburban Hospital



Terry Owens, M.A.T. Staff Chaplain, Spiritual Care and **Chaplaincy** Johns Hopkins All Children's Hospital



Support the Well-Being of Our People and Our Communities

his is the primary work of the Department of Spiritual Care and Chaplaincy — caring for patients and their loved ones. We celebrate each person on our team for all they do. This year, we welcomed new members to the spiritual care team — Rev. Csaba Szilagyi, Dr. Philip Ridley, Rev. Keri Olsen Paget, Rev. Spencer Alford, and Rev. Paulette A. McPherson. We celebrated the promotions of Rev. Matt Norvell and Father Laby Panackamattom. Rev. William Johnson moved from a grant-funded position to community chaplain. Rev. Rhonda Cooper and Rev. John Ponnala celebrated 15 years of service. Linda Johnson-Harvey was recognized for her 30 years of pastoring.



Rev. Csaba Szilagyi was named Director of Spiritual Care and Chaplaincy at **Howard County** General Hospital.



Dr. Philip Ridley was named **Director of Spiritual Care** and Chaplaincy at Suburban Hospital.



Rev. Keri Olsen Paget was named **Clinical Pastoral Education** Educator/Chaplain for Spiritual Care and Chaplaincy at Johns Hopkins **Bayview Medical** Center.



Rev. Rhonda Cooper celebrated 15 years of service with The Johns Hopkins Hospital.



Rev. John Ponnala celebrated 15 years of service with The Johns Hopkins Hospital.



Rev. Spencer Alford was named Cardiovascular **Intensive Care Unit and Center** for Congenital **Diaphragmatic** Hernia Chaplain for Spiritual Care and Chaplaincy at Johns Hopkins All Children's Hospital.



The Rev. Paulette A. McPherson was named Staff Chaplain for **Spiritual Care** and Chaplaincy at Sibley Memorial Hospital.



Rev. Matt Norvell was named Clinical Manager for Spiritual Care and Chaplaincy at The Johns Hopkins Hospital.



Panackamattom was promoted to Lead Chaplain at **Howard County General Hospital.**



Rev. William Johnson was named Community **Chaplain for Johns** Hopkins Medicine.



Linda Johnson-Harvey was recognized for her 30 years of pastoring by **Baltimore City** State's Attorney Marilyn Mosby.

Response to Pandemic — Employee Support

he COVID-19 pandemic has challenged everyone. The Johns Hopkins Health System hosted a variety of virtual prayers to provide solace and remind us of our strength and resilience. These sessions enabled us to move through this time as a diverse community, united together to share love and gratitude in spite of the many challenges.

You can find the recordings at www.hopkinsmedicine.org/spiritualcare/virtual_prayer. In addition to the virtual interfaith prayers, our team provided:

- Daily prayer with the Progressive Care Unit at Johns Hopkins Bayview Medical Center (Peter Heikkinen)
- Self-Guided meditation and gratitude wall at Howard County General Hospital (HCGH) Chapel



Ty Crowe leading a meditation in the Johns Hopkins Hospital Incident Command Center.

In addition, our group:

- Provided meditations and spiritual support to the Incident Command Center at The Johns Hopkins Hospital (JHH)
- Provided monthly reflections at the Leadership Management Meetings at HCGH
- Held caring conversations for employee support at HCGH
- Organized resiliency boards for employees to share "How do you stay resilient?" for Patient Safety Day at HCGH

My Whole Self

BIBLE STUDY FOR CHRISTIAN WON

- Held crisis leadership training in collaboration with the Office of Well-Being at HCGH (Csaba Szilagyi)
- Provided monthly reflections at Child Life Department staff meetings at All Children's Hospital (Terry Owens)
- Led a weekly Christian women's group at JHH (Tamekia Milton)

The Sibley Resilience Resource Room creates a supportive environment for all employees. The Resilience Resource room, named by some employees "An Oasis of Calm," encourages employees to take a few minutes of downtime to unwind, relax, stretch and/or meditate. Created originally out of a need to support the employees during the COVID-19 pandemic, the room provides spiritual and emotional literature and aromatherapy. The room also features a monitor showing inspirational mantras. There are posters and pictures

encouraging self-care practices, as well as a computer that includes the CALM app. Free water, snacks, coffee, and teas are supplied daily by Chaplaincy Services. Employees have the option to leave prayers on a prayer wall and engage in mindful meditation with coloring books. Chaplaincy Services designed and developed this room, the first of its kind in the Johns

Hopkins system. The room design was supported by Sibley's Employee Resilience Committee. The room has been featured on the ACPE (Association of Clinical Pastoral Education) Facebook page: facebook. com/groups/AssocforCPE/permalink/10157074642836712.



Prayer wall at Sibley Resilience Resource Room.



Entrance to the Sibley Resilience Resource Room.

Response to Pandemic – Chaplaincy in the News

WYPR radio featured spiritual care in two episodes of the program "On Point." Rev. Denise White, Johns Hopkins Bayview Medical Center's staff chaplain, discussed chaplaincy in the time of COVID-19. To listen to her interview, visit https://www.wypr.org/post/providing-pastoral-care-during-pandemic. Rev. William Johnson, community chaplain at Bayview, shared information about community faith group challenges and opportunities during the pandemic. To listen to his interview, visit https://www.wypr.org/post/faith-communities-provide-trusted-information.

