

## The Johns Hopkins Hospital Sidney Kimmel Comprehensive Cancer Center Oncology Patient and Family Resources

The Harry J. Duffey Family Patient and Family Services offices are located at these locations:

- Weinberg Building, Suite 1210, Street level  
401 North Broadway, Baltimore MD
- Viragh Building, 2<sup>nd</sup> level (M)  
201 North Broadway, Baltimore MD
- Medical Oncology Pavilion III (Suite 1500), Johns Hopkins Kimmel Cancer at Green Spring  
10803 Falls Road, Lutherville MD
- Radiation Oncology Pavilion II (Suite 145), Johns Hopkins Kimmel Cancer at Green Spring  
10753 Falls Road, Lutherville MD

The above offices provide community information and resources, local housing, transportation, counseling, education, chaplain services, support groups and more.

(410) 955-8934 – [www.hopkinsmedicine.org/kimmel-cancer-center/patient-and-family-services](http://www.hopkinsmedicine.org/kimmel-cancer-center/patient-and-family-services)

### The Johns Hopkins Kimmel Cancer Center in the Greater Washington Area

The Center for Patient and Family Services – (202) 537-4105 – [www.hopkinsmedicine.org/kimmel-cancer-center/washington-dc/cancer-care-at-sibley-memorial-hospital/patient-family](http://www.hopkinsmedicine.org/kimmel-cancer-center/washington-dc/cancer-care-at-sibley-memorial-hospital/patient-family)

Oncology Social Workers are Master's-prepared licensed clinicians who provide psychological, social, emotional and assistance with the practical needs of cancer patients and their families.

### Services include:

- **Day-to-Day Coping:** No-cost counseling and support with adjustment to illness and treatments for both patient and family.
- **Insurance and Finances:** Information regarding COBRA, insurance open enrollment, Medicare, Medicaid, pharmacy costs, and related financial concerns.
- **Supporting Care and Caregiving:** Family meetings, advocacy, private duty.
- **Employment Matters:** Education on applications for FMLA and employer-based disability.
- **Federal and State Program:** Information regarding Social Security Disability, Medicare, Medicaid, and SHIP.
- **Legal Information:** Information and assistance with Advance Directives and other matters.
- **Survivorship:** Information and educational events and celebrations.
- **Information and Referrals:** Local, state and national information and referrals to include community-level palliative care support.

### Spiritual Support

Chaplains provide sensitive, spiritual support for patients and family members from a wide variety of religious denominations. [www.hopkinsmedicine.or/spiritual-care-and-chaplaincy](http://www.hopkinsmedicine.or/spiritual-care-and-chaplaincy)

## The Sidney Kimmel Comprehensive Cancer Center - Resources

**M.A.P.S.: Mentor and Peer Support Program:** In collaboration with the *Cancer Hope Network*, this program empowers cancer patients and their loved ones with hope through one-on-one peer mentorship from survivors and caregivers who have faced a similar experience.

Available in English and Spanish. [www.hopkinsmedicine.org/kimmel-cancer-center/patient-and-family-services/mentorship-and-peer-support](http://www.hopkinsmedicine.org/kimmel-cancer-center/patient-and-family-services/mentorship-and-peer-support)

**The *Living with Cancer* Monthly Newsletter:** To receive your electronic copy of the newsletter with web links to resources, click/scan the QR code, or call **(410) 955-8934**.

Upcoming free webinars, classes and support groups are highlighted in this 2-page newsletter with web links and contact information. View past issues at

[www.hopkinsmedicine.org/kimmel-cancer-center/patient-and-family-services/newsletter](http://www.hopkinsmedicine.org/kimmel-cancer-center/patient-and-family-services/newsletter)



**Support groups** for a number of cancer disease groups as well as for young adults, **mind-body classes**, and **educational programs and series** – all free and available to patients and caregivers regardless of SKCCC treatment center or location. [www.hopkinsmedicine.org/kimmel-cancer-center/washington-dc/cancer-care-at-sibley-memorial-hospital/patient-family](http://www.hopkinsmedicine.org/kimmel-cancer-center/washington-dc/cancer-care-at-sibley-memorial-hospital/patient-family)

**EBeauty at SKCCC** – Call **(410) 955-8934** – <https://ebeauty.com/>

Free wigs and eyelashes for women undergoing treatment. Call for details.

**Johns Hopkins Medicine Palliative Care Medicine** – [www.hopkinsmedicine.org/palliative-care](http://www.hopkinsmedicine.org/palliative-care)

Specialized medical care team whose members focus on physical, emotional and spiritual care needs of patients and their families living with a serious illness. Speak to your medical team to learn more.

**Housing and Transportation** – Call **(410) 614-6527** for assistance.

The SKCCC Housing and Transportation Coordinator can provide information and referrals for transportation and local temporary housing.

