

Johns Hopkins Medicine Office of Well-Being

Well-Being Lead	Department or Unit	Work location	Title of Grant
Akshata Hopkins	Office of Graduate Medical Education	All Children's Hospital	Various activities for Pediatric resident wellness
Alice Lee	Family Practice	JHCP	Baking book club
Allison Fernandez	Anesthesia	All Children's Hospital	Funding for participation in Center for Professional Health Program
Allyson Kuhn	Orthopedics	Ambulatory Centers	Catch a Shining Star program
Ambereen Mehta	Palliative Care Program, DOM	Bayview Medical Center	Exp & Thrive by Design Program
Anna Agranovich	Physical Medicine & Rehabilitation	Johns Hopkins Hospital	Support for a mindfulness program for JH PM&R
Anna Bennett	Meyer 6 Psychiatry	Johns Hopkins Hospital	Create recharge space for Meyer 6
Ashwini Niranjan-Azadi	Division of Hospital Medicine, DOM	Johns Hopkins Hospital	Team-building activities outside of work for Hospitalists
Aysha Jawed	Bloomberg 9 South	Johns Hopkins Hospital	Support for unit-based staff appreciation & stress reduction supplies
Alice Lee	White Marsh	JHCP	Support for JHCP art showcase/Merkati
Benjamin Fakheri	JHCP	Bayview Medical Center	Promote exercise at work by providing under desk bikes
Bridget Rickman	Audiology-Outpatient	All Children's Hospital	Under desk exercise equipment
Brook Clark	Physical Medicine & Rehabilitation	Bayview Medical Center	Support for monthly well-being activities for PM&R
Buki Babagbemi	Center for Addiction & Pregnancy	Bayview Medical Center	Support for Movement Library
Bushra Rizwan	Child & Adolescent Psychiatry	Johns Hopkins Hospital	Various activities for Resident wellness
Carmen Kut	Radiation Oncology	Johns Hopkins Hospital	Breaking Down Silos in Cancer Care
Caroline Brady	Community Psychiatry	Bayview Medical Center	Support for Compassion Fatigue Certification Course for staff
Cassie Alleman	Center for Addiction & Pregnancy	Bayview Medical Center	Create a book club to support well-being of CAP staff
Catherine Washburn	Medicine	Bayview Medical Center	Arts-based wellness activities for CIMS division
Cindy Notobartolo	Employee Health	Suburban Hospital	Program to support ergonomics & safety for EVS staff
Claro Pio Roda	Materials Manage & Patient Access	Howard County	Nutritious take-home meal program
Cybill Esguerra	GYN/OB	Johns Hopkins Hospital	Peloton Bike & exercise equipment
Dana Baras	Labor & Delivery	Howard County	Enhance a recharge space for L&D
Danielle Campbell	Neonatal Intensive Care Unit	All Children's Hospital	Funding to support social connection & well-being for NICU
Danielle Noble	JHCP at Howard County Pediatrics	JHCP	Provide an arts-based teambuilding activity outside of work
Debraj Mukherjee	Neurosurgery	Bayview Medical Center	Support for Finding Peace in the Pandemic
Denise Lannon	Human Resources	JHHCG	Enhance on-site gym to encourage exercise for JHHCG staff
Dori Reimert	Surgery	Johns Hopkins Hospital	Support for MyIntent Project & wellness kits for Peds OR Nurses
Elizabeth Emmerich	Medicine Nelson 6	Johns Hopkins Hospital	Support recharge space for Nelson 6
Elizabeth Foreman	Surgery-Marburg 3	Johns Hopkins Hospital	Enhance recharge/Code Lavender space
Emily Wheeler	Sleep Medicine	All Children's Hospital	Create a recharge space for sleep medicine staff
Eugenia Umegbolu	Osler 5/Medicine	Johns Hopkins Hospital	Various well-being activities for Osler 5 including recharge space
Gianina Forbes	Weinberg 5B	Johns Hopkins Hospital	Team-based self care program
Grayce Hamlin-Enriquez	5A	Sibley Memorial Hospital	Improvements to workspace & break room to promote well-being
Jella An	Ophthalmology	Ambulatory Centers	Support for Learn & Grow Program
Jennifer Rykovich	Congenital Diaphragmatic Hernia Unit	All Children's Hospital	Support for staff to attend MEPRO program
John Shipley	Physical Medicine & Rehab	Howard County	recharge space for outpatient rehab staff
Joy Green	Patient Experience	Howard County	Create a Crop Swap gardening exchange
Julie Murphy	Pediatrics	Johns Hopkins Hospital	Various activities for staff wellness
Katelyn Otto	Marburg 2	Johns Hopkins Hospital	Create a recharge space for staff
Kevin Cox	Spiritual Care	Bayview Medical Center	Support for Spiritual Care-led staff appreciation program
Kimberly Charity	Transfusion Medicine (Pathology)	Johns Hopkins Hospital	Recharge space enhancement & support for wellness activities

Kimberly Coleman	Critical Care	Suburban Hospital	Support for well-being room & program for critical care staff
Kirsten Haley	Surgical Neurosciences	All Children's Hospital	Provide massage chair for nursing team
Kristin Moore	SCU	Howard County	Enhancements to recharge space for MICU
Marco Montero	Telecommunications	Sibley Memorial Hospital	Puzzles & games to encourage new hobbies & team building
Marta Cruz-Alicea	Nelson 3	Johns Hopkins Hospital	Enhancements for Nelson 3 recharge room
Mayrim Millan-Barea	Department of Pharmacy	Bayview Medical Center	Create a wellness cart for Pharmacy Department staff
Megan Gilmore-Hodnicki	PCICU & PICU	Johns Hopkins Hospital	Create a recharge space for PICU
Megan Mangione	SICU	Johns Hopkins Hospital	Various wellness activities for SICU staff
Melina Windon	Otolaryngology	Johns Hopkins Hospital	Support for ergonomics & yoga program
Melinda Walker	Psych - ECT - Meyer 7-120	Johns Hopkins Hospital	Chairs to decrease fatigue for ECT prep staff
Michelle Petinga	Ambulatory Services	Johns Hopkins Hospital	Support for Planting Seed Program
Michelle Whitfield	Department of Emergency Medicine	Johns Hopkins Hospital	Support for social connection & team building activities
Morning Gutierrez	6 Surgical Unit	Bayview Medical Center	Wellness kit/box for unit-based orientation
Nancy Vu	Hospital Medicine	Sibley Memorial Hospital	Various projects to support Hospitalist well-being
Nicole Frost	Acute Care Therapy Services	Johns Hopkins Hospital	Wellness/recharge room enhancements for Rehab team
Nicole Matters	Labor & Delivery	Howard County	Training & supplies self-care for L&D
Nicole Tannahill	JH Rehabilitation	Out-patient Rehab	Enhancements to workspace for well-being
P. Logan Weygandt	Emergency Department	Johns Hopkins Hospital	Support for 5k run/walk for JHH Emergency Department
Pearl Lee	Pediatric Pharmacy	Johns Hopkins Hospital	Enhancements to recharge space at Pharmacy
Phil Carullo	ACCM	Johns Hopkins Hospital	Convert area for microbreak exercises
Rachel Lee	Dietary	Howard County	Program support to increase physical activity
Raina Crawford	Internal Medicine	JHCP	Create indoor spaces for plants to support well-being
Rebecca Rawls	Main OR	Sibley Memorial Hospital	Enhancement of OR lounge/recharge space
Reezwana Chowdhury	Gastroenterology	Johns Hopkins Hospital	Provide a Peloton bike for GI staff
Richard Schaefer	Musculoskeletal Center	Green Spring Station	Arts activities to support well-being
Samuel McAleese	Pediatrics	Johns Hopkins Hospital	Support for SLEPT Initiative for Pediatric Residents
Samuel Rosner	Oncology	Johns Hopkins Hospital	Enhance work room for oncology fellows for wellness
Sarah Hunter	Meyer 7	Johns Hopkins Hospital	Support for massage therapy & bio feedback intervention
Stephanie Al-Adhami	Education	Howard County	Book club to support new graduate Nurses
Tami Goucher	Audiology	All Children's Hospital	Break room enhancements
Tehani Mundy	Population Health & Advancement	Howard County	Integrated Health Services for Staff
Tina Kim	Medicine, MICU	Johns Hopkins Hospital	Support well-being activities for MICU
Won-Jung Hong	Maternal Fetal Medicine clinic	Johns Hopkins Hospital	Various activities to support social connection & well-being
Zhen Yuan	PACU	Suburban Hospital	Implement a program of weight-bearing exercises