Did your patient walk around the room today?

If your patient is able to walk small distances, encourage them to try these activities in their



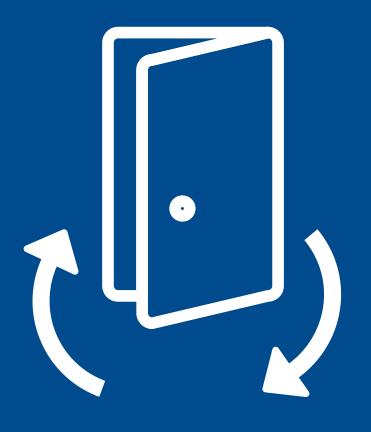




OMOTION

KHINS HOPKINS

Brush teeth in bathroom





Walk to and from door

Walk to and from door prior to each meal

hopkinsAMP.org



This document, created by Johns Hopkins Activity and Mobility Promotion, is licensed under a Creative Commons Attribution-NonCommercial-NoDerivs 4.0 International License. To view a summary of license, please access https://creativecommons.org/licenses/by-nc-nd/4.0/

Version 1.4.22