WAMU radio featured Matt Norvell, The Johns Hopkins Hospital's staff chaplain and clinical manager, in "Portraits from a Pandemic: Hospital Chaplain Comforts Patients 'Hurting, Scared and Isolated.'" To listen to his interview, visit https:// wamu.org/story/20/12/14/portraits-from-a-pandemic-hospital-chaplain-comforts-patients-hurting-scared-and-isolated/.

Response to Pandemic - Patient Care

Before 2020, chaplains joined the health care team by the bedside. High touch and presence were the standard of care for chaplains. In 2020, chaplains joined the health care team in scrubs, often seeing COVID-19 patients by phone or iPad from a doorway. Yet they found novel ways to still provide presence.

Chaplains shifted to spending more time with medical teams and departments. We found new partnerships that integrated spiritual care into the workings of mental, emotional and spiritual support. The Office of Well-Being facilitated this collaboration, which made it easier for us to ensure that we were working like one organization in a seamless delivery of worker and clinical provider support.

Not every employee is religious, and as chaplains we are aware of the diversity in belief and non-belief. We stretched our services to make sure chaplains could meet staff and clinical providers wherever they were—in need of prayer, a listening ear, or an inspirational word.

Statistics were reported to the central Incident Command Center as part of the focus on worker and clinical provider support. Below are fiscal year 2020 statistics for the spiritual care departments in the Johns Hopkins Health System.



Before 2020, chaplain at the bedside.



In 2020, Denise White and Lisa Haywood gearing up in PPE.

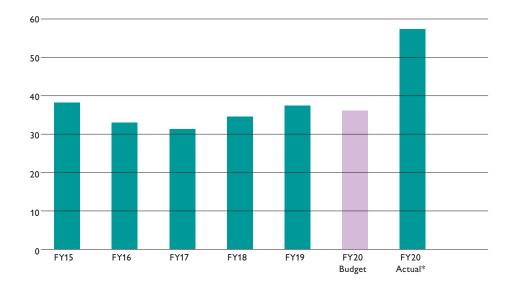


In 2020, Naftali Rabinowitz and Patrick Besel geared up in PPE.

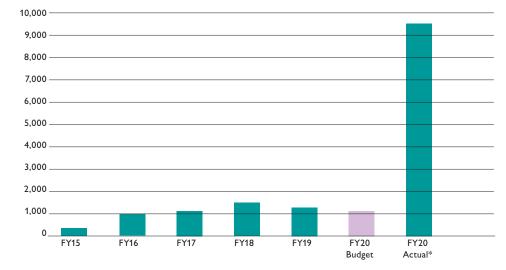


Performance – By the Numbers

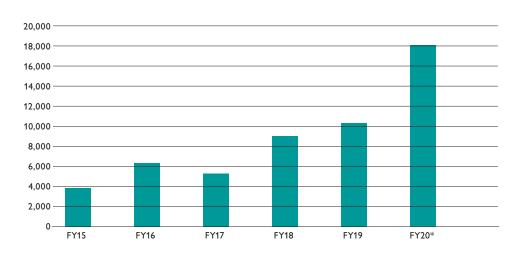
Patient Encounters (thousands)



Patient Rounds



Total Employee Contacts



^{*} Our FY 20 numbers are higher than budgeted as we started collecting numbers from all entities in March.



Response to Racial Injustice

uring the turbulent times of violence against people of color, the Johns Hopkins hospitals found ways to support employees and stand in solidarity to say, "Black Lives Matter." Sibley Memorial Hospital, in coordination with the Diversity Council, Human Resources and Chaplaincy Services, held several events. The Rev. Sheila McNeill-Lee, chaplaincy services director, led employees in prayers, silence and reflections during a White Coats for Black Lives service, a candlelight vigil for night employees, and a Black Lives Matter reflection. During all three of these events, 8:46 seconds of silence was observed.

Our staff also facilitated these events:

- Town Hall with Montgomery Police Department (Suburban Hospital)
- · Listening Sessions/Diversity Dialogues (Johns Hopkins Bayview Medical Center, Suburban Hospital)
- A Time for Healing, an 8:46 second reflection via Zoom (Hosted by The Johns Hopkins Hospital and Johns Hopkins Bayview Medical Center)
- Crisis Leadership Training (Howard County General Hospital in coordination with the Office of Well-Being)

Sibley employee Tiffany Payne with her two sons at the White Coats for Black Lives event at Sibley Memorial Hospital.









Members of Sibley executive team Dr. Laura Hendricks-Jackson, vice president of patient care services and chief nursing officer, far left; Dr. Hasan Zia, president, center, with Chaplain Sheila McNeill-Lee (second from left) and night staff.



Suburban Hospital's Diversity and Inclusion Council, Human Resources and Spiritual Care and Chaplaincy Services celebrated "Back lives Matter" by providing an opportunity for staff members to reflect, pray and observe 8:46 seconds of silence. Chaplain Philip Ridley, chaplaincy services director; Leighann Sidone, interim president and vice president of nursing/ chief nursing officer; and many of the executive leadership team facilitated this solemn moment.



