

# Combating the Hospital Immobility Harm

## eLearning: Introduction to Johns Hopkins Activity and Mobility Promotion (JH-AMP)

This foundational course details the JH-AMP solution for frontline caregivers and hospital leaders. Content will focus on the tools and resources needed to design and implement structured quality improvement processes to increase and sustain patient activity and mobility. Our team presents the 8 steps aimed to successfully implement JH-AMP within your organization.

### Course Curriculum

#### Module 1: Hospital Wide Activity and Mobility Promotion & Organizational Prioritization

- Rationale & Evidence
- The JH-AMP 8-Step Framework
- Where Can I Start?

#### Module 2: Systematic Measurement & Daily Mobility Goal

- Right Patient, Right Mobility, Right Plan
- AM-PAC, JH-HLM, and JH-MGC Implementation
- Tools to Support Goal Achievement
- EHR Design to Support Mobility Goals and Workflow Integration

#### Module 3: Barrier Mitigation and Interdisciplinary Roles

- Assessing and Addressing Barriers
- Integrating Mobility Into Nursing, Rehab, and Physician Workflows

#### Module 4: Education, Workflow, Data Feedback and Promotion

- Defining Nursing Education/ Training Support
- Initial, Ongoing, and Sustainable Education & Training
- Role & Development of the Mobility Advocate
- Workflow Integration - A Continuous Process
- Measurement to Drive Culture
- JH-AMP Accountability Structure and KPIs
- Creating Awareness and Engaging Patients
- Sustainability Tactics and What Does Success Look Like?

#### Module 5: Engaging Hospital Leadership: Justification and Getting to YES

- Steps to Successful Justification
- Partners, Champions, and Scope
- Sample Executive Presentation
- What is Necessary for Success and Next Steps?

Contact [HopkinsAMP@jhmi.edu](mailto:HopkinsAMP@jhmi.edu) to for more information or to purchase eLearning modules.

