



# Lymphedema Surveillance Plan *for Breast Cancer Survivors*

An individual who has received treatment for breast cancer with five or more axillary lymph nodes removed may be at risk for the development of lymphedema. Breast cancer survivors who are at risk for lymphedema benefit from surveillance post-treatment. Sibley's rehab team provides assessment and treatment of lymphedema. It is recommended that a breast cancer survivor be assessed for lymphedema monthly up to six months post-treatment, again at nine months and 12 months, and then yearly up to five years.

**Please schedule your follow-up appointments with Sibley's outpatient rehabilitation team at 202-364-7665.**

You may be asked to obtain a new referral from your physician if you have not been seen by your treating therapist in 90 days.



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