



Basic Swim & Water Safety Skills Can Reduce the Risk of Drowning

- Even if kids can swim, adults must always watch them. This is the best way to prevent drowning.
- Drowning is silent and can happen in just 20 seconds.
- Swim lessons should teach kids to float, tread water, and get out safely.
- At gatherings, choose one adult as the “water watcher.” Switch off the role so someone is ALWAYS watching the children.
- Put away phones and other distractions. Even a short lapse can lead to drowning.

BE WATER SMART

Water is Everywhere

Water can provide fun for children and families, but it can also pose dangers. It's important to know the risks and use safety practices to help keep your family safe in and around water.

The Juvenile Welfare Board of Pinellas County and Safe Kids Florida Suncoast, led by Johns Hopkins All Children's Hospital, are working to prevent child drownings and other water-related injuries.



In collaboration with:



Learn life-saving tips at
hopkinsallchildrens.org/watersafety



BE WATER SMART

Water is Everywhere

Drowning is #1 Cause of Death for Children Ages 1 - 4

- Children can drown in just one inch of water.
- Submersions can occur in any water, but swimming pools top the list.
- Stay vigilant around lakes, canals, and ponds as well as open waters such as oceans.
- Bathtubs, buckets, toilets, and even pet water dishes are hazards in your home.



Nothing replaces adult supervision, especially for young children.

5 LAYERS OF PROTECTION FOR WATER SAFETY



Constant Adult Supervision

- Children must always be supervised by an adult while in and around water.
- Stay focused. Put away distractions.
- Learn CPR.
- Choose one adult as the “water watcher.”



Outside the Home

- Keep hot tubs covered and locked.
- Keep furniture away from pool/hot tub fences so kids cannot climb.
- Remove ladders from above-ground pools.



Inside the Home

- Be able to see the pool from indoors.
- Use locks and alarms on all doors, even pet doors.
- If a child is missing, check the water first and take your phone to call 911.



Pool Area

- Use a self-closing, self-latching fence around the pool.
- Remove toys and floats when not in use.
- Use a pool alarm.
- Keep water level 3-4 inches from the top.



Swimming Lessons

- Swim lessons can lower drowning risk for kids ages 1-4.
- Classes teach both kids and parents water safety and swim skills.
- Keep kids in lessons until they are strong, confident swimmers.

Learn more at
National Drowning Prevention Alliance
<https://ndpa.org/layers/>

SWIM LESSONS IN PINELLAS COUNTY

* Free and reduced-priced lessons may be available. Call a specific location for their pricing.

FACILITY & CITY	WEBSITE
Long Center, Clearwater	myclearwaterparks.com
Morningside Rec Complex, Clearwater	myclearwaterparks.com
North Greenwood Rec & Aquatic Center, Clearwater	myclearwaterparks.com
Ross Norton Rec & Aquatic Complex, Clearwater	myclearwaterparks.com
Highlander Pool, Dunedin	dunedingov.com
Highland Family Aquatic Center, Largo	playlargo.com
Southwest Pool, Largo	playlargo.com
Skyview Pool, Pinellas Park	pinellas-park.com
Seminole Family Aquatic Center, Seminole	myseminole.com
North Shore Aquatic Complex, St. Pete	stpeteparksrec.org
Childs Park Pool, St. Pete	stpeteparksrec.org
E.H. McLin Pool, St. Pete	stpeteparksrec.org
Fossil Park Pool, St. Pete	stpeteparksrec.org
Jennie Hall Pool, St. Pete	stpeteparksrec.org
Lake Vista Pool, St. Pete	stpeteparksrec.org
Northwest Pool, St. Pete	stpeteparksrec.org
Shore Acres Pool, St. Pete	stpeteparksrec.org
Walter Fuller Pool, St. Pete	stpeteparksrec.org
Greater Palm Harbor Branch, YMCA	suncoastymca.org
Greater Ridgecrest Branch, YMCA	suncoastymca.org
Jim & Heather Gils, YMCA	stpeteymca.org
John Geigle, YMCA	suncoastymca.org



CPR CLASSES

Life-saving CPR classes are offered at the following locations:

- **East Lake Fire Rescue:** 727-784-8668 ext 201
- **Palm Harbor Fire Rescue:** 727-784-0454
- **Pinellas Park Fire Dept.:** 727-369-5805
- **Seminole Fire Rescue:** 727-393-8711 ext 125
- **St. Petersburg Fire Rescue:** 727-893-7076
- **Sunstar EMS:** 727-582-5659 or email CSD@sunstarems.com
- **Morton Plant Hospital:** 727-953-6877 or online at www.BayCareEvents.org
- **Treasure Island Fire Rescue:** 727-547-4590
- **City of Dunedin:** 727-298-3265

*Many locations offer free or reduced-cost classes.

CPR Saves Lives

Everyone in the home and anyone likely to supervise a child should know CPR with rescue breaths.