



# Living with Cancer Resources & Support

## August 2022

Published by The Harry J. Duffey Family Patient and Family Services Program  
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital  
*(If you are reading a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-502-1500.)*

### Monthly Awareness

- [Appendix Cancer](#)
- [Lung Cancer](#)



[Non-Small Cell](#) Lung Cancer is the most common. The different types include adenocarcinoma, squamous cell, large cell and neuroendocrine. [Appendix Cancer](#) occurs when healthy cells change and grow out of control, resulting in a tumor that can be either benign or cancerous.

**Learn more by clicking on the links above!**

### Online Resources

[CancerCare](#) – for helpful resources, info, online groups  
[Leukemia & Lymphoma Society](#) – news, updates, live chat, community support, financial support options  
[National Comprehensive Cancer Network](#) – patient and caregiver resources by topic, in various languages  
[PanCAN](#) – Pancreatic Cancer Action Network – free info and one-on-one support to patients & caregivers  
[Triage Cancer](#) *tiene varios recursos disponibles en Español* as well as in [English](#) – videos, webinars, guides – on many different topics affecting you and your life.

### [Patti Robinson Kaufmann First Connection®](#)



If you or a loved one has been newly diagnosed with a blood cancer, the LLS has a first connection **peer support** program allowing newly diagnosed patients or caregivers to connect with someone with similar experiences. Go to [www.lls.org](http://www.lls.org) for info.



### [Work Transitions: Strategies for Looking Ahead](#)

**Wednesday, August 3 – 1:00 pm**

**Speaker: Kathy Flora, MA, Career Coach**

The pandemic has brought about unexpected transitions in the work life of many. For cancer survivors and patients this shifting landscape has been particularly complex. Register for the August 3 webinar by clicking on this [link](#) to register and receive Zoom info. You can read about other **2022 webinars** (and register in advance) by clicking on each offering:

Sept 14: [Communicating Effectively Part 1](#)

Oct 5: [Communicating Effectively Part 2](#)

Sept 20 & 27, Oct 4 & 11: [Pregúntale a los Expertos](#)

Nov 2: [Balancing Remote Work & Cancer](#)

Dec 7: [Balancing Work & Caregiving](#)

**You can also sign up to receive the Cancer and Careers newsletter and explore the website for many more helpful [resources](#), including a free [resume review](#) service!**

## Living with Cancer Resources & Support August 2022

### Financial Wellbeing Webinar Series



CCCSMD offers a series of unique and **FREE** web-based financial literacy [workshops](#) year-round, directed towards increasing the economic strength of communities and individuals.

Check out the CCCSMD [website](#) or call 1-800-642-2227 to speak to a Financial Advocate, including a **free counseling session** if you are struggling with debt management or budgeting to meet your goals. They can also give you information on their free webinars.

### Looking for Support?

For information from our Cancer Support Colleagues who provide programs at **no charge**:

[Wellness House](#) of Annapolis – 410-990-0941  
[admin@annapoliswellnesshouse.org](mailto:admin@annapoliswellnesshouse.org)

[Hope Connections](#) – 240-714-4744  
[info@hopeconnectionsforcancer.org](mailto:info@hopeconnectionsforcancer.org)

[HopeWell Cancer Support](#) – 410-832-2719  
[info@hopewellcancersupport.org](mailto:info@hopewellcancersupport.org)  
[Sign up](#) to receive *HopeWell Happenings* newsletter!

[Smith Center](#) for Healing and the Arts – 202-483-8600  
[info@smithcenter.org](mailto:info@smithcenter.org) – see programs for [August Claudia Mayer/Tina Broccolino Cancer Resource Center](#)  
[Email](#) Chris or call 410-740-5858

[Ulman Foundation](#) – 410-964-0202 - [Email](#) - resources online & in person for young adults and adolescents

### We are here to help!

Short term counseling, advanced directive consultation, spiritual support & other resources.

**Call 410-955-8934**

**The Harry J. Duffey**

**Patient & Family Services Program**

Licensed clinical social workers, chaplains, and housing resources during your treatment, support and guidance.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editors by clicking this [link](#) - or call 410-955-8934.



"It's good to know I'm not alone," said someone in a support group.

Many of our Cancer Support colleagues offer **virtual support groups** for [men](#), women, young people, [caregivers](#), [newly diagnosed](#), [advanced cancer](#), readers, [knitters](#), those interested in [energy balancing](#), [Qigong](#), [head and neck](#) cancer, and by [disease group](#)! Click the links or make a phone call for info about these and more ways to find support!

**PanCAN** is an excellent source of info about pancreatic cancer. Their [patient services](#) and resources are free, and the staff is responsive to your questions and concerns. Email [info@pancan.org](mailto:info@pancan.org) or call 877-272-6226 for more information!



### [Webinars & Video Series](#) at Your Own Pace



[Wellness House](#) offers a number of webinars and videos at no charge on various topics and different types of cancer. These include stress

management, nutrition, child and family, information and education, exercise. The only thing required to view is [registration](#) for a **MindBody** account with Wellness House!

### [Lost a Loved One to Cancer?](#) Find support.... Wednesday, August 3, 6:00-7:00 pm



The Washington Home (TWH) offers a monthly Zoom support group facilitated by licensed clinical social worker, Mindy Brodsky LCSW-A, who will assist participants to explore the impact of loss and find ways to cope with grief. [Click](#) to register or call 202-966-3720.

You may also email [info@TheWashingtonHome.org](mailto:info@TheWashingtonHome.org)

**Every day is Survivors Day** in our Cancer Center!  
You can view the [2022 video tribute](#) and the [2021 tribute](#), featuring our staff as well as survivors and the music of [Jae Jin](#), singer-songwriter.