Response to the Community

It was a distressing time for our community clergy colleagues who were so used to being in the hospital to support their parishioners. We were able to develop common practices to support local clergy in virtual visitations and provide patient support in person when necessary.

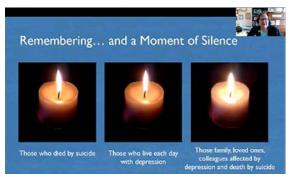
Our staff performed the following functions:

- Held a service of remembrance for persons who died by suicide (depression awareness)
- Provided spiritual and religious support for the Baltimore Convention Center Field Hospital
- Offered a faith leader wellness workshop for Baltimore City community faith leaders
- Offered a faith leader wellness amid COVID-19 workshop for Howard County faith community leaders
- · Initiated a faith leader virtual forum with Howard County General Hospital leaders about the hospital's COVID-19 response in the community
- Held medical-religious partners (MRP) virtual brunches reaching 75 people – topics focused on opioid addiction awareness, substance use disorder awareness, COVID-19 vaccine trials, the importance of the flu vaccine, mental health and trauma
- Collaborated with Medicine for the Greater Good (MGG) and the Healthy Community Partnership (HCP) to provide meditations, prayers and spiritual perspectives for COVID-19 for 50 community calls reaching an average of 4,000 of community partners
- Collaborated with various community clergy organizations (i.e., East Baltimore Clergy Health Resource Community Collaboration, Ministers Conference of Baltimore, Baptist Ministers Conference of Baltimore, etc.) regarding response to COVID-19 and depression awareness among clergy
- Collaborated with the Healthy Community Partnership to provide 15 workshops on grief and other dimensions of spiritual self-care for caregivers during caregiver cafes, Called to Care conferences and caregiver workshops
- · Participated in International Overdose Awareness Day and Baltimore Overdose Awareness Day on Aug. 31, 2020. We reached over a dozen congregations.
- · Collaborated with community-based caregivers organization to provide workshop on self-care along with prayers and meditations

- · Assisted in developing the curriculum for the Congregational Depression Awareness Program (CDAP). There have been two cohorts with 20 people.
- Participated in the East Baltimore Community Thanksgiving Dinner and First Responders Awards program and worshipped with Operation P.U.L.S.E. (People United to Live in a Safe Environment)
- Participated in Community Night Out with Operation P.U.L.S.E.
- Contacted 30 community clergy on a regular basis to offer encouragement, prayer and hospital resources as they led congregations through the COVID-19 pandemic
- · Collaborated with Medicine for the Greater Good to connect churches with medical advice regarding reopening church buildings
- Participated in Suburban Hospital community health and wellness program to increase awareness of colorectal cancer in African-American men
- · Apostle Linda Johnson-Harvey, also administrative coordinator at The Johns Hopkins Hospital, participated in community ministry at the House of Ruth Maryland with survivors of domestic trauma and the trauma healing institute. To learn more about the trauma healing efforts in Baltimore, please visit https://thrivebmore.org/ baltimore-trauma-informed/



Johns Hopkins Bayview's **Sidney Kimmel** Comprehensive **Cancer Center** lit up purple for Overdose Awareness.



Screenshot from Service of Remembrance for Persons who Died by Suicide.

Aim for Precision in Everything We Do



Chaplain Denise White sharing inspirational words with staff.



Peter Heikkinen, Denise White and Lisa Haywood geared up in PPE.

nursing director said of us, "I wanted to send you and your team a big 'Thank You' for all you have done during COVID. Many of the nursing staff feel that other disciplines have shied away from being visible...but your team has been ever present on all the units! Much appreciated!!" Our spiritual care departments uniformly put patient care first, making sure that in the extraordinary time when no visitors were allowed, therefore limiting emotional support, we still could be present.

Innovations in delivering patient care

ADVANCE CARE PLANNING

In collaboration with the Department of Surgery, Chaplain Denise White contacts at-risk elders before surgery. These calls are supportive of the patient and care partner as they prepare for surgical procedures. The calls establish whether the patient has advance care planning documents — a living will and/or a named health care agent. In making the calls, 30% of patients without a health care agent named one. Chaplain White has reported that these patients sometimes do not realize that their caregiver or care partner should be named in this official capacity in order to speak for the patient should they be unable to speak for themselves. Chaplain White says, "they are also really glad to see me when they come in for surgery. I am a familiar voice to them from the phone call and we build on that call for a more supportive relationship."

THIS IS MY STORY (TIMS) PROGRAM

This an effort originating with Elizabeth Tracey, graduate of the chaplain training program and a chaplain volunteer who is also a medical reporter at Johns Hopkins. Patients who are vented during COVID-19 with no family visitors allowed challenge care providers to know the patients' stories. TIMS is a way for families to provide a short audio recording that the medical team plays at rounds so that the team can learn more about the patient. See a video about the program at https://youtu.be/ cEUf46Mnk8U.

