



Living with Cancer Resources & Support

March 2026

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital
*If you have a printed copy of this newsletter and would like an electronic copy with
direct web links to the resources, please call 410-955-8934.*

FREE EDUCATIONAL WEBINAR

Navigating Common Insurance Hurdles:
A Cancer Survivorship Webinar

Wednesday, March 18 | 1 - 2 PM

A live Q&A session will follow the presentation.



Presented by **Monica Fawzy Bryant, Esq.**
Chief Mission Officer, Triage Cancer®

Hosted by the Harry J. Duffey Family Patient and Family Services Program
Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins
410-955-8934

Register Now: hopkins.org/survivorship

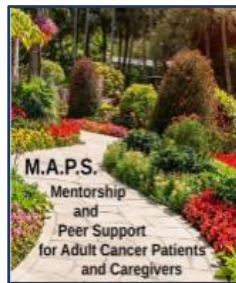


This **Zoom** webinar will help you navigate barriers and challenges presented by insurance. The presenter is well versed on this topic as a lawyer, cancer rights advocate and co-founder of [Triage Cancer](#), which offers [resources](#) and free monthly [webinars](#) of interest to survivors and their care partners. [Click](#) now to register!

Hosted by [The Harry J. Duffey Family Patient and Family Services Program](#) – 410-955-8934

Blood Cancer United offers [Medical Debt Case Management services](#) to help those in active treatment for **blood cancer** manage their overdue bills, select the best insurance, understand Medicare options needed to best cover their treatment. [Email](#) or call 877-557-2672 to speak with a specialist, Monday-Friday 8:30 am – 5:00 pm EST.

Connect with someone who cares!



The M.A.P.S. [mentorship](#) program is for all persons with cancer and those who support them. **Caregivers may also become mentors to other caregivers!** If you are seeking support as an adult cancer patient or caregiver ... or if you would like to serve as a trained mentor to someone else, survivor or caregiver, [M.A.P.S.](#) is for you, approved and sponsored by The Johns Hopkins Sidney Kimmel Cancer Center!



Sign up by scanning the QR, calling 1-877-HOPENET, or at Hopkins.org/MAPS.

Resources, Webinars and Support Group options are also a [click away](#) on the Johns Hopkins/SKCCC [website](#). Check out the [list](#) for free support groups, classes and webinars.

We are here to support you!

Call 410-955-8934

[The Harry J. Duffey Family Patient & Family Services Program](#)

Licensed clinical [social workers, chaplains, housing resources, transportation info, support and guidance](#) - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.

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“Circle of Strength: Men and Cancer Care”

Kickoff - Monday, March 30, 6:00-8:00 pm



**Baltimore Ravens Training Center
1 Winning Dr, Owings Mills, MD**

This new initiative of [HopeWell Cancer Support](#) will bring men together when cancer becomes part of the game plan – designed for men newly diagnosed, in treatment, in survivorship and/or supporting loved ones of all ages. Membership is free – [click for the flyer](#) and/or [click to RSVP!](#)

**“I’m Too Young for Colon Cancer ... Right?!”
Insights into Colorectal Cancer in Young People”**

**[Otis Brawley, MD, Community
Outreach and Engagement Kimmel
Cancer Center at Johns Hopkins](#)**



Wednesday, March 11, 6:00-7:00 pm

Register for the live webinar and/or receive a link for the recording of this session which will discuss the increase of diagnosed colorectal cancer in persons under age 45. [Click to register](#) or [email](#) for info.

**Young Adults (ages 18-38): “Life After a
Cancer Diagnosis – What Did I Expect?”**

**Sunday, March 8, 5:30-7:30 pm – with dinner
W. Scott Fonger House, 10100 Laureate Way in
Bethesda, Maryland**



Whether you are in treatment or beyond treatment, join us to chat about life after a cancer diagnosis – “expecting the unexpected” – and meet other young adult survivors. After the program will be a Mexican dinner buffet, mocktails and a group trivia night with prizes for the winning team! [Click](#) to register and read about the speakers. Sponsored by [Blood Cancer United](#).

Experienced [professional social workers, healthcare chaplains](#) and other [caring staff](#) are just a phone call away for Johns Hopkins cancer patients and caregivers, in person or by phone. Call 410-955-8934 for assistance at JHH East Baltimore, 202-537-4105 in the DC area, and 410-550-0296 at JHH Bayview.

**“Hyperbaric Oxygen Chamber Use
for Head & Neck Cancer Patients”**

**[Kelly K. Johnson-Arbor, MD, Speaker](#)
Wednesday, March 11, 6:30-7:30 pm**



Dr. Johnson-Arbor serves as the medical director of Hyperbaric Medicine, in the Center for Wound Healing and Hyperbaric Medicine, MedStar Georgetown University Hospital. Join via [Zoom](#) to hear her as well as Q&A. Submit questions by emailing [Kim Webster](#) and/or request to be on the monthly email list.



Sponsored by the local chapter of [SPOHNC](#), on the [Baltimore Facebook](#) page.

“Finding Your Joy & Power”

Monday, March 9, 6:30 pm -7:30 pm

**[Cathy Fink & Marcy Marxer, Breast
Cancer Survivors & Grammy Award Winning Artists](#)
Sponsored by [Hope Connections for Cancer Support](#)**



Any cancer diagnosis can awaken strength we didn't know we had. Join Cathy and Marcy via Zoom for an uplifting evening of reflection, conversation and music as we explore what it means to reclaim joy and step into your power, even in the midst of great uncertainty. The hour offers space to connect and be reminded that your voice and your story matter. Email [Stephanie](#) to register and receive a **Zoom** link.



Spotlight on virtual [weekly and monthly programs and support groups](#) – free and available to **all survivors and caregivers**, regardless of your treatment center – offered by Johns Hopkins Center for [Patient & Family Services of Sibley Memorial](#) & Suburban Hospitals.



Virtual support groups include: Bladder cancer & women, brain tumor, caregiver, gyn cancer, lung cancer, malignant hematologic, metastatic cancer, pancreatic cancer, prostate cancer, and breast cancer – plus weekly reiki, gentle yoga and meditation sessions (all virtual).

[Email](#) Pam Goetz to register for these programs.