### Appendix B. 2019 Community Health Needs Survey

### 2019 Health Survey

Our local not-for-profit hospitals and the department of health want to hear from you! The results of this survey will be used to help us to understand your community health concerns so that improvements can be made. We encourage you to take 15 minutes to fill out the survey below. Your voice is important to ensure these organizations have the best understanding of the needs of our community. Thank you!

You must be 18 years of age or older to complete this survey. COMPLETE THIS SURVEY ONLY FOR YOURSELF. If someone else would like to complete the survey, please have that person complete a separate survey. Remember, your answers are completely anonymous. We will not ask for your name or any other information which can be used to identify you. If you have any questions, please contact Lisa Bell at 727-519-1282 or lisa.bell@baycare.org.

These first few questions tell us about you. They will be used only to help us better understand the people who live in your community so that we can provide better health care services. This information will not be used to identify you.

1.	In which county do you Hillsborough Other	live? (Please c	<u> </u>	<b>e)</b> nellas	Polk	🗌 Sarasota
2.	In which ZIP code do you	u live? (Please	e write in)			
3.	What is your age? (Pleas     18 to 24   25 to 34	e choose only 35 to 44		☐ 55 to 64	☐ 65 to 74	75 or older
4.	Are you of Hispanic or Lo	-	<b>descent? (Plea</b> , not Hispanic	-	one)	t to answer
5.	Which race best describ American Indian or A Native Hawaiian or Po Other	laska Native	se choose only	Asian White		ack or African American Iore than one race
6.	Do you identify your gen Male Fen Other /Gender non-C	nale 🗌 Tra	insgender (if sc	o: 🗌 Male to Fe	male or 🗌 Fe	male to Male)
7.	Which of the following be Heterosexual (Straigh	-	<b>Your sexual ori</b> e			r <b>one)</b> ther
8.	What language do you <i>I</i> Arabic Haitian Creole	MAINLY speak	🗌 Er	glish 🗌 Fre	<b>y one)</b> ench etnamese	German Other
9.	How well do you speak I	English? (Pleas	-	one)	□ N	ot at all
10.	What is the highest level Less than high school Some college, no deg Graduate -Level Degre	ree	Some high	school, but no o ollege Degree	diploma 🗌 Hi	<b>one)</b> gh school diploma (GED) - Year College Degree

11. How much total combined money did <u>all</u> people living in your home earn last year? (Please choose only one)

	\$0 to \$9,999       \$10,000 to \$24,999       \$25,000 to \$49,999         \$50,000 to \$74,999       \$75,000 to \$99,999       \$100,000 to \$124,999         \$125,000 to \$149,999       \$150,000 to \$174,999       \$1075,000 to \$199,999         \$200,000 and up       Prefer not to answer       \$10,000 to \$199,999
12.	Which of the following categories best describes your employment status? (Please choose only one)         Employed, working full-time       Student         Employed, working part-time       Retired         Not employed, looking for work       Disabled, not able to work         Not employed, NOT looking for work       Hot employed, not able to work
13.	What transportation do you use most often to go places? (Please choose only one)         I drive my own car       Someone drives me         I take the bus       I walk         I ride a bicycle       I take a taxi cab         I ride a motorcycle or scooter       I take an Uber/Lyft         Some other way       Some other way
14.	Are you Are you A Veteran In Active Duty National Guard/Reserves Neither (Skip to question 16)
15.	If Veteran, Active Duty, National Guard, or Reserves, are you receiving care at the VA?
16.	How do you pay for most of your health care? (Please choose only one)I pay cash / I don't have insuranceI TRICAREMedicare or Medicare HMOIndian Health ServicesMedicaid or Medicaid HMOCommercial health insurance (HMO, PPO)Veteran's AdministrationSome other way
17.	Including yourself, how many people currently live in your home? (Please choose only one)
18.	Are you a caregiver to an adult family member who cannot care for themselves in your home? (Please choose only one) Yes No
19.	Including yourself, how many people 65 years or older currently live in your home? (Please choose only one)
20.	How many CHILDREN (under age 18) currently live in your home? (Please choose only one)          None (Skip to question 32)       1       2       3       4       5       6 or more

- Begin Children's Section –

21.	Was there a time	in the PAST 12 MONTHS when children in your home needed medical care but did NOT
	get the care you	
	Yes	No (skip to question 23)

