



JOHNS HOPKINS
MEDICINE

THE ARMSTRONG INSTITUTE FOR QUALITY AND SAFETY
AND THE DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

Present

Johns Hopkins
HOSPITAL ACTIVITY AND
MOBILITY POST-CONFERENCE INTENSIVE

**Optimizing Acute Hospital Rehabilitation -
The Strategy, Science and Art**

May 13, 2026



JOHNS HOPKINS
MEDICINE

Activity and Mobility
Promotion

Note: All times displayed above are in reference to Eastern Standard Time, USA.

This is the same time-zone as New York City.

Johns Hopkins Activity & Mobility Promotion

This post-conference intensive is designed for rehabilitation professionals and healthcare leaders, in the acute hospital environment, seeking strategies to optimize rehabilitation resources and improve patient and organizational outcomes. Participants will be introduced to the Johns Hopkins Rehabilitation Care Framework, a structured approach that integrates mobility standards, rehabilitation consultation practices and population-specific interventions to reduce unwarranted practice variation.

This interactive program also examines the variability that commonly exists in rehabilitation service delivery and the system-level factors that influence practice, including size, staffing models and strategic priorities, equipping you with a practical approach they can apply in your own hospital.



Who Should Attend?

This activity is intended for rehabilitation professionals and healthcare leaders.

Objectives

- Describe key sources of variability in acute care rehabilitation service delivery and the system-level factors that influence practice patterns.
- Explain the structure and core components of the Johns Hopkins Hospital Rehabilitation Care Framework.
- Discuss how mobility standards, rehabilitation consultation practices and population-specific interventions work together to optimize rehabilitation resource utilization.
- Identify strategies for aligning rehabilitation services with broader organizational priorities and patient outcomes.
- Develop a practical plan for applying elements of the Johns Hopkins Hospital Rehabilitation Care Framework within their own hospital.

Credit Designation Statement

Instructions for Participants in Johns Hopkins 9th Annual Hospital Activity and Mobility Conference

American Occupational Therapy Association, Inc. (AOTA)



The Johns Hopkins University School of Medicine is an AOTA Approved Provider of professional development. PD activity approval ID# 14449. This Live activity is offered at .525 CEUs (up to 5.25 contact hours for post-conference). Knowledge is Intermediate to Advanced focused on OT Service Delivery, Professional Issues, and Foundational Knowledge. Must pass pre and post-test with 70% or greater. AOTA does not endorse specific course content, products, or clinical procedures.

Maryland State Board of Physical Therapy Examiners

- **In-Person** - This continuing education has been approved by the Maryland State Board of Physical Therapy Examiners for 5.25 Continuing Education Hours for the Post-Conference.
- **Non-Maryland PTs** will need to self-submit to their own state for credit approval.

Presenter and Provider Disclosure

The program planning committee members and presenters report that they do not have relevant financial relationships with negligible companies to disclose.

REGISTRATION INFORMATION

Post-Conference Intensive - The Strategy, Science and Art of Optimizing Acute Care Rehabilitation <ul style="list-style-type: none">• In-Person Attendance ONLY	\$295
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****The post-conference can be added to our Johns Hopkins 9th Annual Activity and Mobility Conference – for the comprehensive brochure and registration details, please visit HopkinsAMP.org/conference****

Registration Cut Off Dates: May 6, 2026 (after this date, please contact HopkinsAMP@jhmi.edu if interested in registering)

Registration On-line: HopkinsAMP.org/conference

Methods of Payment: We require full payment prior to the start of the activity. The registration fee includes instructional materials, on-demand and live content. Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee. Under such circumstances registrants will be notified as soon as possible.

Educational Level

This is intended for introductory through advanced learners

Refund Policy

A handling fee of \$25 will be deducted for cancellation. Refund requests must be received by email by April 1, 2026.

No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of a cancellation is not possible.