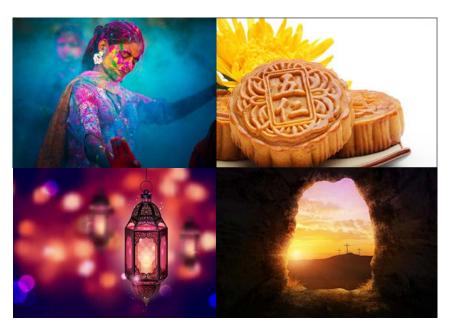
TELECHAPLAINCY

Telechaplaincy became a way of bringing spiritual support to patients and families. Spiritual Care expanded to provide support at the COVID-19 field hospital and nursing homes, and for families who were at home unable to visit their loved ones.

Innovations in Education

The Johns Hopkins Medicine Clinical Pastoral Education program at The Johns Hopkins Hospital, Johns Hopkins Bayview Medical Center and Sibley Memorial Hospital developed systemwide anti-racism and implicit bias awareness seminars. These monthly seminars are open to all Clinical Pastoral Education students, Spiritual Care and Chaplaincy staff, and the Clinical Pastoral Education Professional Advisory Group members.

We also continued to add to the Cultural and Religious Observance Toolkit. It has grown to 70 fact sheets this year, all housed on the Johns Hopkins Medicine website. This has been an enterprise-wide project that has met with many expressions of gratitude, including this comment: "I am proud to work for an institution that values diversity."



Pictures from Fact Sheets from the following observances: Eid al-Adha, Double Ninth Festival, Holi, and Easter.

https://www.hopkinsmedicine.org/diversity/resources/cultural-materials/ religious-cultural-observances.html



Work Like One Organization



The Johns Hopkins Hospital and Johns Hopkins Bayview Medical **Center have trained volunteers** and implemented NODA at their respective campuses.

NODA — No One Dies Alone

No One Dies Alone is a program that provides companionship and support to patients who are nearing death. If a patient doesn't have family or friends to be with them at the end of their life, a trained volunteer sits vigil with the individual to ensure they do not die alone. Suburban Hospital was the first to have a NODA program. The Johns Hopkins Hospital and Johns Hopkins Bayview Medical Center have trained volunteers and implemented this program at their respective campuses. Due to COVID-19, volunteers have not been allowed in the hospitals, which has impacted this program development at Sibley Memorial Hospital.

R.I.S.E. — Resilience in Stressful Events

The R.I.S.E. program is a peer-responder program that provides psychological first aid and emotional support to health care professionals following difficult events. R.I.S.E. peer responders provide skilled, nonjudgmental and confidential support to individuals and groups. Rev. Matt Norvell, pediatric chaplain at The Johns Hopkins Hospital, and hospital colleagues have implemented R.I.S.E. programs and trained peer responders at 13 institutions across the country. This year, R.I.S.E. has been implemented at Johns Hopkins All Children's Hospital, Suburban Hospital and Sibley Memorial Hospital. All Children's has had 24 requests for support for fiscal year 2020.

EASE — Emergency Assistance Support for Employees

Sibley Chaplaincy Services developed an employee hardship program, EASE, which became an implementation model for other Johns Hopkins hospitals during the COVID-19 pandemic.

EPIC

Johns Hopkins All Children's Hospital went live with the EPIC electronic medical record system this year. All Johns Hopkins entities are now using EPIC with a harmonized spiritual care assessment tool and chaplain documentation.

Clinical Pastoral **Education Program**

oward County General Hospital (HCGH) has been approved as a site for the Johns Hopkins Medicine Academic Division (JHMAD) Clinical Pastoral Education program. HCGH has their first CPE resident and CPE intern this year. The JHMAD is working on getting HCGH approved as a satellite site.

The chaplain educational programs at Sibley Memorial Hospital, Johns Hopkins Bayview Medical Center, and The Johns Hopkins Hospital shifted to a virtual format this year. Zoom chaplaincy training is something we had practice with from our distance learning program. We used that experience for students in all training settings. Like our communities, students varied in their access to technology and equipment. One of the proudest moments for us was making sure that everyone had the technology they needed to participate.

Spiritual Care Leadership Meetings

he work of the spiritual care leaders as a collaborative group became more intentional during the pandemic. Leaders talked weekly to share strategies and develop common practices across the spiritual care departments in the Johns Hopkins Health System.

Ethics Consultation Service

he spiritual care teams across the health system serve on the ethics committees for entity hospitals. This means that chaplains are involved in ethics consultations as well as policy review and system ethics issues. We thank each one for their service on the respective committees.

The Johns Hopkins Hospital:

Ty Crowe, Matt Norvell, John Ponnala and Tamekia Milton

Johns Hopkins Bayview **Medical Center:**

Paula Teague, Peter Heikkinen, Denise White and Greg Rapisarda

Howard County General Hospital:

Laby Panackamattom

Sibley Memorial Hospital:

Paulette McPherson and Sheila McNeill-Lee

Suburban Hospital:

