

**Johns Hopkins
Sibley Memorial Hospital
Community Resilience
Model (CRM) Teachers**



Laura Hendricks, DNP, NEA-BC, CPHQ, CENP
Vice President of Patient Care Services & Chief Nursing Officer

It allows me an opportunity to share valuable skills with others as measures to address stress and trauma, all of which have helped me. Having the opportunity to contribute to the well-being of others is a privilege.



Suzanne Dutton, DNP, GNP-BC, RN
NICHE Coordinator

What do you love about being a CRM teacher?
Being able to share evidence-based tools to help others calm their nervous system to feel calmer and more peaceful.



Nadine Signe, MBA, MS, OTR/L, CAPS
Director of Patient Experience

What do you love about being a CRM teacher?
Demonstrating to others the skill. I often reference CRM when engaging with upset patients.



Amy Sawyerr, MPH, BSN, RN, RNC-LRN, NEA-BC
Director of Nursing Systems, Strategy & Operations

What do you love about being a CRM teacher?
CRM teaches real-life skills that can be used anywhere, anytime to bring resilience.

