# SPECIALTY GUIDELINE MANAGEMENT

# FASENRA (benralizumab)

### **POLICY**

#### I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

## **FDA-Approved Indication**

Fasenra is indicated for the add-on maintenance treatment of patients with severe asthma aged 12 years and older, and with an eosinophilic phenotype.

#### Limitations of Use:

- Not for treatment of other eosinophilic conditions
- Not for relief of acute bronchospasm or status asthmaticus

All other indications are considered experimental/investigational and not medically necessary.

#### II. DOCUMENTATION

Submission of the following information is necessary to initiate the prior authorization review:

- A. For initial requests:
  - 1. Member's chart notes or medical record showing pretreatment blood eosinophil count, dependance on systemic corticosteroids if applicable.
  - 2. Chart notes, medical record documentation, or claims history supporting previous medications tried including drug, dose, frequency, and duration.
- B. For continuation requests: Chart notes or medical record documentation supporting improvement in asthma control.

## III. PRESCRIBER SPECIALTIES

This medication must be prescribed by or in consultation with an allergist/immunologist or pulmonologist.

### IV. CRITERIA FOR INITIAL APPROVAL

- A. Authorization of 6 months may be granted for members 12 years of age or older who have previously received a biologic drug (e.g., Dupixent, Nucala) indicated for asthma.
- B. Authorization of 6 months may be granted for treatment of severe asthma when all of the following criteria are met:
  - 1. Member is 12 years of age or older.

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- 2. Member meets either of the following criteria:
  - Member has a baseline blood eosinophil count of at least 150 cells per microliter
  - ii. Member is dependent on systemic corticosteroids
- 3. Member has uncontrolled asthma as demonstrated by experiencing at least one of the following within the past year:
  - i. Two or more asthma exacerbations requiring oral or injectable corticosteroid treatment.
  - ii. One or more asthma exacerbation resulting in hospitalization or emergency medical care visit.
  - iii. Poor symptom control (frequent symptoms or reliever use, activity limited by asthma, night waking due to asthma).
- 4. Member has inadequate asthma control despite current treatment with both of the following medications at optimized doses:
  - i. High dose inhaled corticosteroid
  - ii. Additional controller (i.e., long acting beta<sub>2</sub>-agonist, long acting muscarinic antagonist, leukotriene modifier, or sustained-release theophylline)
- 5. Member will continue to use maintenance asthma treatments (e.g., inhaled corticosteroid, additional controller) in combination with the requested medication.

#### V. CONTINUATION OF THERAPY

Authorization of 12 months may be granted for treatment of severe asthma when all of the following criteria are met:

- A. Member is 12 years of age or older.
- B. Asthma control has improved on the requested medication as demonstrated by at least one of the following:
  - 1. A reduction in the frequency and/or severity of symptoms and exacerbations
  - 2. A reduction in the daily maintenance oral corticosteroid dose
- C. Member will continue to use maintenance asthma treatments (e.g., inhaled corticosteroid, additional controller) in combination with the requested medication.

#### VI. OTHER

Member cannot use the requested medication concomitantly with any other biologic drug or targeted synthetic drug for the same indication.

Note: If the member is a current smoker or vaper, they should be counseled on the harmful effects of smoking and vaping on pulmonary conditions and available smoking and vaping cessation options.

## VII. REFERENCES

- 1. Fasenra [package insert]. Wilmington, DE: AstraZeneca Pharmaceuticals LP; February 2021.
- 2. Nair P, Wenzel S, Rabe K, et al. Oral glucocorticoid-sparing effect of benralizumab in severe asthma. *N Engl J Med.* 2017;376:2448-2458.
- Global Initiative for Asthma (GINA). Global Strategy for Asthma Management and Prevention. 2022 update. Available at: https://ginasthma.org/wp-content/uploads/2022/07/GINA-Main-Report-2022-FINAL-22-07-01-WMS.pdf. Accessed March 1, 2023.
- 4. American Academy of Allergy, Asthma & Immunology (AAAAI) 2020 Virtual Annual Meeting. Available at: https://annualmeeting.aaaai.org/. Accessed March 1, 2023.

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Reference number(s) 2413-A

5. Cloutier MM, Dixon AE, Krishnan JA, et al. Managing asthma in adolescents and adults: 2020 asthma guideline update from the National Asthma Education and Prevention Program. *JAMA*. 2020;324(22): 2301-2317.

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