

# Community Advisory Board Members

## Janet Johnson

A Maryland Department of Juvenile Services Case Manager retiree with more than 30 years dedicated to the health, education, and prosperity of future generations. Those same guiding principles closely aligns with the mission of the Community Advisory Council; and informs on-going collaborations. The work continues!



## Pamela Ouyang

Pamela Ouyang MBBS, is a cardiologist and Professor of Medicine at Johns Hopkins University School of Medicine. Her research has focused on evaluating of the effects of risk factors and sex hormones on vascular responses and the association between sex hormones and cardiometabolic disease. She developed and directed the Women's Cardiovascular Health Program at Johns Hopkins until 2019. Dr. Ouyang started the Bayview Community Research Advisory Council in 2011 to enhance communication between researchers and the community. She is currently the faculty Co-Chair of the Community Research Advisory Council of the Johns Hopkins Institute for Clinical and Translational Research. Dr. Ouyang has been a longstanding practitioner of Tai Chi.



# Advisory Board Members

## Melanie Reese



Melanie Reese, 72, SME, LTS 25 years , pronouns (She/They/Them) OWEL Executive Director, ICWNA Board Secretary, Maryland Coalition on HIV and Aging member, Maryland Coalition to Decriminalize HIV, SERO Project Social Justice Institute cohort 2022-2023, Maryland U equals U ambassador, BCHD HPG & Commission Community Co-Chair, Johns Hopkins ICTR Community Research Advisory Council(CRAC) US PLHIV Caucus PAC Committee, ANAC Expert Advisory Committee Aging Positively PWN-USA Maryland State Lead;Texas Strike Force member, Texas Strike Force Rapid Response Team Member, SHARE Advisory Board Member; NHAAN Executive Committee Member; NHAAN Women of Color SIG member; NHAAN Support Group Co-chair;Author, Speaker, Moderator, Panelist, Advocate, Activist, Community Organizer, and Community Engagement Citizen Scientist Researcher.

## Inez Robb

A community leader for 30 years and is active with the following: Western District Community Relations Council (WDCRC), Green and Healthy Homes Initiative (GHHI), Baltimore Sustainability Commission, Baltimore Good Neighbors Coalition (BGNC), Community Law Center (CLC), Community Research Advisory Council (Johns Hopkins). She is a captain with the Baltimore Energy Challenge (BEC) and Baltimore's Community Emergency Response Team (CERT).

# Advisory Board Members

## Karen Fortune



### KAREN FORTUNE: PATIENT AND ADVOCATE FOR PARKINSON

With a diverse career dedicated to public safety, community service, and professional development, Karen Fortune has served in multiple impactful roles across Maryland.

Beginning as a Licensed Practical Nurse in emergency medicine, she carried a foundation of care and precision into law enforcement as a Maryland State Trooper, with the overall mission to protect citizens, fight crime and promote roadway safety. Karen continued advancing community-focused work as a Community Coordinator with Johns Hopkins Corporate Security and as a Maryland HotSpots Community Organizer, supporting crime-reduction and neighborhood engagement initiatives.

As the Owner/Operator of Fortune Day Care Referral Services, Karen demonstrated an entrepreneurial spirit, connecting families with quality childcare services while maintaining a focus on safety, reliability, and community building.

In the training and professional development arena, Karen served with the Maryland Police and Correctional Training Commission (MPCTC) in the Advance and Specialized Training Unit, excelling as both a Training Specialist and Training Manager. Across every position, Karen Fortune has demonstrated a commitment to safety, service, and empowering others through knowledge and collaboration.

# Advisory Board Members

## Tiffany Sanford

A dynamic professional with a rich background in talent acquisition, recruitment, customer service, training, event management, and program analysis. Hailing from Baltimore, Maryland, she has made significant contributions to various organizations, having hired thousands in her local community. Her expertise spans from corporate training to national conference speaking engagements, where she shares insights on sustainability in retention, volunteer coordination, and effective program management.

## Mica Saunders

Mica Saunders is the owner of Moxie Movez and the Fitness Manager at the Waxter Senior Center, where Moxie Movez operates the gym. With over a decade of experience working with the older adult population, Mica has dedicated her career to promoting senior fitness and well-being. As a secondary caregiver for both of her late grandmothers, she understands the importance of staying active in maintaining health and independence. Mica encourages seniors locally, nationally, and internationally to stay active daily, embodying her belief that "if you don't move it, you will lose it."



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## Sheila Baldeo



Director/owner of d j m b Senior Resources, Sheila specializes in care management and coordination services for families seeking information on senior communities and other resources. Sheila received her bachelor's degree from the University of South Carolina-Columbia. Starting in the corporate field after college, she had the enriching opportunity to switch gears and work in the Human Service field for 16+ years advocating for adults and seniors with special needs. These years of rewarding experience provided Sheila the gateway to work with the geriatric population. Sheila specializes in consultation and placement services for families seeking information on senior communities. She uses her expertise to help families and seniors assess their needs and strive to ensure that each placement is an ideal match. Sheila is a Certified Dementia Practitioner. For the last four years and continuing, she volunteers as a Parkinson's Ambassador and serves as a community educator for the Alzheimer's Association.

# Advisory Board Members (Historical)

## Betsy Simon

Betsy D. Simon, M.S., CHES® is the Founder and President of the BDS Healthy Aging Networks, Inc. and Founding Director of the Zeta-Healthy Aging Partnerships (Z-HAP). Through these organizations and 21 others that she designed and developed, she has served and advocated for underserved populations while also working in public school, higher education, state, federal, faith and community based settings.

