

Sickle Cell Transition Curriculum

13-15

| <u>Medical</u> | <u>Psychosocial</u> | <u>Academic</u> |
|---|---|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Intro to SCD <input type="checkbox"/> Genetics <input type="checkbox"/> Fever & SCD <input type="checkbox"/> Anemia <input type="checkbox"/> Pain triggers <input type="checkbox"/> Hydration <input type="checkbox"/> Meaning of lab values <input type="checkbox"/> Good nutritional habits <input type="checkbox"/> Disease complications <input type="checkbox"/> Importance of physical activity <input type="checkbox"/> Periods <input type="checkbox"/> Priapism <input type="checkbox"/> Risk of drugs/alcohol here | <ul style="list-style-type: none"> <input type="checkbox"/> Sexuality <input type="checkbox"/> High risk pregnancy <input type="checkbox"/> Self-advocacy <input type="checkbox"/> Sharing diagnosis w/ others <input type="checkbox"/> Identifying support networks <input type="checkbox"/> Stress reduction <input type="checkbox"/> Peer pressure <input type="checkbox"/> Behavioral pain management, gate control theory of pain, etc. <input type="checkbox"/> Starting to increase independence and manage your own medications/healthcare | <ul style="list-style-type: none"> <input type="checkbox"/> Short- / Long- term goals High school prep <input type="checkbox"/> IB program <input type="checkbox"/> HS Magnet Programs <input type="checkbox"/> Section 504 <input type="checkbox"/> IEP <input type="checkbox"/> Applying for scholarships/loans <input type="checkbox"/> Interventions to improve motivation and self-efficacy for higher education and/or trade school |

16-18

| <u>Medical</u> | <u>Psychosocial</u> | <u>Academic</u> |
|--|---|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> Living well with SCD <input type="checkbox"/> Periods <input type="checkbox"/> Priapism <input type="checkbox"/> Anemia & SCD <input type="checkbox"/> When to call Doctor <input type="checkbox"/> Meaning of own laboratory values <input type="checkbox"/> Pain triggers/treatment <input type="checkbox"/> Adherence strategies <input type="checkbox"/> Risk of alcohol and drugs <input type="checkbox"/> Current medications <input type="checkbox"/> Immunizations <input type="checkbox"/> Genetics | <ul style="list-style-type: none"> <input type="checkbox"/> Sexuality/ high risk pregnancy <input type="checkbox"/> Romantic relationships, recognizing dating violence, healthy communication <input type="checkbox"/> Available government benefits <input type="checkbox"/> Stress reduction <input type="checkbox"/> Intro to insurance <input type="checkbox"/> Power of Attorney (If necessary) <input type="checkbox"/> Options for adult care in community <input type="checkbox"/> Managing stress/confidence/self-efficacy around going to an adult provider <input type="checkbox"/> Increasing personal agency/responsibility for medical care, medications, etc. <input type="checkbox"/> MyHealth Portal App <input type="checkbox"/> Behavioral pain management | <ul style="list-style-type: none"> <input type="checkbox"/> Short- / Long- term goals Dual enrollment <input type="checkbox"/> SAT/ ACT Prep <input type="checkbox"/> 504 Plan <input type="checkbox"/> Vocational careers <input type="checkbox"/> Job/ career interest <input type="checkbox"/> College Prep <input type="checkbox"/> Applying for scholarships/loans <input type="checkbox"/> Interventions to improve motivation and self-efficacy for higher education and/or trade school |

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|--|---|--|
| | <input type="checkbox"/> Sharing diagnosis w/ others <input type="checkbox"/> Identifying support networks | |
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19-21

| <u>Medical</u> | <u>Psychosocial</u> | <u>Academic</u> |
|--|--|---|
| <input type="checkbox"/> Growing, aging, and maturing with SCD <input type="checkbox"/> Eyes & CSD <input type="checkbox"/> Kidneys & SCD <input type="checkbox"/> Blood pressure <input type="checkbox"/> Pregnancy <input type="checkbox"/> Knowledge of genotype <input type="checkbox"/> Disease complications <input type="checkbox"/> Transfusion indications/risks | <input type="checkbox"/> Medical system navigation <input type="checkbox"/> Stress Management <input type="checkbox"/> Support networks <input type="checkbox"/> Insurance Coverage <input type="checkbox"/> Medicaid <input type="checkbox"/> Power of Attorney (If necessary) <input type="checkbox"/> Options for adult care in community <input type="checkbox"/> Independence <input type="checkbox"/> Sexuality/ pregnancy <input type="checkbox"/> Romantic relationships, recognizing dating violence, healthy communication <input type="checkbox"/> Pain triggers and behavioral pain management <input type="checkbox"/> Employment <input type="checkbox"/> Adherence strategies | <input type="checkbox"/> Short- / Long- term goals <input type="checkbox"/> 504 Plan <input type="checkbox"/> Job/ career interest <input type="checkbox"/> College Admission/ Prep <input type="checkbox"/> Registering with student disabilities center in college <input type="checkbox"/> Vocational careers <input type="checkbox"/> Special programs <input type="checkbox"/> Applying for scholarships/loans <input type="checkbox"/> Interventions to improve motivation and self-efficacy for higher education and/or trade school |