Ye
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22.		I don't have a doctor	ey needed? (Plea asportation proble ow where to go ave health insuran	ms	one)
23.		as there a time in the PAST 12 MONTHS when children in yo e care you needed? Yes No (skip to question 25)	ur home needed	DENTAL care bu	ut did NOT get
24.		I don't have a dentist	needed? (Please asportation proble ow where to go ave dental insuran	ms	ne)
25.		as there a time in the PAST 12 MONTHS when children in yo DT get the care you needed? Yes No (skip to question 27)	ur home needed	mental health o	are but did
26.		I don't have a doctor / counselor	are they needed? asportation proble ow where to go ave health insuran	ms	e only one)
27.	l fe	eel safe walking in my neighborhood. Yes (skip to question 29)			
28.					
29.	Ch	eck all the health issues children in your home have face	d (CHECK ALL THA	T APPLY)	
		My children have not faced any health issues			
		Allergies			
		Asthma			
		Bullying Unintentional injuries or accidents that required immedic			
		care (such as a concussion from playing sports)			
		Behavioral Health / Mental health			

Children overweight

Children underweight

Birth-related (such as low birthweight, prematurity, prenatal, and others)	
Dental Problems (such as cavities, root canals, extractions, surgery, and others)	
Autism	
Child abuse / child neglect	
Diabetes / Pre-diabetes / High Blood Sugar	
Using drugs or alcohol	
Using tobacco, e-cigarettes, or vaping	
Teen pregnancy	
Sexually Transmitted Disease	
Other (please specify)	

#### 30. Check all the special needs children in your home have faced (CHECK ALL THAT APPLY)

My children do not have any special needs	
Attention deficit / hyperactivity disorder (AD/HD)	
Autism / pervasive development disorder (PDD)	
Blindness / visual impairment	
Cerebral palsy	
Child who uses a wheelchair or walker	
Deaf / hearing loss	
Developmental delay (DD)	
Down syndrome	
Emotional disturbance	
Epilepsy / Seizure disorder	
Intellectual disability (formerly mental retardation)	
Learning disabilities / differences	
Speech and language impairments	
Spina bifida	
Traumatic brain injury	
Other (please specify)	

### 31. Do any children in your home... (CHECK ALL THAT APPLY)

	Yes	No	Not Sure
Know how to swim			
Wear a bike/skate helmet			
Use a car/booster seat (under age 8)			
Wear a seatbelt at all times			
Have access to a pool where you live			
Receive all shots to prevent disease			
Have a history of being bullied (including social media)			
Receive gun safety education			
Use Sunscreen			
Eat at Least 3 Servings of Fruits and Vegetables Every Day			
Exercise at Least 60 Minutes Every Day			
Get 8 Hours or More of Sleep Every Night			
Eat Fast Food Every Week			
Drink Sugary-Sweetened Sodas, Energy Drinks, or Sports Drinks Every Day			
Eat Junk Food Every Day			
Stay Home from School 5 or More Days a Year Because of Health Issues			
Need Regular Access to a School Nurse			
Attend a Public or Charter School			

--End Children's Section --

#### These next questions are about your view or opinion of the community in which you live.

**32.** Overall how would you rate the health of the community in which you live? (Please choose only one) Very unhealthy Unhealthy Somewhat healthy Healthy Very healthy Not sure

## 33. – 32. Please read the list of <u>risky behaviors</u> listed below. Which three do you believe are the most harmful to the overall health of your community?

#### Mark which you think are:

1 Most harmful; 2 Second-most harmful; 3 Third-most harmful Please mark **only three**, using 1, 2 and 3

	Your Top 3	Example
Alcohol abuse		
Dropping out of school		
Drug abuse		1
Lack of exercise		
Poor eating habits		
Not getting "shots" to prevent disease		
Not wearing helmets		
Not using seat belts/not using child safety seats		3
Tobacco use / E-cigarettes / Vaping		2
Unsafe sex including not using birth control		
Distracted driving (texting, eating, talking on the phone)		
Not locking up guns		
Not seeing a doctor while you are pregnant		

# 33 – 35. Read the list of <u>health problems</u> and think about your community. Which of these do you believe are most important to address to improve the health of your community?