Philip Ridley

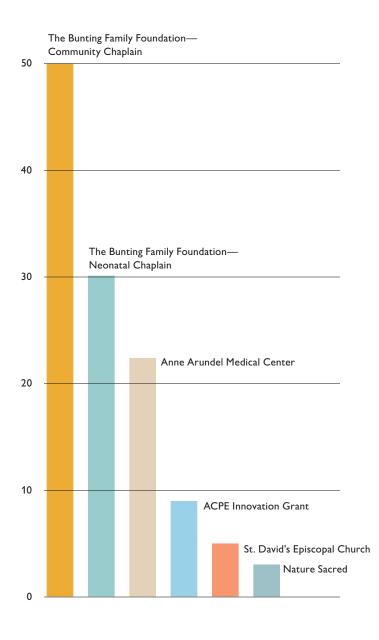
All Children's Hospital:

Spencer Alford

Improve the Quality and Affordability of Health Care

Grants

(Thousands)



Grants: \$119,400
The Bunting Family Foundation— Community Chaplain:
The Bunting Family Foundation— Neonatal Chaplain:
St. David's Episcopal Church:\$5,000 St. David's Episcopal Church provided \$5,000 to the Johns Hopkins Medicine Clinical Pastoral Education program. A portion of these funds were used for tuition assistance as many students found themselves in financial distress as a result of the COVID-19 pandemic and to support anti-racism education.
Anne Arundel Medical Center:\$22,400 Mrs. Robert Lantz (Katherine) provides funding for the CPE educator to implement the CPE program at Anne Arundel Medical Center.
ACPE Innovation Grant:
Nature Sacred:\$3,000 Nature Sacred, previously TKF Foundation, provided

a grant to add a memorial bench to the Johns Hopkins

Bayview Medical Center's labyrinth.

Push the Boundaries of Science and Education

Contributions to the Field of Chaplaincy and **Education**

In Our Hospitals

- · Coordinator for the Annual Sidney Kimmel Comprehensive Cancer Center's Service of Remembrance (Cooper)
- Co-chair for program, Fall Cancer Survivorship Conference (Cooper)
- Member, Brager Awards Committee (Cooper)
- · Meet with medical oncology fellows as part of their palliative care clinical rotation, to discuss chaplain role, spiritual assessment and challenges and provide optional shadowing opportunity (Cooper)
- Member, JH Cancer Committee (Cooper)
- Served on the Palliative Care Committee (McNeill-Lee, McPherson, Ridley)
- · Served on the Research Review Committee (McNeill-Lee, Ridley)
- Served on the Employee Resilience Work Group (McNeill-Lee)
- Served on COVID-19 Employee Community Strategy Work Group (McNeill-Lee)
- · Served on the Diversity and Inclusion Committee (McNeill-Lee, Ridley, Teague)
- · Served on the Patient and Family Advisory Council (McNeill-Lee, Teague)
- · Served on the Employee Appeals Committee (McNeill-Lee)
- · Participated in the design and support for two interfaith rooms at Sibley - a Muslim Prayer Room and a Jewish Kosher Dining and Prayer Room (McPherson, McNeill-Lee)
- Participated in the annual Rev. Dr. Martin Luther King Jr. Commemorative Service, providing words of inspiration and the invocation (Milton)

In Our Region

- · Served as Association for Professional Chaplains representative for Maryland and Washington, D.C. (Cooper)
- · Served on the Chase Brexton Health Care Board of Directors (Teague)

In Our National Chaplaincy **Organizations**

- · Mentor chaplains in the process of board certification, including editing essays and preparing for committee interviews (Cooper, McNeill-Lee)
- Served on the Association for Clinical Pastoral Education (ACPE) Outcomes Work Group (Milton)
- Served as Association for Professional Chaplains Certification Chair for MD, PA, DE and NJ (Ponnala)
- · Served as the Member on Commission for Board of Chaplaincy Certification, Inc. (Ponnala)
- Served on the ACPE Research Committee (Szilagyi)
- · Served on the ACPE Board of Directors (Teague)
- · Served on the Editorial Board for the Journal of Religion and Health (Teague)



Tamekia Milton speaking at the annual MLK **Commemorative** Service.

CPE Student Groups

Winter 2020 Caring for the Peacemakers



Ardelia Huntley-Wilson, Allayne Stevens, Sybil Johnson, Michael **Shochet, Thomas Carney and** Michelle Lee.

Spring 2020 Johns Hopkins Hospital



Noble Nemieboka, Teisha Nicholas, Heather Olson, Jesús Rivera, Sandra Mack-Diggs Smith and Naftali Rabinowitz.

Spring 2020 Johns Hopkins Bayview



Louis Ben, Derek Miller, **Ambrose Onwuegbuchulem and** Theresa Jones.

Summer 2020 Sibley Memorial Hospital



Paulette A. McPherson, Alexander Stall, Catherine Manhardt, Sheila McNeill-Lee (CPE Educator) and Kevin Smith, TOR.

Fall 2020 Johns Hopkins Hospital



Rodney Eugene, Josh Rodriguez-Hobbs (CPE Educator), Sandy Mack-Diggs Smith, Keith Miller, Theresa Jones, Heather Olson and Emily Stern.

Fall 2020 Johns Hopkins Bayview



Therese Borchard, Louis Ben, Annie Mesaros, Albert Conerly Jr., Christopher Tunji-Ekundayo, Kris Zyla and Miriam Burg.

Fall 2020 Distance Learning (Level I)



Dustin Youngstrom, Ty Crowe (CPE Educator), Andrew Gregg and Jim Smyrl (not pictured: Tracie Hess).