**The Hackerman-Patz Patient and Family Pavilion** – To schedule a room call **(410)-614-6527**.

[www.hopkinsmedicine.org/kimmel-cancer-center/locations/hackerman-patz](http://www.hopkinsmedicine.org/kimmel-cancer-center/locations/hackerman-patz)

Private, affordable housing for cancer care patients at JHH in supportive atmosphere; open 24/7.

### Notary Services

If you need help finding a notary who is legally empowered to witness signatures and certify a document in Baltimore, contact The Johns Hopkins Hospital Patient and Guest Services at **(410) 614-5100**, or in the Johns Hopkins Hospital Weinberg Building, call **(410) 955-8934**.

## General Support Resources for All Patients / Caregivers

### **American Cancer Society – Support Resources, Programs, and Services**

[www.cancer.org/treatment/support-programs-and-services.html](http://www.cancer.org/treatment/support-programs-and-services.html)

ACS offers programs and services which include 24/7 hotline – (800)-227-2345, lodging during treatment, ACS Empower, and navigation support.

### **Cactus Cancer Society – <https://cactuscancer.org/>**

A nonprofit organization designed to provide online support programs for young adult cancer patients and their family members/caregivers. Workshops, game nights, journaling, and meditation.

### **Cancer + Careers – [www.cancerandcareers.org/en/community/events/webinars](http://www.cancerandcareers.org/en/community/events/webinars)**

Offers free webinars focusing on the challenges of balancing work and cancer, video library of past sessions, library of workbooks, guides, toolkits to download, as well as a free resume review service.

### **CancerCare – (800) 813-4673 – [www.cancercare.org/support\\_groups](http://www.cancercare.org/support_groups)**

Access online support groups using a password-protected message board format led by professional oncology social workers who offer support and guidance.

### **Cancer Support Community Washington, DC – (202) 659-9709 – [www.cancersupportdc.org/](http://www.cancersupportdc.org/)**

Offers free workshops, professionally led support groups, healthy lifestyle activities, and social events for people whose lives have been impacted by cancer, including survivors.

### **Financial Resources:**

- **Social Security Disability Income (SSDI)** – [www.ssa.gov/disability](http://www.ssa.gov/disability)
- **Tri-State Advocacy Project** – (877) 774-6380 – [www.tristateadvocacy.com](http://www.tristateadvocacy.com) – [tsap4u@gmail.com](mailto:tsap4u@gmail.com) - Advocates will assist with navigating through health insurance benefits and recognizing any areas where coverage may be inadequate to meet the patient’s needs.
- **Medicare – Maryland State Health Insurance Program (SHIP)** – (410) 767-1100  
<https://aging.maryland.gov/Pages/state-health-insurance-program.aspx>  
To locate your state SHIP for assistance – go to [www.shiphelp.org](http://www.shiphelp.org)  
SHIP provides free, unbiased help to Medicare-eligible beneficiaries, their families, and caregivers.
- **Medicaid and Private Plans – Maryland Health Connection (MHC)**  
(855) 642-8572 – [www.marylandhealthconnection.gov/](http://www.marylandhealthconnection.gov/)  
For all Marylanders who need health insurance, the official health insurance marketplace where you can shop, compare and enroll in quality health and dental insurance that fits your needs and your budget. FAQ & how to get help with Medicaid enrollment or renewal.

**Claudia Mayer/Tina Broccolino Cancer Resource Center at Johns Hopkins Howard County Medical Center – (410) 740-5858 – [www.hopkinsmedicine.org/johns-hopkins-howard-county/services/cancer/claudia-mayer-cancer-resource-center](http://www.hopkinsmedicine.org/johns-hopkins-howard-county/services/cancer/claudia-mayer-cancer-resource-center)** – Counseling, classes, education, resources and more for patients and their caregivers, regardless of treatment center / location.

**Hope Connections for Cancer Support – (301) 634-7500**

<https://hopeconnectionsforcancer.org/about/>

Offers free virtual, in-person and hybrid support groups in Bethesda and Landover MD for patients and caregivers, led by licensed clinicians, including a group for those with blood cancers.

**HopeWell Cancer Support – (410) 832-2719 – [www.hopewellcancersupport.org/](http://www.hopewellcancersupport.org/)**

Offers free virtual and in-person programs including support groups, education workshops, social events, video library, expressive arts, exercise groups, and mind-body-spirit classes.

**Kelly’s Dream – [www.kellysdream.org/](http://www.kellysdream.org/)**

Grants up to \$300/year for non-medical costs such as transportation to/from treatment, childcare, food, utilities. Application: [www.kellysdream.org/support-or-get-help/apply-for-financial-assistance](http://www.kellysdream.org/support-or-get-help/apply-for-financial-assistance)

**National Brain Tumor Society – <https://braintumor.org/>**

Provides support groups, caregiver support conversations, grief support conversations, a clinical trial finder, peer mentor program, and special events.

