JHU School of Medicine Postdoctoral Affairs Newsletter

Summer 2021



Greetings from the Office of Postdoctoral Affairs! We serve research postdocs in the School of Medicine and offer a variety of resources and services, including research training seminars, grant writing workshops, and career counseling. Visit our website or contact our office for more information.

Welcome New Postdoctoral Fellows!

Please take a few moments to review the Office of Postdoctoral Affairs (OPDA) website to familiarize yourself with all of the resources we have available, including policies and benefits, training resources, professional development, and family resources. If you have any questions, please contact postdocaffairs@jhmi.edu.

The OPDA hosts a **New Postdoc Info Session** every other month, with the next offered on July 23, 2021 from 3:00-4:00 pm. Details and registration information will be sent via email.

Upcoming Events and Announcements

Day 1 of the workshop will focus on writing K applications, including materials, selling your research, and examples of successful applications. Day 2 will focus on specific aims and career development plan, including individualized feedback on vour own aims.

This two-day teaching camp will offer sessions on the foundations of teaching, **mentoring**, integrating art and humanities in health-related training, and more. See the schedule for more details on sessions and how to attend.

Have questions about SOM postdoc benefits? Keep your eyes out for a notice about the the Benefits Seminar hosted by the Office of Postdoctoral Affairs and the Registrar's Office this fall.

2021-2022 JHPDA Executive Board election results are in!

Co-Presidents: Drs. Eric Villanon-Landeros and Joanna Konopka Secretary: Dr. Elena Vasileiou Treasurer: Dr. Manisha Singh

See more events and announcements on our <u>website</u>!

Postdoc Kudos!

Congratulations to the winners of the 2021 School of Medicine Postdoctoral Research Accelerator Award! (listed alphabetically)

Dr. Abhijit Deb Roy, Department of Cell Biology

Dr. Elena Jansen, Department of Psychiatry and Behavioral Sciences

Dr. Ronan Mooney, Department of Physical Medicine and Rehabilitation



Dr. Joshua Raji, Department of Neuroscience



Dr. Rui-Han Wei, Department of Biomedical Engineering

Dr. Junior West, Department of Cell Biology

Dr. Nathan Zaidman, Department of Physiology

Know a postdoc with a high impact paper, grant, or award? Email us to feature them on the kudos section of our website!

Wellness Corner

Calm: Free premium access to guided meditations. Sign up at calm.com/jhu with your JHMI email address.

Denton A. Cooley Fitness Center:

Now open under COVID Phase II guidelines. Reservations are required through the Elevation Portal for up to 1-hour time-slots. Memberships reduced to \$18/mo.

Cooley Center YouTube channel:

Visit to access on-demand classes. **MySupport**: Life management resource to help identify and manage stress and support emotional well-being.

For more information and resources for wellness, visit the Office of Wellness and and Health Promotion.