

# DEXA

## Bone Density Scan



JOHNS HOPKINS  
M E D I C I N E

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JOHNS HOPKINS  
ALL CHILDREN'S HOSPITAL





Hi, My name is Molly. I'm going to show you what it was like for me to have a DEXA Scan at Johns Hopkins All Children's Hospital.

DEXA scans help doctors understand the strength of the bones in our body.



On the day of my DEXA scan, I arrived to the hospital with my mom. You might come with your mom, dad, or other family member. I walked through the entrance of the hospital and towards the Radiology Center. I waited in this area until it was my turn.



Your mom, dad, or family member will fill out paperwork at the front desk, so you might want to bring something to keep you busy. I brought my iPad, but other kids bring books, videogames, an iPod, or their favorite stuffed animal.



My mom and I went to the DEXA scan room when the technologist called my name. I changed into hospital pajamas and laid down on the scanning table.



The camera moved up and down my body and didn't touch me. I laid on my back. My took between 10 and 15 minutes—that's about  $\frac{1}{2}$  of a TV show.



Once the technologist was finished, it was time for me to go home!  
Whew, that was a quick scan!

Questions?  
Contact Child Life  
727-767-4323

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