#### Mark which you think are:

1 Most important; 2 Second-most important; 3 Third-most important Please mark **only three**, using 1, 2 and 3

	Your Top 3	Example
Aging Problems (for example: difficulty getting around, dementia, arthritis)		
Cancers		
Child Abuse / Neglect		1
Clean Environment / Air and Water Quality		
Dental Problems		
Diabetes / High Blood Sugar		
Domestic Violence / Rape / Sexual Assault		
Gun-Related Injuries		3
Being Overweight		2
Mental Health Problems Including Suicide		
Heart Disease / Stroke / High Blood Pressure		
HIV/AIDS / Sexually Transmitted Diseases (STDs)		
Homicide		
Infectious Diseases Like Hepatitis and TB		
Motor Vehicle Crash Injuries		
Infant Death		
Respiratory / Lung Disease		
Teenage Pregnancy		
Tobacco Use / E-cigarettes / Vaping		

## 36. – 38. Please read the list of factors below. Which do you believe are most important to improve the quality of life in a community?

#### Mark which you think are:

1 Most important; 2 Second-most important; Please mark **only three**, using 1, 2 and 3

3 Third-most important

	Your Top 3	Example
Good Place to Raise Children		
Low Crime / Safe Neighborhoods		
Good Schools		1
Access to Health Care		
Parks and Recreation		
Clean Environment / Air and Water Quality		
Low-Cost Housing		
Arts and Cultural Events		3
Low-Cost Health Insurance		2
Tolerance / Embracing Diversity		
Good Jobs and Healthy Economy		
Strong Family Life		
Access to Low-Cost, Healthy Food		
Healthy Behaviors and Lifestyles		
Sidewalks / Walking Safety		
Public Transportation		
Low Rates of Adult Death and Disease		
Low Rates of Infant Death		
Religious or Spiritual Values		
Disaster Preparedness		
Emergency Medical Services		
Access to Good Health Information		

# 39. Below are some statements about your local community. Please tell us how much you agree or disagree with each statement.

	Yes	No	Not Sure
Drug abuse is a problem in my community.			
I have no problem getting the health care services I need.			
We have great parks and recreational facilities.			
Public transportation is easy to get to if I need it.			
There are plenty of jobs available for those who want them.			
Crime in my area is a serious problem.			
Air pollution is a problem in my community			
I feel safe in my own neighborhood.			
There are affordable places to live in my neighborhood.			
The quality of health care is good in my neighborhood.			
There are good sidewalks for walking safely.			
I am able to get healthy food easily.			

### 40. Below are some statements about your connections with the people in your life. Please tell us how much you agree or disagree with each statement.

	Yes	No	Not Sure
I am happy with my friendships and relationships			
I have enough people I can ask for help at any time			
My relationships are as satisfying as I would want them to be			

### 41. Over the past 12 months, how often have you had thoughts that you would be better off dead or of hurting yourself in some way?

□ Not at All □ Several Days □ More than half the days □ Nearly Every Day □ None of the time.

If you would like help with or would like to talk about these issues, please call the National Suicide Prevention Hotline at 1-800-273-8255.

42. In the past 12 months, I worried about whether our food would run out before we got money to buy more. (Please choose only one)

Often	true
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Sometimes true Never true

43. In the past 12 months, the food that we bought just did not last, and we did not have money to get more. (Please choose only one)

Often true	🗌 Sometimes true	🗌 Never true
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- 44. In the last 12 months, did you or anyone living in your home ever get emergency food from a church, a food pantry, or a food bank, or eat in a soup kitchen? (Please choose only one) Yes No
- 45. Now think about the past 7 days. In the past 7 days, how many times did you eat fast food? Include fast food meals eaten at work, at home, or at fast-food restaurants, carryout or drive-through. (Please choose only one)

\_\_\_\_ # of times in past 7 days

Don't know

- 46. Has there been any time in the past 2 years when you were living on the street, in a car, or in a temporary shelter? (Please choose only one)
  - 2 Yes No No
- 47. Are you worried or concerned that in the next 2 months you may not have stable housing that you own, rent, or stay in as part of a household? (Please choose only one) No

Yes		١
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48. In the past 12 months has your utility company shut off your service for not paying your bills? (Please choose only one)

🗌 Yes	🗌 No
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49. In the past 12 months, have you used a prescription pain medicine (morphine, codeine, hydrocodone, oxycodone, methadone, or fentanyl) without a doctor's prescription or differently than how a doctor told you to use it? (Please choose only one) V٥

Yes	
Yes	ļΓ

These next questions are about your personal health and your opinions about getting health care in your community.

