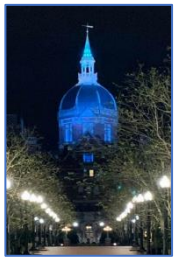




# Living with Cancer Resources & Support

## April 2026

Published by The Harry J. Duffey Family Patient & Family Services Program  
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital  
*If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.*



**Esophageal Cancer Awareness Event**  
**Thursday, April 2, 1:00-3:30 pm**  
**Zayed Tower Auditorium**  
**Johns Hopkins Hospital (Baltimore)**

Meet members of the JH Thoracic Surgery team, enjoy lunch, learn from speakers and enjoy giveaways.

Register **now** at 443-889-1121 or [email](#) Leslie.  
*Parking will be free (with validation) in Orleans Street Garage.* The JHH Dome will be periwinkle this month in observance.

Stop by for free **Cupcakes for Cancer** in honor of all Johns Hopkins thoracic patients and lung cancer survivors will be on Saturday, April 4, 10am-1pm, at 47 E. Padonia Rd, Timonium MD.

**Blood Cancer United** offers [Medical Debt Case Management services](#) to help those in active treatment for **blood cancer** manage their overdue bills, select the best insurance, understand Medicare options needed to best cover their treatment. Call 877-557-2672 to speak with a specialist today, Monday-Friday 8:30 am – 5:00 pm EST (or [email](#)).

**!** Many resources, webinars and support group options are included in an updated **Resources 2026** list. If you would like a pdf copy with weblinks, please [email](#) with your request.

**“Treating Blood Cancer Patients with CAR T-cell Therapy”**  
**Thursday, April 16, 3:00-4:30 pm (ET)**  
**[Vu H. Nguyen, MD](#), Speaker**



This free telephone / web education program is offered by **Blood Cancer United** and will include info about side-effect management among other topics. [Click to register](#) or call 866-992-9950.

## Connect with someone who cares!



The **M.A.P.S. mentorship** program is for cancer survivors and those who support them. **Caregivers may also become mentors to other caregivers!**

If you are seeking support as an adult cancer patient or caregiver, or if you would like to be a trained mentor to someone else, survivor or caregiver, [M.A.P.S.](#) is for you, sponsored by The Johns Hopkins Sidney Kimmel Cancer Center!



Sign up by scanning the QR, calling 1-877-HOPENET, or at [Hopkins.org/MAPS](https://Hopkins.org/MAPS).

View the [recent webinar](#) “Navigating Common Insurance Hurdles” – presented by Monica Fawzy Bryant, Esq., Chief Mission Officer of [Triage Cancer](#).

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Experienced [professional social workers, healthcare chaplains](#) and other [caring staff](#) are just a phone call away for Johns Hopkins cancer patients and caregivers, in person or by phone. Call 410-955-8934 for assistance at JHH East Baltimore, 202-537-4105 in the NCR, and 410-550-0296 at JHH Bayview.

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**“Dysphonia (aka Hoarse Voice)”  
Brigit Corej, MA, CF-SLP - Speaker  
Wednesday, April 8 - 6:30-7:30 pm**

Join via [Zoom](#) for a conversation and Q&A with Brigit, a speech pathologist currently completing a clinical fellowship at Johns Hopkins, about the impact of head and neck cancer on the voice, and how voice therapy can help. Email [Kim Webster](#) to submit questions or join the email list.



Sponsored by the local chapter of this [SPOHNC](#), with a [Baltimore Facebook](#) page.

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**? “Am I At Risk? Understanding Head and Neck HPV-Related Cancer”  
[Carole Fahkry, MD](#), speaker**

**Wed, April 8, 6:00-7:00 pm** – Live webinar/Q&A [Click](#) to register or [email](#) for info. Sponsored by the Johns Hopkins [SKCCC Community Outreach & Engagement](#) Program.

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***HELPLINE for Weight Loss is a fully remote Johns Hopkins research study (IRB00403808) for overweight cancer survivors who have completed treatment and are Maryland residents at least 18 yo with MCI>27:*** Using emails, text messages, phone calls, and free smartphone app to provide behavioral weight loss materials, weight loss reminders, and optional telephone coaching, with no medications or special foods involved. Eligible participants will receive a free digital scale and agree to provide their weights at 5 specific times over 12 months.



**To find out if you are eligible or for more info, [email](#) or call Linda at 410-281-6168.**



Spotlight on Johns Hopkins Howard County Medical Center’s [Claudia Mayer/ Tina Broccolino Cancer Resource Center](#) with provides free programming, including short term

counseling, integrative health offerings such as yoga and exercise rehabilitation, and support groups for breast cancer survivors, young adults, GYN cancer, sacred connections, and advanced cancer. Check the website, or [email](#) for more information.



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Check out [weekly and monthly programs and support groups](#) – all free and

available to **all survivors** and **caregivers**, regardless of your treatment center – offered by Johns Hopkins Center for Patient & Family Services of Sibley Memorial & Suburban Hospitals. [Email](#) Pam Goetz to register for [April](#) offerings.



**Virtual support groups include:** Bladder cancer & women, brain tumor, caregiver, gyn cancer, lung cancer, malignant hematologic, metastatic cancer, pancreatic cancer, prostate cancer, and breast cancer – plus weekly reiki, gentle yoga and meditation sessions (all virtual).

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**Looking Ahead ...**



**Caregiver Mini Conference**  
Lunch, Workshops and Community  
Friday, **June 26**, 10am-2pm  
[HopeWell Cancer Support](#) campus,  
in Lutherville, Maryland

*Details to come next month, or call 410-832-2719.*

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[National Conference on Work & Cancer](#) (virtual)  
Friday, **June 26**, 8:45 am – 4:00 pm

**We are here to support you!**

**Call 410-955-8934**

**[The Harry J. Duffey Family  
Patient & Family Services Program](#)**

Licensed clinical [social workers, chaplains, housing resources, transportation info, support and guidance](#) - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.