

A Note to Parents:

This book is to help you and your child have the best hospital experience during continuous video EEG monitoring. This procedure is done in a hospital room that has special equipment. You must remain at your child's bedside throughout the entire EEG monitoring process. There is a patient bed, parent fold-out sofa, refrigerator, and microwave available to you.

Your child will experience many new noises, smells, and tactile experiences in the hospital setting. Using this social story with your child in the days before you arrive may help with this transition. You can help your child be comfortable in the hospital environment by bringing along comfort items from home such as:

- Shirts/Pajamas that button up
- Favorite stuffed animals and/or dolls
- A special blanket
- Favorite books and toys

If there are other items that help your child calm a behavior triggered by sensory input, we encourage you to bring them along (example: weighted blankets, special brushes, etc.) as not all of these items are available in the hospital. Please bring along any items that will keep you comfortable/entertained in the hospital, too.

Should you have any additional questions about helping your child adjust to the hospital environment, a Child Life Specialist may be able to help. Please call (727) 767-4323 to speak with someone from this department.

Additional Resources:

- KidsHealth: [Electroencephalogram \(EEG\)](#)
- Autism Speaks: [Having an EEG](#)



JOHNS HOPKINS
M E D I C I N E

JOHNS HOPKINS
ALL CHILDREN'S HOSPITAL



My Trip to Johns Hopkins All Children's Hospital

A Social Story for Children having EEG Monitoring



JOHNS HOPKINS
M E D I C I N E

JOHNS HOPKINS
ALL CHILDREN'S HOSPITAL





This is the front of the hospital. It is a big building. I am coming here for a procedure called an “EEG.” It will help doctors learn about my brain.



Before getting inside the hospital, we will enter into the Family & Visitor Parking Garage.



We might have to drive up some levels inside this building to find an empty place to park.



We will park the car and I can carry my favorite toy. I will walk with my family inside the hospital. I like having my favorite toy with me.



This is where we will enter the hospital. I will use walking feet inside the hospital. Walking feet make my family happy.

Outpatient Care Center (OCC) Lobby

all we do.
all for kids.™

JOHNS HOPKINS ALL CHILDREN'S HOSPITAL



Next we will walk across a small bridge. I can hold my family's hands as we walk.



I will walk into the Outpatient Care Center lobby. I might see people walking and talking here. Sometimes a lot of people are here and sometimes only one or two people are here. I will need to stay with my family.



We will stop at the Visitor & Family Check-In Desk. My family will talk to the person at the desk to get their visitor badge. It might look like this red and white badge. I do not need one of these badges.



While I am waiting for my family to check in, I will stand beside them and look for the...



horse



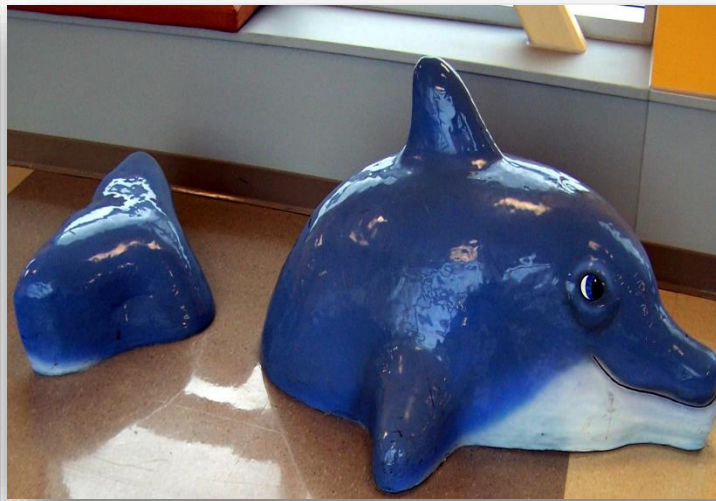
After my family is finished checking in, we will walk through the OCC lobby to the long bridge.



I will see a lot of windows and 3 pretend animals on the long bridge. I will use walking feet on the long bridge.



Pelican



Dolphin



Fish

Sometimes kids like to play on these animals. They might sit on them. Some parents take pictures of their kids playing on them. I might sit on these animals, too.



I will walk past a pretend dog on the wall.



I will also see a special picture on the wall. The picture changes when I move.



I will walk to the elevators. Someone will push the button to open the doors. I will go inside and someone will push the button for the 7th floor.

Inpatient Unit (7 North)

all we do.
all for kids.™

JOHNS HOPKINS ALL CHILDREN'S HOSPITAL



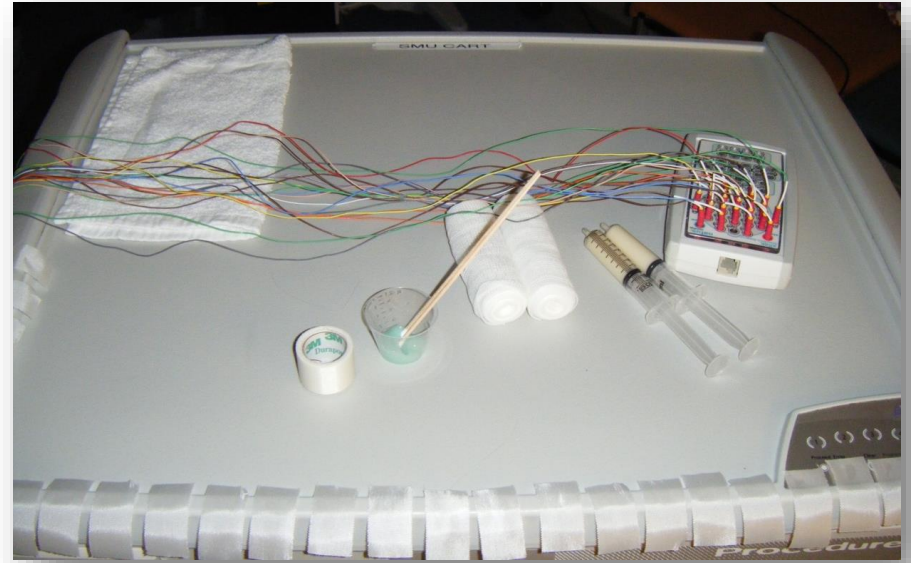
I will walk to my room. There will be a big bed for me to sleep on while I am at the hospital.



I will have my own TV where I can watch cartoons, movies, and play games.



There will be a couch for one parent to sleep on while we are at the hospital.



Techs will come into my room. They will have a tray of tape and wires. They will put these things on my head for the EEG. The wires might tickle my head. I will need to lay very still to while they put the wires on my head. My mom and dad can be with me during my EEG.

The techs will then wrap my head with a soft cloth to make a hat. This hat will stay on until I leave the hospital. I should keep my hands away from the hat. My hat will look like this...





I can play with toys at the hospital. Someone will also bring my food to my room. I can eat in my bed at the hospital.

When my EEG is finished, the Tech will take the hat, tape, and wires off my head. I can take a bath or shower at the hospital if I want to. Then I will go home with my family.

Questions?
Contact Child Life
727-767-4323