

MRI

With Sedation



JOHNS HOPKINS
M E D I C I N E

JOHNS HOPKINS
ALL CHILDREN'S HOSPITAL





Hi, my name is Zayden, and this is my mom. I'm going to show you what it was like for me to have a MRI at Johns Hopkins All Children's Hospital.

An MRI takes pictures of the inside of your body.



On the day of my MRI procedure, I arrived to the hospital with my mom. You might come with your mom, dad, or other family member. I walked through the entrance of the hospital and towards the Radiology Center. I waited in this area until it was my turn.



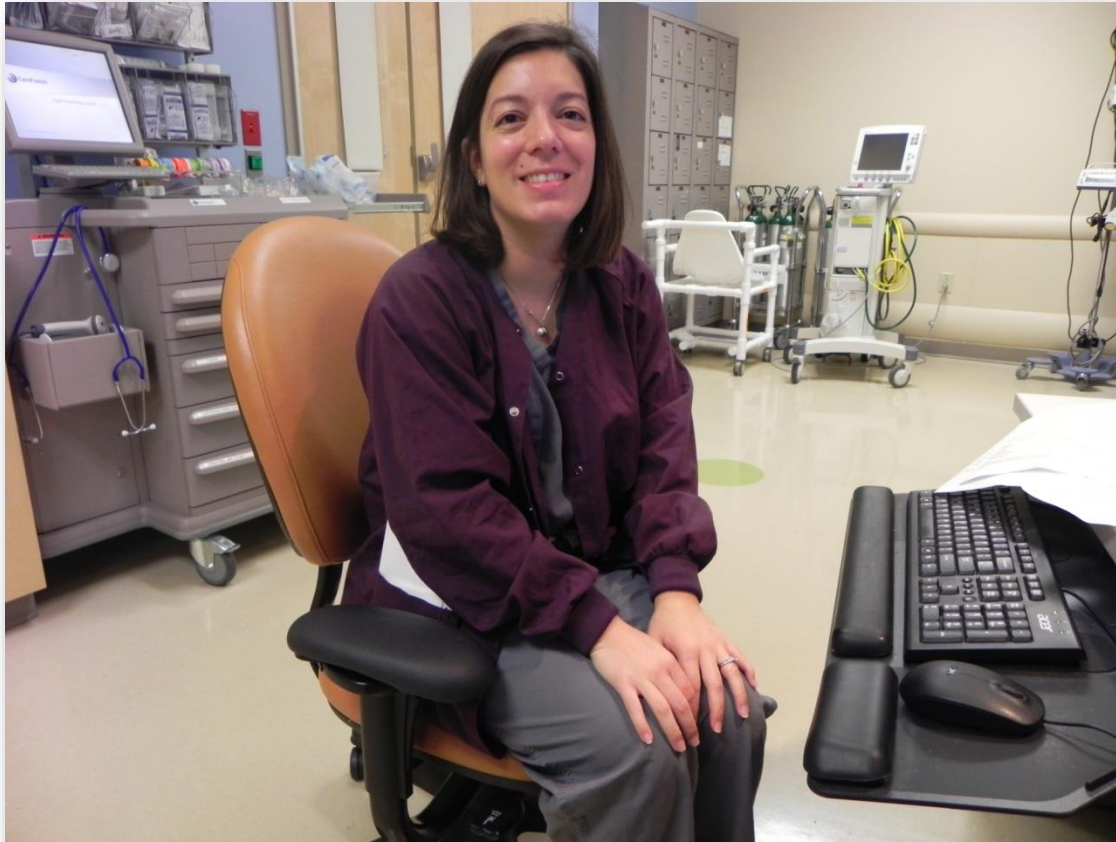
Your mom, dad, or family member will fill out paperwork at the front desk, so you might want to bring something to keep you busy. I brought my iPad, but other kids bring books, videogames, an iPod, or their favorite stuffed animal.



When it was my turn, I walked with my mom to the work-up room. I sat in a chair next to my mom and watched TV. Next, I was given hospital pajamas to put on instead of my day clothes. I changed in the bathroom inside the work-up room. It's important that we take off any metal that we have on our bodies like hair ties, bracelets, earrings, and most shoes.



Next, a nurse checked my ID bracelet and asked my mom questions about me. She also checked to see how tall I was, how big my body is, listened to my heart, and checked my blood pressure by putting a band on my arm that gave it a short hug.



Then I got to meet an anesthesiologist. That's a big name for a doctor who gives kids medicine to help them sleep during procedures. The pictures of an MRI can sometimes take as long as a TV show (or more), so sometimes it is easier for kids to sleep instead of trying to stay still the whole time. That's what I did!

The anesthesiologist asked my mom and I lots of questions.



My anesthesiologist explained that I would get my sleeping medicine through a small plastic straw in my hand, or “IV”. The anesthesiologist said some kids have to get an “IV” straw while they are in the hospital to give their bodies vitamins or medicines.



When it was time for my MRI, a nurse and my mom walked with me to the door of the MRI room. I gave my mom a hug and said “See ya when I wake up!”

Then the nurse walked me into the MRI room.



The MRI room was colorful! I liked looking at all of the decorations and stickers.

The nurse helped me lay on the MRI bed and buckled my seat belts. The anesthesiologist also came in to give me medicine so that I could “sleep” while my pictures were being taken. The nurse told me that in order to take my pictures, the bed would move back and forth and up and down. They also said that the machine would be very loud so they gave me ear plugs.



When my pictures were being taken, the technologists and anesthesiologist watched me from the big window in the room.

There will always be someone close by to make sure you are sleeping safely and your pictures are coming out clearly.



While I was in my MRI, the nurse gave my mom a pager that you sometimes get at restaurants. The nurse said it would buzz to let my mom know exactly when my MRI was over. My mom waited in the waiting room.



After your MRI, the technicians and nurse moved me into the wake-up room. My mom was sitting next to me when I woke up. I was a little tired, but the nurses gave me juice and a snack. In this room, the nurse checked my vital signs again.



I was finished with my MRI, so I changed back into my day clothes and got to go home.

Questions?
Contact Child Life
(727) 767-4323