- 50. Overall, how would you rate YOUR OWN PERSONAL health? (Please choose only one) Very unhealthy Unhealthy Somewhat healthy Healthy Very healthy Not sure
- 51. Was there a time in the PAST 12 MONTHS when you needed medical care but did NOT get the care you needed? (Please choose only one)

Yes

No (Skip to question 53)

52. What is the MAIN reason you didn't get the medical care you needed? (Please choose only one)

_					-	
	Can't	afford	it /	Costs	too	much

I don't have a doctor

- I had transportation problems
  - I don't know where to go

I had trouble getting an appointment Other

- I don't have health insurance
- 53. Thinking about your MENTAL health, which includes stress, depression, and problems with emotions, how would you rate your overall mental health? (Please choose only one)

Excellent	🗌 Very good	[
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Good Fair

Poor

54. Was there a time in the PAST 12 MONTHS when you needed mental health care but did NOT get the care you needed? (Please choose only one)

Yes No (Skip to guestion 56)

55.		at is the MAIN reason you didn't get t Can't afford it / Costs too much I don't have a doctor / counselor I had trouble getting an appointmen Other		🗌 I haa	Ith care you ne d transportatior n't know where n't have health	n problems to go	only or	າe)
56.	nee	there a time in the PAST 12 MONTHS eded? (Please choose only one) Yes No (Skip to question		ou nee	ded DENTAL co	ire but did NOT get the	care yo	JU
57.		<b>at is the MAIN reason you didn't get t</b> Can't afford it / Costs too much I don't have a dentist I had trouble getting an appointmen <sup>-</sup> Other		🗌 I haa	<b>you needed?</b> ( d transportatior n't know where n't have dental	n problems to go	ne)	
58.	heo D	<b>he past 12 months, how many times h alth?</b> Yes, Number of times: I have not gone to a hospital ER in the	-	-			bout yo	ur own
	(Ple	at is the MAIN reason you used the en ease choose only one) After hours / Weekend Long wait for an appointment with m Emergency / Life-threatening situation Other	y regula n	ar docto	Dr	☐ I don't have a doct ☐ Cost ☐ I don't have insurar	ror / clir nce	nic
00.		Jes? (CHECK ALL THAT APPLY)		leaicai			wing ne	
		Cancer			Heart disease			
		Depression			High blood pr	essure / Hypertension		

Obesity

Stroke

62.	How often do you vape or use e-cigarettes? (Please ch	hoose only one)
	🗌 I do not vape or smoke e-cigarettes	I vape or sm

61. How often do you smoke? (Please choose only one)

Diabetes

HIV / AIDS

I do not smoke cigarettes

I smoke about one pack per day

□ I vape or smoke e-cigarettes on some days

I smoke less than one pack per day
 I smoke more than one pack per day

I do not vape or smoke e-cigarettes
 I vape or smoke e-cigarettes everyday

The final questions are about events that happened during your childhood. This information will allow us to better understand how problems that may occur early in life can have a health impact later in life. This is a sensitive topic and some people may feel uncomfortable with these questions. If you prefer not to answer these questions, you may skip them.

For these questions, please think back to the time BEFORE you were 18 years of age.

#### BEFORE you were 18 years of age:

63.	Did you live w	th anyone who was depressed, mentally ill, or suici	idal?
	🗌 Yes	No	

- 64. Did you live with anyone who was a problem drinker or alcoholic? **Ves** No
- 65. Did you live with anyone who used illegal street drugs or who abused prescription medications? **Yes** ΠNο
- 66. Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?

Yes	No

67. Were your parents separated or divorced? Yes No

#### BEFORE you were 18 years of age:

- 68. How often did your parents or adults in your home slap, hit, kick, punch, or beat each other up? Never Once More than once
- 69. How often did a parent or adult in your home hit, beat, kick, or physically hurt you in any way? Never □ Once More than once
- 70. How often did a parent or adult in your home swear at you, insult you, or put you down? Never Once More than once
- 71. How often did an adult or anyone at least 5 years older than you touch you sexually? Never Once More than once
- 72. How often did an adult or anyone at least 5 years older than you try to make you touch them sexually? Never Once More than once
- 73. How often did an adult or anyone at least 5 years older than you force you to have sex? Never Once More than once

If you would like help with or would like to talk about these issues, please call the National Hotline for Child Abuse at 1-800-4-A-CHILD (1-800-422-4453).

That concludes our survey. Thank you for participating! Your feedback is important.