Fall 2020 Distance Learning (Level II)



Bill Weber, Keri Olsen Paget (CPE Educator), Patrick Besel, Ambrose Onwuegbuchulem, Amy Strano and Ali Cohen.

2020-21 **CPE** Residents



Carter Askren (HCGH), Tamekia Milton (CPE Educator), Andreas Andreou (JHH), Alejandro Mejia Porras (JHH), Andy Eaker (JHH), Omotayo Coker (JHH), Naftali Rabinowitz (JHH) and Jesús Rivera (JHBMC).

We are very proud of the diversity of the CPE program















We have 18 students who identify as female and 25 students who identify as male.

This includes nine African-American, one British Afro-Caribbean, one Colombian, 18 Euro-Americans, one Greek, one Haitian, one Jamaican, five Jewish, one Latinx and five Nigerian students.

Our learners come from all age groups from 20-79; more than half are between ages 30 and 49.

They include 12 different Christian denominations, five Jewish students, one **Buddhist student** and one Unitarian Universalist.

We also have one openly gay student.

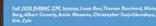


The Certified Educator Candidate (CEC) Consortium group continued to meet monthly every third Wednesday of the month.

Blessing of the Hands



CPE Student Pinning Ceremony



Our Academic Division CPE program hosted a virtual CPE hand blessing and pinning ceremony for the Fall 2020 CPE interns and 2020-21 CPE residents. Below are screenshots from this virtual ceremony.



Clinical Pastoral Education Graduation

he Johns Hopkins Medicine Academic Division hosted virtual graduation programs this year. Graduation for the Anne Arundel Medical Center CPE interns, Community Partners CPE interns, Caring for the Peacemakers CPE interns, and the 2019-2020 CPE residents took place on Aug. 14, 2020. Graduation for the summer CPE group at Sibley Memorial Hospital took place on Aug. 21, 2020. Graduation for the Spring 2020 Johns Hopkins Hospital and Johns Hopkins Bayview Medical Center CPE interns took place on Sept. 11, 2020.



Screenshot from the virtual JHMAD graduation on Aug. 14, 2020.



Summer 2020 Graduation at Sibley Memorial Hospital on Aug. 21, 2020.



Screenshot from the virtual JHMAD graduation on Sept. 11, 2020.

Featured Speaker

PATRICIA FOSARELLI, M.D., D.Min.

Associate Dean for St. Mary's Ecumenical Institute Senior Chair, Professional Advisory Group (PAG) Johns Hopkins Medicine Academic Division CPE Program

Clinical Pastoral Education Awards

Distinguished Service Award

Sandy Johnson Community Partner Award

Paula M. Neira, RN, Esq. **Clinical Program Director for** the Center for Transgender Health. Johns Hopkins Medicine.





Pastor N. Matthew Stevens Coordinator of Faith-**Based and Community Programs Baltimore Police** Department, Youth and Community Division.

Recent Publications:

A list of all publication can be found at https://www. hopkinsmedicine.org/spiritualcare/publications.html.

Connors C, Norvell M, Wu A. Peer support for nurses as second victims: resilience, burnout, and job satisfaction, Journal of Patient Safety and Risk Management (2019), https://doi.org/10.1177/2516043519882517.

Ferrell B, Chung V, Koczywas M, Cooper R et al. Spirituality in cancer patients on phase 1 clinical trials, Psycho-Oncology (2020 June), 29(6), 1073-1083.

Galiatsatos P, Cudjoe TK, Bratcher J, Heikkinen P, Leaf P, & Golden SH. Second victims: aftermath of gun violence and faith-based responses, Journal of Religion and Health (2020) https://doi:10.1007/s10943-020-01112-6.

Gupta A, Sedhom R, Middleton E, Cooper R, Knight L, et al. Hospice length of service in patients with advanced gastrointestinal cancers treated at an NCI-designated cancer center, Journal of Clinical Oncology, (2020) 38(4 suppl). https://doi:10.1200/JCO.2020.38.4_suppl.812.

Heikkinen P. How to Process Emotions as a Team, CLOSLER Miller Coulson Academy of Clinical Excellence, Johns Hopkins University School of Medicine.

Hunsberger J, Crowe T, Cooper R, Smith T. How and Especially Why Clinicians Should do a Spiritual Assessment, in The Impact of Culture and Beliefs in Cancer Care, Oxford University Press, in press.

Kowalski K, Featured in Johns Hopkins School of Medicine's online magazine, Biomedical Odyssey, 8 Oct 2019, https:// biomedicalodyssey.blogs.hopkinsmedicine.org/2019/10/ insights-from-a-neonatal-chaplain/.

Moale, A., Norvell, M. Respecting a patient's religious values near the end of life. Elder Care, The University of Arizona College of Medicine, Center for Aging (February 2019), https://pogoe.org/sites/default/files/Religion%20 and%20End-of-Life%20Care%20-%20Part%202.pdf.

Norvell M, Faculty consultant for Palliative Care chapter in The Harriet Lane Handbook, 22nd ed., 2020.

