

Referral to a Brancati Center Diabetes Prevention Program

Send to: Fax#410-367-3304

Date:

Medical Director: Nisa Maruthur, MD

PATIENT INFORMATION

First name:	Last name:
Birth date (mm/dd/yy):	Email:
Phone:	Best day/time to call:
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	

By providing your information above, you authorize your health care practitioner to provide this information to a diabetes prevention program provider, who may in turn use this information to communicate with you regarding its diabetes prevention program.

PRACTITIONER INFORMATION (COMPLETED BY HEALTH CARE PRACTITIONER)

Physician/NP/PA Name:	Practice Name:
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SCREENING INFORMATION

Body Mass Index (BMI) ≥ 25	Record BMI: _____	Eligibility = $\geq 25 \text{ kg/m}^2$ ($\geq 23 \text{ kg/m}^2$ if Asian)*
Blood test (check one)	Eligible range	Test result (one only)
<input type="checkbox"/> Hemoglobin A1C	5.7–6.4%	_____
<input type="checkbox"/> Fasting Plasma Glucose	100–125 mg/dL (110-125mg/dL for MedicareDPP)	_____
<input type="checkbox"/> 2-hour plasma glucose (75 gm OGTT)	140–199 mg/dL	_____
Date of blood test (mm/dd/yy):		

The Johns Hopkins Brancati Center is CDC-recognized and has multiple Diabetes Prevention Program sites in East Baltimore. Please call us at 410-614-2701 or visit our website at www.brancaticenter.org for more information.

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* These BMI levels reflect eligibility for the National DPP as noted in the 2018 CDC Diabetes Prevention Recognition Program Standards and Operating Procedures. The American Diabetes Association (ADA) encourages screening for diabetes at a BMI of ≥ 23 for Asian Americans and ≥ 25 for non-Asian Americans, and some programs may use the ADA screening criteria for program eligibility. Please check with your diabetes prevention program provider for their specific BMI eligibility requirements.