



The Johns Hopkins Memory & Alzheimer's Treatment Center
and Alzheimer's Disease Research Center invite you to

Journey to Hope

A free conference for caregivers

*Join us to learn about new treatments for Alzheimer's disease,
coordinating care for your loved one and "Ask the Expert"
your questions about memory-related disorders.*

Saturday, November 18, 2023

8:30 a.m. to 2 p.m.

In Person or Virtually via Zoom

Johns Hopkins Asthma & Allergy Center
Johns Hopkins Bayview campus
5501 Hopkins Bayview Circle, Baltimore, MD 21224

Featuring:

New Treatments for Alzheimer's – *Paul Rosenberg, M.D.*

Panel Discussion: Coordinating Care Near and Far

Ask the Expert – *Constantine Lyketsos, M.D., MHS*

Information/Registration: 888-702-4970

Virtual attendees will receive a Zoom link once registered.



Agenda

- 8:30 a.m. Registration & Continental Breakfast**
- 9 a.m. Welcome: Conference Overview and Goals**
Constantine Lyketsos, M.D., MHS
*Director, Johns Hopkins Memory & Alzheimer's Treatment Center;
Director, Department of Psychiatry and Behavioral Sciences, Johns Hopkins Bayview*
- Introduction of Patient-Family Advisory Council & Exhibitors**
Andrea Nelson, RN, MSN
*Director, Memory Care Programs, Johns Hopkins Memory & Alzheimer's Treatment Center
Director, Patient-Family Advisory Council*
- 9:15 - 10:15 a.m. Keynote Presentation: New Treatments for Alzheimer's**
Paul Rosenberg, M.D.
*Co-director, Johns Hopkins Memory & Alzheimer's Treatment Center
Professor of Psychiatry and Behavioral Science, Johns Hopkins School of Medicine*
- 10:15 - 10:30 a.m. Gaga Gentle Movement Chair Flow**
Mica Saunders, Senior Enrichment Specialist and Body Chemist
- 10:30 - 11 a.m. Break**
- 11 - 11:10 a.m. Presentation of 2023 Trailblazer Award**
Emily Kearns, Coordinator, Dementia Friendly Baltimore, Baltimore County Department of Aging
- 11:10 - 12 p.m. Panel Discussion – Coordinating Care Near and Far**
Moderated by Andrea Nelson, RN, MSN, Director, Memory Care Programs
Janet Michel, Member, Patient Family Advisory Council
Jane Marks, Associate Director, Johns Hopkins Geriatric Workforce Enhancement Program
Marina Nellius, LCSW-C, Social Work Manager, Mid-Atlantic South, Landmark Health
Jessica Young, BS, CDP, President/Aging Life Care Manager, Ferretto Young Care Management Consulting
- 12 - 1 p.m. Lunch**
- 1 - 1:10 p.m. Presentation of 2023 Pioneer Award**
Cass Naugle, Executive Director, Alzheimer's Association, Greater Maryland Chapter (1986-2020)
- 1:10 - 1:55 p.m. Ask the Expert with Constantine Lyketsos, M.D., MHS**
Moderated by Andrea Nelson, RN, MSN
- 1:55 p.m. Call to Action**
Russell Kempner and Karen Paide, Patient-Family Advisory Council Members
- Closing Remarks**
Constantine Lyketsos, M.D., MHS, & Andrea Nelson, RN, MSN