Riggs A, The COVID-19 Context Calls for a Broader Range of Healthcare Chaplaincy Models: An Exploratory Translational Study Utilizing Evolutionary Psychology and Social Neuroscience Loneliness Research. Journal of Pastoral Care & Counseling (November 2020), https://doi. org/10.1177/1542305020962417.

Schuster, Yael, The Right Words, in Mishpacha, Jewish Family Weekly, 29 April 2020, https://mishpacha.com/theright-words-2/.

Teague P, Kraeuter S, York S, Scott W, Furgan M, Zakaria S. The role of the chaplain as a patient navigator and advocate for patients in the intensive care unit: one academic medical center's experience. Journal of Religion and Health (22 June 2019), https://doi.org/10.1007/s10943-019-00865-7.

2020 Presentations

Presented "Spiritual Support for Patient and Family Members" for SOARING program (Success, Ownership, Accountability, Responsibility, Respect, Independence, Integration and Growth), a program that prepares certified nursing assistants to practice in an advanced direct patient care role (Cooper).

Back-up instruction on "Bereavement Issues, Role of Staff, Strategies for Response" for clinical customer service representative and clinical customer service coordinator orientation of new staff (Cooper).

Presented "Spiritual Support: Collegiality and Collaboration" monthly for nurse intern program, as well as Blessing of the Hands (Cooper).

Presented Sunday morning session on hope for metastatic patient/caregiver retreats (Cooper).

Coached/mentored in Palliative Foundations course for physician interns (Heikkinen).

Presented "Personal Narratives in Goals of Care Conversations" to Johns Hopkins Hospital palliative care medical fellows (Heikkinen).

Presented "Complicated Grief Paradigm" to police chaplain CPE Group (Heikkinen).

Presented "III Act Narrative Approach to Goals of Care Conversations" to CPE residents (Heikkinen).



Presented "When New Life Meets Grief: Specialized Care Following Perinatal Death" at the University of Maryland Medical Center (Kowalski).

Developed and implemented a touchless ritual for "Blessing of the Hands" during Nurses and Hospital Week (May 2020) for more than 200 employees (McNeill-Lee).

Developed and presented "Anti-Racism Training and Implicit Bias Awareness" seminars for CPE students, Spiritual Care and Chaplaincy staff and Professional Advisory Group members (Milton).

Developed and presented "Race Matters 101" for Sibley Memorial Hospital CPE students (McNeill-Lee).

Presented at the JHU Diversity and Inclusion Conference (Milton).

Presented "Building Resilience: Programs that Work" at the Spiritual Care Association national conference (Norvell).

Presented "RISE: Supporting Providers Who Encounter Traumatic Patient-Related Events" to the Johns Hopkins Medicine certified registered nurse anesthetist retreat (Norvell).

Presented "Religion and Health Care" to the Johns Hopkins All Children's Hospital palliative care fellows and residents (Owens).

Ethics Panel Discussion: Looking Back and Looking Forward 2020, Co-Sponsored by The Johns Hopkins Hospital Ethics Committee and the Johns Hopkins Berman Institute of Bioethics (Ponnala).

Ethics Panel Discussion and Case Presentation: Decision-Making for the Unfriended Patient Who Lacks Decision-Making Capacity (Ponnala).

Presented "Understanding Palliative Care - A Spiritual and Clinical Perspective" seminar (Ridley)

Presented "Trauma-Informed Ministry in a Global Pandemic" to the Episcopal Diocese of Maryland, Episcopal Diocese of Long Island, Episcopal Diocese of Newark, and Episcopal Church Foundation (Rodriguez-Hobbs).

"CPE and Emotional Intelligence: Is there an association?" ACPE and Transforming Chaplaincy webinar (Szilagyi).

Developed and presented "Ministry to Patients Who Are Transgender" for CPE students (Teague, Norvell, Olsen Paget).

Presented "Spirituality and Wellness" to ataxia support groups (Teague).

Presented "Spiritual Support" to the Department of Pediatrics (Teague).

"Foundations" Chaplains on the Healthcare Team, August 2020 (Teague).

Presented on spirituality for Healthy at Hopkins Ask the Expert series (Teague).

Presented "Effective Listening" to the Congregational Depression Awareness Programs (CDAP) (Teague).

Disaster Psychological First Aid and Spiritual Care (Teague).

Presented on spirituality and the impact of COVID-19 to the social work department (Teague).

School of Medicine program for 2nd year students transition to the wards - shadowing the chaplain (see feature).

Current Research

Review of Prayers Received in Hospital Chapels (Crowe, Donohue, Norvell).

Sickle Cell Spiritual Care Intervention with 18-24-year-old sickle cell patients (Crowe, Teague).

Training Hospital Chaplains: The Intersection of Medicine and Theology (Donohue, Norvell, Boss, Crowe).

Narrative Goals of Care (Heikkinen).

301 Clinic Patient Perceptions of Chaplaincy in the Outpatient Clinic (Johnson, Sadras, Carrese, Teague).

"Association between Clinical Pastoral Education (CPE) and Emotional Intelligence (EI)," a nationwide study to investigate what difference CPE makes toward developing students' emotional intelligence (Szilagyi).

