

Prior Authorization Request Form for  
levonorgestrel and ethinyl estradiol (Twirla)



**JOHNS HOPKINS**  
MEDICINE

JOHNS HOPKINS  
HEALTHCARE

7231 Parkway Drive, Suite 100, Hanover, MD 21076

**USFHP Pharmacy Prior Authorization Form**

To be completed by Requesting provider	
Drug Name:	Strength:
Dosage/Frequency (SIG):	Duration of Therapy:

**FAX Completed Form and  
Applicable Progress Notes to:  
(410) 424-4037**

**Questions?** Contact the Pharmacy Dept at: (888) 819-1043, option 4

Clinical Documentation must accompany form in order for a determination to be made.

**Step 1** Please complete patient and physician information (please print):

Patient Name: _____	Physician Name: _____
Address: _____	Address: _____
Sponsor ID # _____	Phone #: _____
Date of Birth: _____	Secure Fax #: _____

**Step 2** Please complete the clinical assessment:

1. The following agents are available for TRICARE patients without a prior authorization: norelgestromin/ethinyl estradiol transdermal system (Xulane) and numerous other contraceptives. Please consider changing the prescription to Xulane or another formulary contraceptive.	<input type="checkbox"/> Acknowledged Proceed to question 2	
2. Has the patient had an adverse reaction to Xulane that is not expected to occur with Twirla?	<input type="checkbox"/> Yes Proceed to Question 4	<input type="checkbox"/> No Proceed to Question 3
3. Has the patient tried Xulane and has an intolerance to it?	<input type="checkbox"/> Yes Proceed to Question 4	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
4. Does the patient have a contraindication to an estrogen-containing contraceptive, for example, history of estrogen-dependent neoplasia, breast cancer, deep venous thrombosis (DVT)/pulmonary embolism (PE), etc.)?	<input type="checkbox"/> Yes <b>STOP</b> Coverage not approved	<input type="checkbox"/> No Proceed to Question 5
5. Is the patient's BMI greater than 30 kg/m <sup>2</sup> ? Note: Twirla is contraindicated in patients with a BMI greater than or equal to 30 kg/m <sup>2</sup> .	<input type="checkbox"/> Yes <b>STOP</b> Coverage not approved	<input type="checkbox"/> No Proceed to Question 6
6. Does the provider acknowledge that patients with BMI between 25 to 30 kg/m <sup>2</sup> have decreased contraceptive effectiveness per the FDA label?	<input type="checkbox"/> Yes Sign and date below	<input type="checkbox"/> No <b>STOP</b> Coverage not approved

**Step 3** I certify the above is true to the best of my knowledge. Please sign and date:

_____	_____
Prescriber Signature	Date

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levonorgestrel and ethinyl estradiol (**Twirla**)

For Internal Use Only	
<input type="checkbox"/> Approved:	Duration of Approval: ____month(s)
<input type="checkbox"/> Denied:	Authorized By:
<input type="checkbox"/> Incomplete/Other:	PA#:
Date Faxed to MD:	Date Decision Rendered: