

# Journey to your first publication

*'This is how you do it: you sit down at the keyboard and you put one word after another until it's done. It's that easy, and that hard.'*

Neil Gaiman

Elizabeth (Betsy) Zink, PhD, RN

Clinical Nurse Specialist

Neurocritical Care Unit

Johns Hopkins Hospital



JOHNS HOPKINS  
NURSING

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# Objectives

## Financial Relationships

All individuals involved in the planning and delivery of this activity have no relevant financial relationship(s) with ineligible companies.

## Commercial Support

This educational activity has not received any form of commercial support.

## Off-Label or Investigational Use

This presentation will not discuss the off-label or investigational use of a drug, biological product, or medical device name.

# Objectives

- State at least 2 common types of scientific publication
- Discuss key steps in the publication process
- Identify resources for publishing

# Why do we publish?

- Communicate novel ideas, concepts or practices
- Provide education for students and clinicians
- Encourage critical thinking and debate
- Encourage research and improved practices
- Ensure the future, credibility and professional status of nurses

# Types of publications

- Report of a study or QI project
- Review (narrative, systematic review with or without a meta-analysis)
- Case reports
- Technical notes
- Pictorial essays
- Commentaries
- Editorials
- Letter to the editor
- Chapter in a textbook

## TRANSFUSION PRACTICE

## Blood wastage reduction using Lean Sigma

Eugeni

Original Article

# Interprofessional Collaboration and Patient/Family Engagement on Rounds in a Comprehensive Stroke Center: A Mixed-Methods Study

Anping Xie, PhD; E. Alexandra Barany, PharmD; Elizabeth K. Tanner, PhD, RN, FAAN; Erin Abu-Rish Blakeney, PhD, RN; Mona N. Bahouth, MD, PhD; Ginger C. Hanson, PhD; Bryan R. Hansen, PhD, RN, APRN-CNS, ACNS-BC; Kathryn M. McDonald, PhD; Rachel Marie E. Salas, MD, MEd, FAAN, FANA; Tenise Shakes, MSN, RN, CNRN; Heather Watson, PhD, RN; Elizabeth K. Zink, PhD, RN, CCNS, CNRN; Dorna P. Hairston, PhD, RN, NEA-BC

Baltimore, MD.

**Elizabeth K. Zink, M.S., RN,**  
Department of Neuroscience Nursing,  
Johns Hopkins Hospital, Baltimore, MD.

challenge hospitals nationwide. The Institute for Safe Medication Practices (ISMP) classifies insulin as a high-alert medication, meaning it

insulin vials wherein health-care workers or patients inadvertently administered the wrong dose of insulin due to misinterpretation or miscalculation of the insulin concentration

## Randomized controlled evaluation of an insulin pen storage policy

**Haley G. Gibbs, Pharm.D., M.P.H.,**  
Department of Pharmacy, Wake Forest  
Baptist Medical Center, Winston-Salem,  
NC.

**Tara McLemon, B.S.N., RN,** School of  
Nursing, University of Northern Colorado,  
Greeley, CO.

**Purpose.** Results of a quality-improvement project to enhance safeguards against “wrong-pen-to-patient” insulin pen errors by permitting secure bedside storage of insulin pens are reported.

**Methods.** A cluster-randomized controlled evaluation was conducted at with institutional policy of a revised policy rooms. In phase 1 of the for 8 patient care d as control units). direct observation intervention units led to nurses in all

orage policy were its ( $p = 0.56$ ). Dur-line in control unit on units improved served nonadher- r nurses’ pockets nt discharge.

secure storage of re education, in-

ne adherence

Pharm. 2017; 74:2054-9

## Use of introsseous hypertonic saline

The Journal of Vascular Access  
2019, Vol. 20(4) 427-432  
© The Author(s) 2019

[ Critical Care How I Do It ]

CHEST

# Operational Recommendations for Scarce Resource Allocation in a Public Health Crisis

Check for updates

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*Michael R. Ehmann, MD, MPH; Elizabeth K. Zink, MS, RN, CCNS, CNRN; Amanda B. Levin, MD; Jose I. Suarez, MD; Harolyn M. E. Belcher, MD, MHS; Elizabeth L. Daugherty Biddison, MD, MPH; Danielle J. Doberman, MD, MPH; Karen D'Souza, MHA, BSN; Derek M. Fine, MD; Brian T. Garibaldi, MD, MEHP; Eric A. Gehrie, MD; Sherita H. Golden, MD, MHS; Ayse P. Gurses, PhD, MPH; Peter M. Hill, MD; Mark T. Hughes, MD; Jeffrey P. Kahn, PhD, MPH; Colleen G. Koch, MD; Jason J. Marx, MD; Barry R. Meisenberg, MD; Jeffrey Natterman, JD, RRT; Cynda H. Rushton, PhD, RN; Adam Sapirstein, MD; Stephen R. Selinger, MD; R. Scott Stephens, MD; Eric S. Toner, MD; Yoram Unguru, MD; Maureen van Stone, JD; and Allen Kachalia, MD, JD*

Farrokh S., et.al. 2018.

Papangelou A, et.al. 2018.

Kumble S, et.al. 2017

Ehmann M, Zink EK, Levin AB, Suarez JI, et.al. 2020

# Progressive Mobilization Makes It Different

**Elizabeth K. Zink**  
Department of Neurosc  
Johns Hopkins Hospita  
Baltimore, MD

**Romergryko G. Geoc**  
Department of Neurolo  
Department of Anesthe  
Department of Neurosu  
Department of Medicin  
Johns Hopkins Universi  
Baltimore, MD

**\*See also p. 1037.**  
**Key Words:** mobility; neuroc  
Ms. Zink disclosed that she  
from the Agnes Marshall We  
study entitled Family Percep  
Critical Care Unit. Dr. Geoca  
the National Institutes of Hea



# CU: What

## LETTERS TO THE EDITORS

Letters to the Editors are welcome and encouraged. Letters must raise points of current interest or address topics that have been previously addressed in the *American Journal of Critical Care*. Keep your letter concise. Letters are subject to editing. Include your name, credentials, title (optional), city and state, and telephone number (for verification, not for publication). Address to Kathleen Dracup, RN, MS, School of Nursing, University of California at Los Angeles, Factor Building, Box 956918, Los Angeles, CA 90095-6918, or fax, (310) 794-7482, or e-mail, AJCO@sonnet.ucla.edu.

### To the Editors:

I am writing to comment on the article, "Effect of a Multidisciplinary Intervention on Communication and Collaboration Among Physicians and Nurses" (January 2005: 71-76). In this prospective study, a multidisciplinary team including a nurse practitioner and a hospitalist with a team of residents and interns was created and compared with a unit of similar design without a multidisciplinary team. In addition to the creation of the team in the intervention unit, daily multidisciplinary rounds were conducted with the goal of increasing collaboration and improving communication between all members of the healthcare team. I applaud the journal's recognition of the importance of this role and the coverage of the contributions of nurse practitioners in acute care areas.

I am concerned, however, about the way that the role of the nurse practitioner (NP) was represented in the context of this article. The NP's responsibilities delineated within the article included accompanying attending physicians and residents during working and teaching rounds, promoting use of disease-specific pathways, providing patient education, making follow-up phone calls to patients, and providing home visits if necessary. The role, as described, does not reflect critical components of a true NP role including autonomy, col-

ful negative message to every healthcare professional, patient, and family member who has not been otherwise educated on the scope of NP practice.

Until advanced practice nurses start aggressively educating physicians and administrators on the important facets of the NP role, it will be very difficult to maintain the respect deserved in the patient care arena. Such education is especially important in the inpatient setting, where these NP professionals are expected to create their new role in an unfamiliar setting.

Elizabeth Zink, RN, MS, ACNP  
Baltimore, Md

### The Authors Reply

We agree with Elizabeth Zink's statement that the components of autonomy, collaborative clinical practice, and patient management are within the scope of practice of acute care nurse practitioners (NPs). However, as noted in the manuscript, the study NPs were not permitted to practice within the full spectrum of the NP role at the request of the residency program director and the department of medicine at our institution. It was feared that the residents' education would be compromised if NP autonomous practice led to diminished patient responsibilities for the residents. In addition, there was concern that it would be bad for



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# Keys Steps in the Publication Process

## Topic

- Choose a topic and appropriate article type

## Journal

- Target a journal, familiarize yourself with scope and type of papers accepted, consider a letter of query, familiarize yourself with author guidelines

## Writing

- Plan for plenty of time, get to know your writing habits
- The structure of the paper may vary based on the type
- Consider using a citation manager from the beginning

# Keys Steps in the Publication Process (Continued)

## Submission

- Use checklists from the authorship guidelines, if available
- Familiarize yourself with the submission portal

## Peer Review

- Your paper will be peer-reviewed
- Respond to reviewer comments in a positive and productive manner

## Celebrate!

- Celebrate this accomplishment with your team
- Be sure to update your CV with the citation

# Issues in Publication

## Authorship

- Co-first authorship
- The International Committee of Medical Journal Editors (ICMJE) Guidelines
  - [Defining the roles of authors and contributors](#)

## Peer Review

## Open access journals

## Payment for publication in a journal

## Predatory journals

## Copyright

# How to get involved and obtain experience in scientific publication

- Join a team that is publishing a paper
  - If you have participated in data collection for a study there may be opportunities to join the research/publication team
  - A colleague may be publishing a paper
  - There may be opportunities to be mentored in writing an editorial
- Write a letter to the editor
- Look for opportunities to assist a colleague in performing peer review on a manuscript for a journal
- Review current journals of interest

# Resources

- Center for Nursing Inquiry
- The Welch Library
- Colleagues that have published before (e.g., advanced practice nurses, nurse educators, faculty (SON, SOM, BSPH))
- Johns Hopkins Privacy Office

# Resource Papers

Gangaraju R, Cushman M. **How We Write a Manuscript Discussion.** Res Pract Thromb Haemost. 2023 Nov 20;7(8):102267. doi: 10.1016/j.rpth.2023.102267. PMID: 38193058; PMCID: PMC10772867.

Ghasemi A, Mirmiran P, Kashfi K, Bahadoran Z. **Scientific Publishing in Biomedicine: A Brief History of Scientific Journals.** Int J Endocrinol Metab. 2022 Dec 31;21(1):e131812. doi: 10.5812/ijem-131812. PMID: 36945344; PMCID: PMC10024814.

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