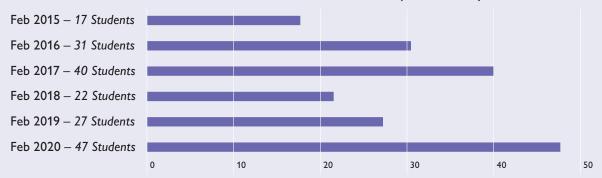
"Impact of COVID-19 on CPE Spiritual Care Education," a nationwide study to describe how spiritual care education may have pivoted to remote learning as a result of the COVID-19 pandemic (Szilagyi).

Transgender experiential education workshop to improve spiritual care for transgender patients (Teague, Norvell, Olsen Paget).

This Is My Story (TIMS) Project (Teague, Crowe, Ponnala, White, Wilson, Wright).

Second-year medical students participate in "Transition to the Wards" for one month, and shadow a non-physician health care professional so they can develop a better understanding and appreciation of what various health care team members do. Students can shadow a physical therapist, pharmacist, nurse, dietician, social worker or chaplain.

Below are the number of medical students that chose to shadow a Chaplain for each year.









Medical students who chose to shadow a chaplain pictured with Spiritual Care and Chaplaincy staff and residents.

Make Johns Hopkins Medicine Easy

honda Cooper provided "Words of Hope" to the Johns Hopkins Kimmel Cancer Center. This can be found on the Johns Hopkins Kimmel Cancer Center Facebook page under videos. Here is an example from April 27, when Rhonda shared a prayer of faith written by an anonymous author some years ago, "We trust that beyond absence there is presence, that beyond pain there can be healing, that beyond the brokenness there can be wholeness, that beyond the uncertainty there will be peace, that beyond the hurting there may be forgiveness, that beyond the silence there may be a word, that beyond the word there may be understanding, that through understanding there is love. Dear colleagues, prayer is the admission that there is more to life than meets the eye. Prayer is the confession that we cannot make it on our own. Dear colleagues, you are always in my prayers and I covet yours as well. Amen."

Matt Norvell sends weekly reflections via email to Johns Hopkins Children's Center staff in order to inspire. Here is an example from Nov. 12. Matt writes about an experience at a coffee shop.

> Finally, he paused (as he gratefully handed me my coffee) and said, 'I guess I just wish people could recognize we are all in the same boat.'

Agreed. All of us. Same boat.

I think each of us could name three different things that would be better if everyone involved had the willingness and ability to acknowledge that we are all hoping to make the same problems better.

All of the seats in the boat are not the same. It would be naïve to think so. And in so many situations, we are only going to be successful if we commit to all of us getting through together.

All of us. Same boat.

A Word from the Johns Hopkins Health System, Senior Vice President for Nursing, Deborah I. Baker

"Thank you to all our clergy for being great partners during a very difficult time."

Sibley Memorial Hospital:

Paulette McPherson, Staff Chaplain Sister Rita O. Anaka, PRN Chaplain Pat Jeffrey Jackson, PRN Chaplain Father Laby Panackamattom, PRN Chaplain Rabbi Yeshoua Hecht, Community Rabbi Father Ted Hegnauer, Roman Catholic Priest Renee Richardson, PRN Chaplain Roberta White, PRN Chaplain Dimitria Wilbur, PRN Chaplain Raymond Williams, PRN Chaplain

Howard County General Hospital:

Father Laby Panackamattom, Lead Chaplain Ann Riggs, PRN Chaplain Gaye Stokes, PRN Chaplain John Karanja, PRN Chaplain Juanita Scott, PRN Chaplain Karen Morrow Reeve, PRN Chaplain Lynn Foote, PRN Chaplain Sam Hwang, PRN Chaplain Renee Woodard-Few, PRN Chaplain

Suburban Hospital:

Fidelis Adinkrah, PRN Chaplain Oscar Hernandez, PRN Chaplain John McKay, PRN Chaplain Father Laby Panackamattom, PRN Chaplain

Johns Hopkins All Children's Hospital:

Terry Owens, Staff Chaplain Spencer Alford, Staff Chaplain

Johns Hopkins Bayview Medical Center:

Peter Heikkinen, Palliative Care Staff Chaplain Denise White, Staff Chaplain Keri Olsen Paget, Staff Chaplain/ACPE Educator William Johnson, Community Chaplain Cathy Oatman, PRN Chaplain Sandy Mack-Diggs Smith, PRN Chaplain Ernestine Branch-Nelson, PRN Chaplain Monroe Wright, PRN Chaplain Eric Hatcher, PRN Chaplain/Elder Plus Chaplain Father Greg Rapisarda, Roman Catholic Priest

The Johns Hopkins Hospital:

Matt Norvell, Staff Chaplain/Clinical Manager John Ponnala, Staff Chaplain Kat Kowalski, Staff Chaplain Rhonda Cooper, Staff Chaplain Tamekia Milton, Staff Chaplain/CPE Educator Father Joshua Rodriguez-Hobbs, Episcopal Chaplain and ACPE Certified Educator Candidate Rabbi Tsvi Schur, Jewish Chaplain Father Patrick Besel, Roman Catholic Priest Jason Wilson, PRN Chaplain Paula Thistle, PRN Chaplain Thomasine Adams, PRN Chaplain Tyra Curley, PRN Chaplain