**National Comprehensive Cancer Network – (215) 690-0300 – [www.nccn.org/](http://www.nccn.org/)**

Offers guidelines for treatment of cancer by type as well as recorded webinars by cancer types.

**PanCAN – Pancreatic Cancer Action Network – (310) 861-4668 – <https://pancan.org/>**

Provides free info and one-on-one support, webinars, videos for patients and caregivers.

**Prepare For Your Care – <https://prepareforyourcare.org/en/prepare/welcome>**

This online resource has an easy-to-use, step-by-step guide for completing an Advance Directive. The website has a tab to identify, download, complete and print an Advance Directive for your state.

**Respite Retreats – (410) 988-5760 – [www.respiteretreats.org/](http://www.respiteretreats.org/)**

Provides support and day retreats of respite to cancer patients, caregivers, and families at various Maryland locations.

**Smith Center for Healing and the Arts – (202) 483-8600 – <https://smithcenter.org/about/>**

Offers program for adults living with cancer and caregivers, including monthly virtual and in-person classes, retreats, yoga, stress management, and nutrition courses.

**SPOHNC – Support for People with Oral and Head and Neck Cancer – (800) 377-0928**

[www.spohnc.org/supportive-care/](http://www.spohnc.org/supportive-care/)

Information, support, local Maryland chapter with monthly webinars on topics of interest.

**Stupid Cancer – (212) 619-1040 – <https://stupidcancer.org/>**

A foundation developed to empower adolescents and young adults affected by cancer through Meetups, a fun way to connect with peers, with no stigma. They also offer online educational webinars and discussion sessions designed for both patients and caregivers.

**Triage Cancer – (424) 258-4628 – <https://triagecancer.org/webinars>**

Videos in English and Spanish; live webinars on topics such as how to navigate common insurance hurdles, Medicare Made Simple, coping with stress, and your rights when returning to work.

**Ulman Foundation – (410) 964-0202 – <http://ulmanfoundation.org/>**

Adolescent and Young Adult Navigators work with those impacted by cancer from diagnosis through treatment. Ulman House in Baltimore MD provides free lodging for young adult (under 40 years old) cancer patients and their caregivers.

**Wellness House of Annapolis – (410) 990-0941 – [www.annapoliswellnesshouse.org/](http://www.annapoliswellnesshouse.org/)**

A home-like environment providing support, education, counseling and services for individuals and families who have been affected by cancer. Virtual and in-person educational and support groups.

## Resources for Hematology-Oncology Patients / Caregivers

**BMT InfoNet – (888) 597-7674 – <https://bmtinfonet.org/>**

The Blood & Marrow Transplant Information Network is dedicated to providing transplant and CAR T-cell therapy recipients and their loved ones with emotional support and high quality, easy-to-understand information about bone marrow, peripheral blood stem cell, cord blood transplant, and CAR T-cell therapy. BMT InfoNet can provide financial assistance to patients who in the last 24 months have had an Autologous Transplant, Allogeneic Related Transplant, or CAR T-cell Therapy. Applications will not be considered until day 1 of transplant. Contact your Social Worker to assist with application submission.

**Blood Cancer United – (800) 955-4572 – <https://bloodcancerunited.org/>**

Formerly *Leukemia & Lymphoma Society* (LLS), disease-specific information about leukemia, lymphoma, myeloma, myelodysplastic syndromes, and myeloproliferative neoplasms offered as well as support and educational resources. Supports include online chats, caregiver support, peer-to-peer support (be matched with a volunteer who has had a similar cancer, diagnosis, or treatment) and local workshops.

**Bone Marrow and Cancer Foundation – (212) 838-3029 – <https://bonemarrow.org/>**

Counseling sessions by phone or Zoom with licensed therapists, navigators, some financial assistance for short-term housing for patients who have a cancer diagnosis or are on track to have a bone marrow, Hematopoietic Cell Transplantation (HCT), CAR T-cell, cord blood transplant or receiving post-transplant care. Contact your Social Worker to assist with application submission.

**The Multiple Myeloma Research Foundation – (203) 229-0464 – <https://themmrf.org/>**

The largest nonprofit in the world solely focused on accelerating a cure for every multiple myeloma patient, offering information and support.

**National Marrow Donor Program – (800) 627-7692 – <https://www.nmdp.org/>**

Formerly *Be the Match*, provides information about how bone marrow donation/transplant works and what to expect before, during, and after transplant. Also provides caregiver support resources and free telephone support. NMDP provides financial support to eligible patients receiving a transplant from an unrelated donor. Call NMDP directly to apply **(888) 999-6743** or email [patientinfo@nmdp.org](mailto:patientinfo@nmdp.org). You may also reach out to your Social Worker.