Healthy at Hopkins Portal and App Registration Instructions
Welcome to your enhanced Healthy at Hopkins portal!

Created specially for Healthy at Hopkins, the portal will help you assess your personal health and wellness goals, create a plan to reach them, and the opportunity to connect with your colleagues who can provide encouragement along the way.
Follow the steps to verify your account!
Step 1: Visit my.jh.edu

Verify your account on the Healthy at Hopkins Portal
Verify your account on the Healthy at Hopkins Portal

**Step 2:** Once logged in, click on the HR tile

**Step 3:** Click on Healthy at Hopkins
Step 4: You will be redirected to the enhanced Healthy at Hopkins portal login page

Step 5: Type your Johns Hopkins email and click “Next”.
Note: You must enter your email address as JHEDID@JOHNSHOPKINS.EDU (jh, jhmi, or jhu addresses will not work).
**Step 6: Accept the Terms of Service and HIPAA Notice of Privacy Practices**

Verify your account on the Healthy at Hopkins Portal
Next, download the app.

Note: You will no longer use the Virgin Pulse app to access the Healthy at Hopkins portal. You have to download the Ramp Health app.
**Step 1:** Download the app in the [App Store](https://apps.apple.com) or [Google Play](https://play.google.com).
Step 2: Type your Johns Hopkins email and click “Next”.

Note: You must enter your email address as JHEDID@JOHNSHOPKINS.EDU (jh, jhmi, or jhu addresses will not work).
Step 3: Enter your password. This is the same password that is used for signing into your Johns Hopkins computer or workstation.

Once your password is entered, you will be brought into the app.
Finally, connect to compatible health apps.
Connect to compatible health apps

**Step 1:** Log into the Healthy at Hopkins portal.

**Step 2:** Click on “Profile”.

**Step 3:** All compatible devices are listed under the “My Trackers” section.

**Note:** You will need to use the app to sync activity from Apple Health or Google Fit.