



Living with Cancer Resources & Support

May 2026

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.



FREE WIGS FOR JOHNS HOPKINS KIMMEL CANCER CENTER PATIENTS

In collaboration with the [EBeauty Community for Cancer Support](#), the Harry J. Duffey Family Patient and Family Services Department is offering **free wigs** to Johns Hopkins oncology patients. The wigs come in a selection of styles and colors (provided with accessories) – located at the Kimmel Cancer Center’s Baltimore location. **Call 410-955-8934 for a wig consultation appointment!**



Many resources, webinars and support group options are included in the updated Resources **2026** list.

[Click here](#) for a pdf copy with weblinks, or you may [email](#) for a copy.



Circle of Strength: Men & Cancer Care

Cancer places a real weight on men – physically, mentally and emotionally. Too often men carry that weight alone. Circle of Strength will change that by providing long-term, specialized support to survivors, thrivers and their caregivers, with a 3-track program for **men** newly diagnosed, in treatment and/or survivorship, or supporting someone with cancer:

Living with Cancer – A training circle for men to discuss the impact on their lives, careers, and identities with the goal of building resilience and strength, facilitated by Fabio Lomelino, LCPC.

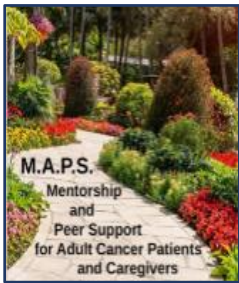
Caregivers – Support for those supporting survivors.

Community – Both groups will come together for joint workshops, wellness retreats and educational sessions to strengthen the support network.

To register, [click here](#) or call [HopeWell Cancer Support](#) at 410-832-2719 for more information.

Experienced [professional social workers](#), [healthcare chaplains](#) and other [caring staff](#) are just a phone call away for Johns Hopkins cancer patients and caregivers, in person or by phone. Call **410-955-8934** for assistance at JHH East Baltimore, **202-537-4105** at Sibley, and **410-550-0296** at JHH Bayview.

Connect with someone who cares!



The **M.A.P.S. [mentorship](#)** program is for cancer survivors and those who support them.

Caregivers may also become mentors to other caregivers!

If you are seeking support as an adult cancer patient or caregiver, or if you would like to be a

trained mentor to someone else, survivor or caregiver, [M.A.P.S.](#) is for you, sponsored by The Johns Hopkins Sidney Kimmel Cancer Center!



Sign up by scanning the QR, calling 1-877-HOPENET, or at Hopkins.org/MAPS.



Free Respite Retreats in May and June

One-Day / 9:30am-4:00pm (May 9, June 6 & 20) and Mini-Retreats / 5:30-8:00pm (May 6 & 20, June 10 & 24) – including meals/snacks and activities for those 16+ years old, currently in cancer treatment, or survivors within 6 months post-final treatment. Retreats are at no cost, and include transportation when needed to the Ellicott City, Maryland site. [Click to apply](#) to be accepted for the retreat; you may call 410-988-5760 or [email](#) for more information.



Check out the [weekly and monthly programs and support groups](#) – free to **all survivors and caregivers**, regardless of your treatment center – and offered by Johns Hopkins Center for [Patient & Family Services](#) of Sibley Memorial & Suburban Hospitals. Check the [May offerings](#) and [Email](#) Margo Calkin to register.

Johns Hopkins Howard County Medical Center's [Claudia Mayer / Tina Broccolino Cancer Resource Center](#) also provides free services, including short term counseling, integrative health offerings such as yoga and exercise rehabilitation, and support groups. Check the [website](#) - or [email](#) for more information.



This [non-profit](#) offers free private 3-hour respite sails from Annapolis MD, for those challenged by cancer and their loved ones, as well as Memorial Sails for anyone who has lost a loved one to cancer within the past three years. Click on the [link](#) to learn more and/or to [nominate](#) someone (or yourself) for a sail. You may bring up to 5 loved ones on the sail, a peaceful escape on the water provided by experienced volunteers.



[Protecting Your Smile Before, During, and After Cancer Treatment](#)

Wednesday, May 13, 6:00-7:30pm – Zoom
[Dr. Sebastian Viski](#), DDS, MMSc, Speaker

Learn how to best care for your teeth and jaw while undergoing radiation and chemotherapy, and hear about treatments for teeth and jaw-related complications that may arise. Click [here](#) and “+ Add Class to Registration” to receive link for this online class, sponsored by Inova Peterson [Life with Cancer](#).

[Sex After Cancer](#)

Monday, May 18, 7:00-8:00pm via Zoom
Leader - [Lauren Broschak, MSW, LCSW, OSW-C](#)
Co-Sponsored by [Hope Connections](#) and [Smith Center for Healing and the Arts](#)

Join this frank and honest conversation about questions unique to those diagnosed with cancer, who may have experienced changes in their sex lives. [Email Stephanie](#) to register or for more information.

We are here to support you!

Call 410-955-8934

[The Harry J. Duffey Family Patient & Family Services Program](#)

Licensed clinical social workers, chaplains, housing resources, transportation info, support and guidance - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.