



UpLift Virtual Behavioral Health Releases New Provider Resource

Effective Date: Immediately

Health Plans Affected: Advantage MD, Employer Health Programs (EHP), US Family Health Plan (USFHP)

Type of Change: New Resource Available

Explanation of Change:

Johns Hopkins Health Plans is pleased to share that UpLift, a virtual behavioral health practice in our network, has released a [new flyer](#) outlining its services and how to connect your patients to timely, personalized care.

To recap, UpLift is a quick way to help our members get paired with a therapist or psychiatrist when they need services. UpLift offers a greatly expanded provider network and individualized matching with a clinician. Appointments with an UpLift provider are typically available soon after matching, in some cases as quick as the next day.

Providers can refer patients to UpLift for care and members can also self-refer.

For more information, please visit [UpLift](#).