



DIABETES SELF-MANAGEMENT PROGRAM

DIABETES EDUCATORS HELP YOU THRIVE WITH DIABETES



EUGENE ARNOLD

MS, RD, CDCES

In-Person & Video Visits
Offered At The Below Location

Johns Hopkins Diabetes Center

601 N Caroline St, Ste 2008
Baltimore, MD 21287

Diabetes can be challenging to manage; whether it be eating a healthy and balanced diet, getting plenty of physical activity, monitoring your glucose level, or taking your prescribed medicine, all of it can be quite daunting. But you can live well and thrive with diabetes with the help of a Johns Hopkins diabetes educator.

Our diabetes educator can help you prioritize and work with you to improve your management in such areas as healthy coping, healthy eating, being active, taking medication, monitoring, problem-solving, and reducing diabetes complications.

To request an appointment or learn more, please call **443-927-2749** or follow the QR code and fill out the form.



JOHNS HOPKINS
MEDICINE



ANZOR MODZGVRESCHVILI

MPH, RD, CDCES

In-Person & Video Visits
Offered At The Below Locations

**Greenspring Station
Endocrinology, Diabetes, and
Metabolism**

10751 Falls Road Falls Concourse, Ste 412
Lutherville, MD 21093

**Greenspring Station Johns Hopkins
Community Physicians**

10751 Falls Road Falls Concourse, Ste 304
Lutherville, MD 21093

**Remington Johns Hopkins
Community Physicians**

2700 Remington Ave, Ste 2000
Baltimore, MD 21211



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KELLI GRUNSTRA
MSN/MPH, RN, CDCES

In-Person & Video Visits
Offered At The Below Location

Johns Hopkins Diabetes Center
601 N Caroline St, Ste 2008
Baltimore, MD 21287

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CANDACE COOPER
MS, RD, CDCES

In-Person & Video Visits
Offered At The Below Locations

**Greater Dundalk Johns Hopkins
Community Physicians**
2112 Dundalk Ave
Baltimore, MD 21222

**White Marsh Johns Hopkins
Community Physicians**
4924 Campbell Blvd, Ste 200
Nottingham, MD 21236

**Canton Crossing Johns Hopkins
Community Physicians**
1501 South Clinton St, Ste 200
Baltimore, MD 21224



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DINA BECKETT
MSN, RN, CDCES

In-Person & Video Visits
Offered At The Below Location

Bayview
4940 Eastern Ave
BMO Bldg Main
Floor, Baltimore, MD
21224

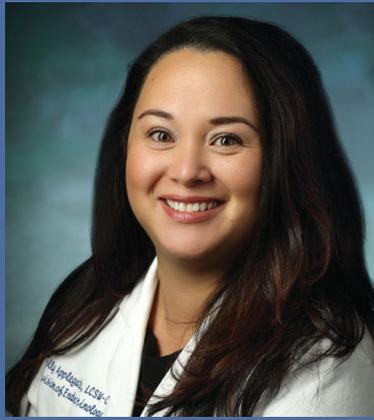
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DOLLY APPLGATE
MSW, LSCW-C, CDCES

In-Person & Video Visits
Offered At The Below Locations

**Johns Hopkins Community
Physicians Fulton**

8115 Maple Lawn Blvd Ste 140
Fulton, MD 20759

**Johns Hopkins Community
Physicians Odenton**

1106 Annapolis Rd
Medical Pavilion I, Ste 310
Odenton, MD 21113

**Johns Hopkins
Community Physicians
Howard County**

6350 Stevens Forest Rd, Ste 102
Columbia, MD 21046



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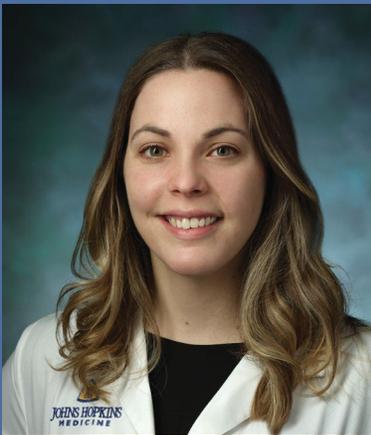


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ALEXANDRA LIDDY
RD, CDCES

In-Person & Video Visits
Offered At The Below Location

JH East Baltimore Medical Center
1000 E Eager St
Baltimore, MD 21202

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LENI BARRY

MA, BSN, RN-BC,
CDCES

In-Person & Video Visits
Offered At The Below Location

Suburban Hospital
8600 Old Georgetown Road
Bethesda, MD 20814

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Sangeetha Subramanian
M.Sc, RD, LDN

In-Person & Video Visits
Offered At The Below Location

Suburban Hospital
8600 Old Georgetown Road
Bethesda, MD 20814

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