In the event a speaker needs to cancel, the cancellation will be replaced by one of our JH-AMP experts with extension of their talk, Q&A and interactive activities.

Handouts and Syllabus

Handouts will be accessible online for the program. The syllabus will be accessible online and via your mobile device in MyLearning prior to the activity.

American With Disabilities Act

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof.

*Please notify us if you have any special needs

Commercial Support

The Johns Hopkins School of Medicine did not solicit or receive commercial funding from any commercial entity, including pharmaceutical and medical device manufacturers, for this activity.



Our Conference Partners



Armstrong Institute for Patient Safety and Quality



The Institute of Johns Hopkins Nursing



Johns Hopkins International

**Sheikh Khalifa
Stroke Institute**



In-Person Attendance Information

Conference Space

Johns Hopkins University
School of Nursing
525 N Wolfe St
Baltimore, MD 21205



Accessibility

The building has elevator access. If you need further accommodations, please email HopkinsAMP@jhmi.edu.

Travel & Parking

Occasionally, street parking is available, either metered, or free-parking for up to two hours. (Make sure to check hours of availability - parking may not be available due to street sweeping)

If you are driving to the conference, you can park in the [Orleans Street garage](#) off Orleans Street.

Parking costs come at your own expense.

Walk from the parking garage to the JHU School of Nursing (see information below): the walk is about 5 to 10 mins. Please allow enough time to park and walk to the site.

Orleans Street Garage
1795 Orleans St
Baltimore, MD 21231
[Google Maps](#)

Walking directions from garage to JHU School of Nursing building can be found [here](#).

Hotel Options

The following hotels are located within a short distance of the hospital (the hotels on this list are provided for information purposes only and are not endorsed by JH-AMP or the Johns Hopkins Hospital):

- [Residence Inn by Marriott](#) located a few blocks from the Johns Hopkins Hospital
- [Tru by Hilton](#) located in Harbor East
- [Hyatt Place Baltimore/Inner Harbor](#) located in Harbor East
- [Homewood Suites by Hilton Baltimore](#) located in Harbor East
- [Baltimore Marriott Waterfront](#) located in Harbor East
- [Canopy by Hilton Baltimore](#) located in Fells Point

**For further information on In-Person Conference logistics, please see conference website @ HopkinsAMP.org/conference

May 13, 2026				
In-Person Post-Conference - The Strategy, Science and Art of Optimizing Acute Care Rehabilitation				
Start Time	End Time	Title	Speaker	Total Time
Module 1: Introduction				
9:00AM	9:45AM	Background for Delivery of Care	Annette Lavezza, OTR/L	45
		Therapy Dosage: What Does The Evidence Tell Us?	Daniel Young, PT, DPT, PhD	
		Problem/Solution Overview	Annette Lavezza, OTR/L	
Module 2: Supply & Demand				
9:45AM	10:45AM	Strategic Priorities	Annette Lavezza, OTR/L	60
		Contributing Metrics	Annette Lavezza, OTR/L	
		Understanding Supply/Demand	Annette Lavezza, OTR/L	
10:45AM	11:00AM	Break		15
Module 3: Waste Reduction				
11:00AM	12:00PM	Aligning Resources	Annette Lavezza, OTR/L	60
12:00PM	1:00PM	Lunch		
1:00PM	2:00PM	Strategies to Improve Key Metrics	Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM	60
		Measuring Performance	Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM	
Module 4: Care Plan Variability				
2:00PM	3:00PM	Hospital Variability	Nicole Frost, MS, CCC-SLP, BCS-S	60
		Model Review	Nicole Frost, MS, CCC-SLP, BCS-S	

Module 5: Analysis

3:00PM	3:30PM	Key Performance Indicators: How Are We Doing?	Annette Lavezza, OTR/L	30
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Additional Session Support: Eric Stewart PT, DPT; Sowmya Kumble PT, MPT, NCS; Sean Duffy, PT, DPT