

25 Healthy Snacks

1. Fresh veggies and guacamole
2. Banana and nut butter (almond, peanut, cashew, sunflower)
3. Baked apple chips and herb roasted nuts
4. Beef jerky and fresh fruit
5. Sliced cucumbers with hummus
6. Sliced tomato with balsamic drizzle and mozzarella balls
7. Hardboiled egg and almonds
8. Leftover grilled veggies and string cheese
9. Grapes and cheese
10. Baked zucchini chips and hummus
11. Mixed nuts and raisins
12. Tuna lettuce wrap
13. Yogurt parfait
14. Apple slices and nut butter (almond, peanut, cashew, sunflower)
15. Turkey rollup with veggies
16. Homemade fruit popsicle
17. Baby carrots and hummus
18. String cheese and turkey slices
19. Fresh fruit dipped in yogurt
20. Homemade trail mix (chex cereal, mixed nuts, craisins)
21. Fresh veggies with tuna
22. Celery and nut butter (almond, peanut, cashew, sunflower)
23. Clementines and cheese
24. Cottage cheese and fruit
25. Dried fruit and hardboiled egg