## JOHNS HOPKINS MEDICAL INSTITUTIONS

Division of Pediatric Urology
1800 Orleans Street
Baltimore, MD 21287
DR. GEARHART'S
POST-OP CARE:
URETERAL REIMPLANTATION

- **DRESSINGS:** Upon discharge your child will have a paper strip bandage over the incision site. This dressing will peel off on its own. After the dressing peels off it is not necessary to cover the incision site. The suture line will be hard to the touch and will bulge at different times, THIS IS NORMAL.
- **STENTS:** Your child will have ureteral stents that will be removed in the clinic. They will also have a suprapubic catheter that will usually be removed the next clinic day after an ultrasound or other radiological procedure is completed.
- **NOTE**: Your child may have some wetting accidents, blood in urine, burning on urination and/or frequency for 2-4 weeks after discharge. These symptoms will gradually decrease and eventually disappear over time. These symptoms can be relieved by Tylenol and increasing fluids.
- **BATHING:** Please sponge bathe your child until physician instructs you otherwise.

## • ACTIVITY:

- **AVOID** strenuous activity. Your child may ride in the car with the seat belt in their usual position and may walk up and down steps.
- **SCHOOL-**your child may return to school and sit in class when he/she feels up to it. Gym and physical activity is NOT permitted for 1 month after discharge from hospital. Please request a note for your school excusing your child from gym, access to school elevator, and a second set of textbooks to be kept at home so as to avoid carrying heavy book bags.
- **MEDICATIONS:** Unless otherwise directed restart the pre-op antibiotics. For any discomfort give your child Ibuprofen as directed or other pain medications as ordered by your doctor. Please avoid constipation post-op. This may cause burning on urination. Increase the intake of fluids, especially water and juices. Adding fiber will also help avoid constipation.
- **POST-OP OFFICE VISITS:** Your child should be seen in the office 7-10 days after discharges, unless otherwise directed by your doctor. Please schedule an appointment by calling the office at 410-955-6108.
- IF YOU HAVE ANY QUESTIONS: Please call the clinic nurse Karen Spriggs at 410-614-6304, Monday through Friday 8AM-4PM.

  AFTER HOURS OR IN THE CASE OF AN EMERGENCY, please call the residents on-call at 410-955-6070.