



Living with Cancer Resources & Support

June 2026

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital
If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.



[Casting for Recovery](#)

This 2½ day **free** fishing retreat is for **women** with breast cancer, with absolutely no experience or equipment required. The women who apply are chosen by lottery.

The next 2026 fall retreats in the area include:

- August 28-30 at [HomeWaters Club](#), Spruce Creek PA; you must apply by June 18.
- Sept 25-27 at [Shepherd's Spring](#), Sharpsburg MD; you must apply by July 16.

Click for more [info](#) or you can call 888-553-3500 or email info@castingforrecovery.org with questions.

[Reel Recovery](#) – for men



Reel Recovery offers **free** fly-fishing 2½ day retreats for men (ages 21+) living with all forms of cancer. No experience or equipment is required.

[Click on map](#) to find Reel Recovery retreats by date and location. (The [application](#) is also online.) Call 800-699-4490 or email info@reelrecovery.org if you have a question. (If you would like to speak with someone locally who has participated in this amazing program, please [email](#) the editor!)



Now is the perfect time to apply for a free,

private 3-hour “respite sail” from Annapolis MD, sponsored by [Sails of Hope Chesapeake](#) – for those living with cancer and up to 5 of their loved ones, as well as Memorial Sails for anyone who has lost a loved one to cancer within the past three years. Click on the [link](#) to learn more and to [nominate](#) someone (or yourself) for a sail.



[Free June Respite Retreats](#)

One-Day / 9:30am-4:00pm – Saturday, June 6 or 20
Mini-Retreat / 5:30-8:00pm – Wed, June 10 or 24
Location: Ellicott City, Maryland

These include meals/snacks and activities for those 16+ years old, currently in cancer treatment, or survivors within 6 months post-final treatment. Retreats include transportation when needed. [Click to apply](#) for any of the June retreats; you may call 410-988-5760 or [email](#) for more information.



Many resources, webinars and support group options are included in the updated Resources 2026 list. [Click here](#) for a pdf copy with weblinks.

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Blood Cancer United [Blood Cancer United](#)'s Patient Aid provides patients a one-time \$100 stipend to help offset non-medical expenses like transportation, food, housing, utilities, etc. Eligibility is NOT based on income, so we want to see all blood cancer patients receive it. To learn more, [click here](#) for the application. You may also call 800-955-4572 for more information.

Be kind to your mind: [Mental Wellness Box](#)



Created for young adults ages 18-39 with a blood cancer diagnosis! You may order this box by filling out the [form](#) - or call Blood Cancer United 800-955-4572 if you need assistance.

Para ordenar el material en Espanol, por favor llame al 800-955-4572.)



Check out the [weekly and monthly programs and support groups](#) – free to all survivors and caregivers, regardless of your treatment center – and offered by Johns Hopkins Center for [Patient & Family Services](#) of Sibley Memorial & Suburban Hospitals. Check the [June](#) offerings -- [Email](#) Margo Calkin to register.

Johns Hopkins Howard County Medical Center's [Claudia Mayer / Tina Broccolino Cancer Resource Center](#) also provides free services, including short term counseling, integrative health offerings such as yoga and exercise rehabilitation, and support groups. Check the [website](#) - or [email](#) for more information.

We are here to support you!

Call 410-955-8934

[The Harry J. Duffey Family Patient & Family Services Program](#)

Licensed clinical social workers, chaplains, housing resources, transportation info, support and guidance - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.



**FREE WIGS FOR
JOHNS HOPKINS
KIMMEL
CANCER CENTER
PATIENTS**

In collaboration with the [EBeauty Community for Cancer Support](#), the Harry J. Duffey Family Patient and Family Services Department is offering **free wigs** to Johns Hopkins oncology patients. The wigs come in a selection of styles and colors, with fittings at the Kimmel Cancer Center's Baltimore location. **Call 410-955-8934 for a wig consultation appointment!**

Connect with someone who cares!



The **M.A.P.S. mentorship** program is for cancer survivors and those who support them. **Caregivers may also become mentors to other caregivers!** If you are seeking support as an adult cancer patient or caregiver, or if you would like to be a

trained mentor to someone else, survivor or caregiver, [M.A.P.S.](#) is for you, sponsored by The Johns Hopkins Sidney Kimmel Cancer Center!



Sign up by scanning the QR, calling 1-877-HOPENET, or at [Hopkins.org/MAPS](#).



[National Cancer Survivors Day 2026 ...](#)

... A celebration for those who have survived, an inspiration for those recently diagnosed, a gathering of support for families, and an outreach to the community. [Check for celebrations in your area!](#)

**Eating Healthy – Nutritious Foods on a Budget
Wednesday, June 10 – 6:30-7:30 pm – Virtual
Sponsored by Hope Connections for Cancer Support**



Discover practical ways to make healthy eating more accessible and affordable in this free virtual session. Led by an oncology dietician, you will learn simple strategies for nutritious meal planning and grocery shopping on a budget! Register by [emailing Stephanie](#).