



## Johns Hopkins All Children's Hospital Community Resilience Model (CRM) Teachers



**Melissa Macogay, DNP, MBA, RN, CCRN, NE-BC**  
VP, Chief Nursing Officer

What do you love about being a CRM teacher?  
Simple, scalable skills that can be shared in any setting /location.



**Jennifer Katzenstein, PhD, ABPP-CN**  
Co-Director, Center for Behavioral Health

What do you love about being a CRM teacher?  
The opportunity to expand our team members' resources for managing their sensations and the opportunity CRM brings to empower others to move to be in the present.



**Heather Bailey, M.S., CCLS**  
Director of Patient and Family Centered Care

What do you love about being a CRM teacher?  
This approach is adaptable to all ages, abilities and place in time. The versatility of the teaching for understanding and the tools to help bring resiliency back into focus.



**Renee Fulcher, MSN, RN, NE-BC**  
Nurse Manager

What do you love about being a CRM teacher?  
As a Community Resiliency Model (CRM) teacher, I enjoy helping individuals build practical skills to manage stress and stay grounded, especially during busy or challenging moments.

