

Ten Minute Wellbeing Tips for Managers



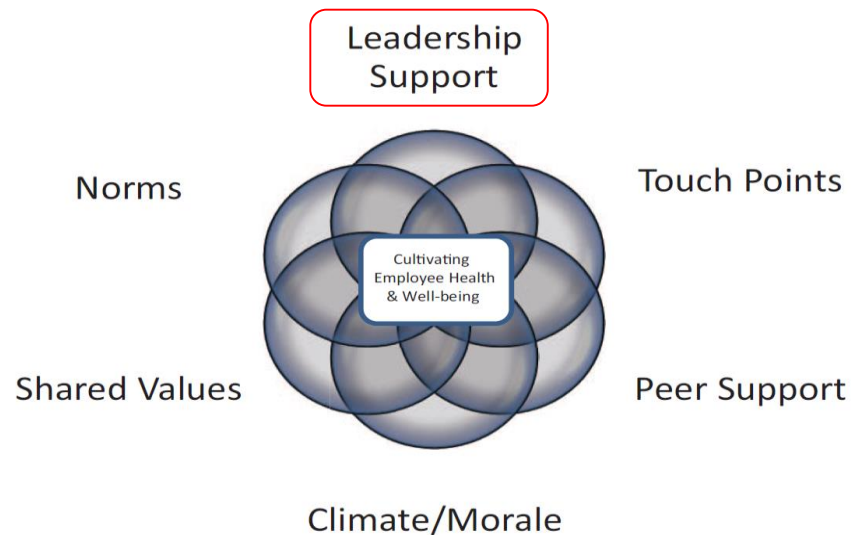
Powered by the Office of Wellbeing

Vision: For our employees to leave work at the end of the day healthier than when they arrived

Theme: Leadership Support

Episode 15: Employee Onboarding

- Last week's Episode: PMR
- This week : Employee Onboarding



How Difficult is it to Attract New Talent?



How Does Wellbeing fit into Recruitment?



Let's Talk About Orientation



Create the Social Climate



Be a Role Model



Remove Barriers to Well-being



People Don't Leave their Job. They Leave their Manager



Theme: Leadership Support

Episode 15: Employee Onboarding



- **Agenda tip #17** Assign someone on your team to be a 'buddy'.
- **Agenda tip #18** Engage in a team wellbeing activity during the first week.



Answer two questions before you go!

Next week: Having fun together

Follow these leader resource links for more!

[Worksite Well-being Menu](#)

[Manager Resource: Onboarding](#)

Connect with Healthy at Hopkins and the Office of Wellbeing

Healthy at Hopkins

- Access the portal via my.jh.edu and click on the 'Healthy at Hopkins' tile
- 833-554-4554
- healthyathopkins@jhmi.edu

Office of Wellbeing

- <https://www.hopkinsmedicine.org/joy-at-jhm/office-of-well-being>
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Pick My Brain...

What Question Do You Have?

